

ISSUE 39 • FALL 19

# SALEM



A MAGAZINE FOR THE PEOPLE OF VIRGINIA



## THE CYCLE

Billy Sample's Journey From Carver to Kiwanis

Getting it Dunn • Midway Magic • Commonwealth Coronation



# 56

YEAR-OLD ARCHITECT, BALLROOM DANCER,  
MOM

# 4

YEARS OF DOWNPLAYING HER HIP  
PAIN FOR FEAR OF A LENGTHY  
REHAB AFTER SURGERY

# 1

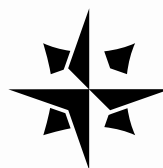
ORTHOPEDIC TEAM COMMITTED  
TO GETTING HER BACK ON  
HER FEET

# =

THE BEST YEARS OF HER  
LIFE ARE ABOUT TO BEGIN

Susan, 56, architect, ballroom dancer, mom. Living with hip pain for the past four years. 25 years of working long hours, while still finding time to enjoy ballroom dancing. The fear of a lengthy rehab made her put off surgery. One dedicated orthopedic team brought her relief.

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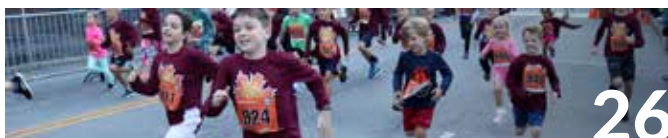
8



10

## #SampleSalem

Historic Kiwanis Park's field is named in honor of former Andrew Lewis baseball and football standout Billy Sample.



26



29



35



38



42



44



48



56



62

## Salem Social Snapshots

Take a brief look at moments involving the community through the eyes of Twitter and Facebook.

## Newsmakers

The valley honors Mac and Bob's, Roanoke College is ranked by the Princeton Review and Parks & Rec gets a new stage.



22

## Runners on the Rise

Participant numbers in the Salem Half Marathon continue to rise as over 800 runners came to Salem in October.

## Hitting for the Region

Salem and Botetourt hosted 58 teams from 22 states during the seven-day event.

## Getting it Dunn

Salem High School and Roanoke College graduate Cory Dunn is making waves and winning titles at Motor Mile Speedway.

## Summer in Salem

Cool nights were just right for this year's Salem Fair.

## Midway Magic

The Deggeller family from the Salem Fair donates \$10,000 to help fund STEM Learning.

## Commonwealth Coronation

Salem High School Senior English Teacher Andrea Johnson is selected as the 2019 Virginia Teacher of the Year.

## Paying it Forward

Salem High School celebrates its 2019 Distinguished Scholars.

## Parks & Recreation Programs

Events and classes will get you involved during the upcoming Winter and Spring months.

## Salem Snapshot

Salem Museum debuts a new championship exhibit.

# A MOMENT WITH JAY



“ All of this productive activity means that we are at the beginning of a historic undertaking that is one of the largest and most sensitive construction projects the city has ever attempted.

After years of planning, grant writing and design, we are set to begin construction in the downtown corridor in mid-November. Updates will begin on the northeast corner of College Avenue and Main Street and then shift to Broad and Main for phase two. Other sections of downtown will follow in the coming years, thanks to more than \$10 million in secured grant funding.

Replacing everything downtown between the buildings and the streets is a massive undertaking that will take some time. We ask that you please be patient with us as we bring this dream to reality.

The Downtown Plan has already proven itself to be wildly successful by securing many new “wish-list” businesses that you asked for from the start. A craft brewery, more upscale restaurants and accommodations that allow business travelers and tourists to visit our city and stay downtown are already in place.

City staff members have been hard at work on other changes, as well. For example, the updates you see to the fronts of many of the buildings downtown have been the result of our Facade Grant program.

All of this productive activity means that we are at the beginning of a historic undertaking that is one of the largest and most sensitive construction projects the city has ever attempted. It also means that the things you asked for during the citizen-driven Downtown Planning process are happening.

In true Salem spirit, we plan to execute these in a first-class manner. We trust you will enjoy the process and be proud of the finished product.

Jay Taliaferro – Interim City Manager



College Ave. will soon have a new look and feel.

# SALEM

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# HOLIDAY TRASH COLLECTION

## **Veteran's Day – Monday November 11**

Monday trash will be collected on Tuesday (11/12)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

## **Thanksgiving – Thursday Nov. 28 & Friday Nov. 29**

Thursday trash will be collected on Monday (11/25)

Friday trash will be collected on Tuesday (11/26)

## **Christmas Day – Wednesday December 25**

Wednesday trash will be collected on Thursday (12/26)

Monday, Tuesday, Thursday and Friday Routes Unchanged

## **New Year's Day – Wednesday January 1**

Wednesday trash will be collected on Thursday (1/2)

Monday, Tuesday, Thursday and Friday Routes Unchanged

## **Martin Luther King Jr. Day – Monday January 20**

Monday trash will be collected on Tuesday (1/21)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged



Roanoke Valley Resource Authority

## **Hazardous Waste**

Since Salem joined the Roanoke Valley Resource Authority in 2016, disposal options for citizens have increased dramatically. We appreciate all of you embracing the changes and taking advantage of these opportunities.

Residents can use the Salem Transfer Station on Indiana St. & the Tinker Creek Transfer Station, located at 1029 Hollins Rd. in Roanoke for brush or items that will not fit into your tote.

Salem residents are allowed to discard approved materials at these sites a total of 12 times a calendar year at no cost. You can make all of your trips to the Salem station or use both sites, but your total number of trips cannot exceed a dozen. **Restrictions do apply to both the types of materials that can be discarded and the size of the vehicle carrying the items into the transfer station. Check [www.rvra.net](http://www.rvra.net) for a full list.**

Residents also have a number of opportunities for disposing of household hazardous waste. Latex paint, aerosol cans, car batteries, used antifreeze and used motor oil can be dropped-off during normal hours at the Tinker Creek site.





**f City of Salem - City Hall** – August 6

On August 6, local law enforcement celebrated National Night Out at the Salem Red Sox game. Citizens were able to meet officers from Salem Police and Sheriff, Salem Commonwealth's Attorney, Virginia State Police, Roanoke College and Western Virginia Regional Jail. Salem Police Sergeant Todd Cheyney threw out the first pitch before the game. Thanks to all that came out to the game to visit!



**f Mac and Bob's Restaurant** – June 7

Maggie Rotanz eating a Boston Zone at the top of McAfee's. How far have you taken the zone? @ McAfee Knob, Appalachian Trail



**Twitter Salem City Schools @SalemVaSchools**

Students at @ALMS1983 hit all the right chords today as they wrapped-up a #STEM project in Sarah Gerrol's 8th Grade Manufacturing Systems class. Thanks to a \$5,000 grant from the @Lowes Toolbox for Education program, the students built stratocaster electric guitars. #SampleSalem



**f Salem, VA Parks and Recreation**

Bluegrass Brothers at the Longwood Park amphitheater, closing our PICKIN' in the PARK community event.



**Twitter Virginia Beer Blog @virginiabeer** • Jun 26

Winding down Saturday with a Raven's Roost #balticporter from @ParkwayBrewing #virginiabeer #porter #craftbeer #beer #salemva #virginia

## SALEM CITY COUNCIL



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City Council meets on the 2nd and 4th Mondays of every month at 7:30 p.m. in the City Hall council chambers located on the main level of the building – 114 North Broad Street. Check [www.salemva.gov](http://www.salemva.gov) for more.



**f Salem 215** – October 19

The corner of West Main Street and South Broad Street is looking a little snazzier these days.



**Twitter Roanoke Men's Soccer** @RoanokeMSoccer

Another great day at Roanoke Soccer School camps at Roanoke College!



**f Salem Museum** – July 13

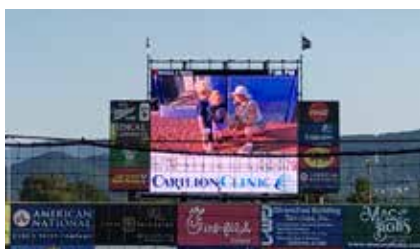
We're having fun--come out and join us for Colonial Living History Day! Lots of costumed interpreters here letting guests touch and play and learn about pre-Revolutionary War days!



**f West Salem Barbecue**

Want to hear a funny story from Chef Travis? Right after he graduated from Culinary school, he was working at a restaurant which had glass walls so you could see into the kitchen. One day, he had his back to glass and noticed a couple of servers were having a hard time keeping a straight face. Shortly after, he noticed a breeze and realized he had ripped a HUGE hole in the back of his pants! Being a chef can wear on you... and your pants!

- Travis Giffin, former Sous Chef turned professional brisket slicer, master meat saucer, and our go-to BBQ slinger here at West Salem BBQ.



**Twitter Chris Booth** @CBoothVA • July 26

Proud daddy moment. My kids started the RedSox game tonight. #playball #salemsox #redsox #salemva



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@SalemVaMarket  
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@SalemFair  
@SalemVaAnimals  
@SalemVaSchools  
@thesalemlibrary



**f City of Salem, Virginia Police Department**

A big "Thank You" to Sharon and Michael Snyder for the delivery of beanie babies that will be used by our Officers and Detectives when dealing with small children that are in crisis.

# SALEM SCHOOL BOARD



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dpreston@salem.k12va.us



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mchiglinsky@salem.k12va.us



ARTICE LEDBETTER  
aledbetter@salem.k12va.us



NANCY BRADLEY  
nbradley@salem.k12va.us



ANDY RAINES  
andyraines@salem.k12va.us

Salem City School Board meets on the 2nd Tuesday night of every month at the division central office at 510 South College Ave. The board may have additional meetings – Check [www.salem.k12.va.us](http://www.salem.k12.va.us) for complete schedule.





Photo Courtesy Patrick Perkins

Roanoke Regional Chamber of Commerce President and CEO Joyce Waugh presents the 2019 Small Business of the Year award to Joe Dishaw, Keith Griswold and Bob Rotanz of Mac and Bob's in October at the Taubman Museum in Roanoke.

## Best of Times in the Worst of Times

After a year's worth of making headlines for all the wrong reasons, the folks who have made Mac and Bob's a Salem institution got to raise their arms in victory. On October 1, the Roanoke Regional Chamber of Commerce and the Regional Small Business Development Center named the restaurant its Small Business of the Year.

"It is probably the most humbling award that I have ever won representing Mac and Bob's," says **Bob Rotanz**, the restaurant's co-owner. "It was incredibly heartwarming to have the folks giving us high fives, patting us on the back and shaking our hands."

Mac and Bob's will have more reasons to celebrate in 2020 when the East Main Street establishment turns 40-years-old, but for a several excruciating months that anniversary

was in jeopardy. Mac and Bob's was forced to file for bankruptcy in 2018, after two servers alleged in a 2018 lawsuit that they had been unlawfully required to share their tips with dishwashers at the restaurant.

"It was really brutal in the first part of the process and if our employees had decided to go full tilt, we would have probably had to shut down," says Rotanz.

Instead, the community rallied around Mac and Bob's to the extent that a "Go Fund Me" account that was established on the restaurant's behalf was at one point the fourth fastest growing cause in the world. It would eventually raise \$147,000 before Rotanz asked to shut the account down.

"Fellow business owners and people in business know that unforeseen things can

happen at any time," he says. "Because we were such a public story, I think the other businesses were genuinely excited to see us survive and also win this honor."

Those who know Rotanz, knew that he would not go down without a fight. In 1978, he not only led Roanoke College to a National Championship in Lacrosse, but he also became the first defenseman to win National Player of the Year honors.

"They are both exciting, but I honestly think this award is even more special than the player of the year honor," says Rotanz. "To win that athletically was unbelievable, but because of how we won this award and how we handled people along the way by genuinely treating them with respect and care makes this something I will never forget."



# Look, Stop and Lock

Locking your doors at night, locking your cars in the evening hours and making sure any guns you own are properly locked should be standard practice. However, in recent years, citizens throughout the Roanoke Valley have gotten a little lackadaisical and taken a step back from practicing these simple preventive measures.



In early August, police chiefs from across the greater Roanoke Valley gathered at the Mill Mountain Star to discuss gun safety and the simple measures that often can prevent theft. Too often cars are left unlocked and firearms are not secured or left in places where they can easily be stolen or cause harm.

"Much of what we see on a daily basis is just a lack of common sense," says **Mike Crawley**, Salem's Police Chief. "So many thefts and break-ins are a result of people not securing their personal property. There are often easy solutions, but we



Salem Police Chief Mike Crawley joined other chiefs from the valley to remind area residents to reduce theft by keeping car doors locked to prevent break-ins.

need citizens to be accountable and take ownership in this issue."

Crawley, Roanoke Police Chief **Tim Jones**, Roanoke County Chief Howard Hall and Vinton's Deputy Chief **Fabricio**

**Drumond** stressed the importance of keeping guns locked with an actual gun lock, storing firearms in a secure place and keeping any weapon unloaded when not in use.

# Cheers to Regine Archer



Roanoke College President Mike Maxey with Regine Archer, winner of the 2019 Charles Brown Award.

Every September, Roanoke College recognizes a Salem resident who has made a strong impact on the city. This year the college recognized former president and current chairman emeritus of Blue Ridge Beverage Company, **Regine Archer**.

Born in Poland in 1924, Archer was forced to assume a false name and hide in a Belgian convent during Nazi invasion until 1944. During World War II, she met her husband, American James Archer, a member of the U.S. Army.

Soon after the war, the Archers moved to Salem in the 1950s and bought and worked alongside each other at Blue Ridge Beverage Company. After James' sudden passing in 1972, Regine took over as president and grew the company into one of the largest beverage services in the state. Archer currently serves as

chairman emeritus of the company.

Archer's graciousness has benefited the college and Salem communities, and the commonwealth as a whole, in a number of ways.

Active in the community, Archer established Archer Family Endowment within the Salem Educational Foundation in memory of James. Awards from the endowment are made to outstanding graduates of Salem High School who plan to attend a four-year college or university. Archer also created the Regine Archer Endowed Scholarship for Roanoke College International Students and served on the College's Fine Arts Endowment Committee.

At age 94, Archer continues to stay active in the community, holding talks at Salem Museum about her teenage experiences in Nazi-occupied Belgium.





Members of City Council joined RIDE Solutions, Freedom First Credit Union and Economic Development for the unveiling of the Zagster BIKESHARE stations. Riders can use an app to rent bikes for one-time usage or can use the bikes all year with a membership.

# It's Time to Let it Ride

RIDE Solutions, the commuter services program operated by the Roanoke Valley-Alleghany Regional Commission, unveiled two Zagster BIKESHARE stations in Salem in late July.

Salem now has pick-up and drop-off sites in Downtown at

the Salem Public Library on Main Street and on Eddy Avenue near the Greenway and Moyer Park. Vice-Mayor **Jane Johnson** and Councilman **James Martin** helped make the announcement along with officials from RIDE Solutions and sponsor Freedom First.

"With the expansion to Salem, the Zagster bikeshare network becomes truly regional by connecting Roanoke, Salem, and Vinton through the region's greenways and on-road bike facilities," says **Jeremy Holmes**, Director of RIDE Solutions.

All you need to do to ride one of the bikes is download the app, set up payment and hit the road. Bikesharing allows you to check out a bike from stations all across the Roanoke Valley, ride as long as you want, and return the bike to the same location or a different station. Instructions are posted at each station. You can purchase a yearly pass or rent by the hour, for as little as \$3.

"Zagster makes it incredibly easy for anyone to access outdoor recreation in the Roanoke Valley, and we're particularly excited at the way the Salem expansion connects the city's bustling downtown to the popular Roanoke River Greenway," says Holmes. "Now, anyone can check out a bike, take a ride from Rotary Park to Green Hill Park, and return downtown for dinner and a drink."



Two new bike stations have been built in Salem in front of the library and near the Greenway bridge on Eddy Ave.



# Maroon Momentum

Roanoke College is one of the nation's best institutions for undergraduate education, according to The Princeton Review, which features the school in its recently released "The Best 385 Colleges" guide for 2020.



"We chose the 385 colleges for this edition as our 'best' overall, academically, based on data we gathered in 2018–19 from more than a thousand school administrators about their schools' academic programs and offerings," said **Robert Franek**, The Princeton Review's Editor-in-Chief and lead author of the book.

Roanoke College also is included in the guidebook's lists of Great Schools for Business/Finance Majors, Great Schools for Computer Science/Computer Engineering Majors and Great Schools for Psychology Majors.

In its profile on Roanoke College, The Princeton Review quotes extensively from Roanoke College students surveyed for the guidebook. The students say that undergraduate research opportunities are plentiful and that their professors are approachable, knowledgeable and willing and able to work with every student.

The students also acknowledged that Roanoke's ability to keep class sizes small not only equips them for the real world, but also makes them feel like the school is home and that they belong.

The Princeton Review also lists topics that students were most in agreement about in their answers to survey questions. The



Roanoke College students and graduates love being in Salem.

students appreciate their library and the first-class recreational facilities. They also recognize and are thankful that a wide variety of internships are available. Plus, the students say they love living in Salem.

These rankings are based on surveys of 140,000 students at 385 top colleges that includes a wide representation by region, size, selectivity and character. Published annually since 1992, the book has detailed profiles of the colleges. The Princeton Review does not rank the colleges from 1 to 385 in any category. Roanoke College has appeared each year in The Princeton Review since the 2012 edition.



Roanoke College once again was selected as one of The Princeton Review's top 385 undergraduate colleges for the 2020 year.



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# Salem Grad Places in National AFA Essay Contest

The Alzheimer's Foundation of America named Salem's **Corynne Emmerson**, the third place winner of its national 2019 Teens for Alzheimer's Awareness Scholarship Essay Contest. Emmerson, who graduated from Salem last June and is now at Virginia Tech, earned a \$1,500 college scholarship for her essay about her volunteer work at an assisted living facility. Her work was chosen from nearly 3,000 entries nationwide.



Emmerson

"Her moving essay about her experiences as a volunteer at an assisted living facility, and forming relationships with the residents, will help raise Alzheimer's awareness and provide strength and support to millions of families who are dealing with the same challenges," says **Charles J. Fuschillo, Jr.**, AFA's president and CEO. "We congratulate Corynne on being a winner in this competition, thank her for sharing her story, and appreciate her efforts in making a difference for individuals affected by Alzheimer's disease." Emmerson found that working with individuals living with dementia-related illnesses gave her an added purpose in life.

"There is so much love coming from these people and sitting and talking to them always puts me in a good mood," she says.

Emmerson worked with Salem High School's Pathway Project to connect other students and residents together as pen pals. In addition, the volunteering experience has inspired Corynne to work in the geriatrics field, as she continues her studies in Blacksburg.



Members of the Salem Street & General Maintenance Department repaired and painted the 2,200 feet of wrought iron fencing at East Hill Cemetery.

## East Hill Shines

The historic East Hill Cemetery got a much-needed makeover in August as members of the Salem Street and General Maintenance Department spent several days out in the heat pressure washing and painting. The crew thoroughly cleaned and then hand painted the 2,200 feet of wrought iron fencing that surrounds the cemetery on East Main Street.

East Hill Cemetery was founded in August 1869 out of necessity. The Town of Salem was on the verge of running out of burial spaces in its two small graveyards. The Roanoke Cemetery Company acquired the property that at the time had enough room for more than 8,000 graves. In 1987, the cemetery welcomed its most famous resident when the remains of **General Andrew Lewis** were moved from their original burial site not far from the Salem Street Department to East Hill.

You can find out exactly where General Lewis is buried and search the entire cemetery online by using the City of Salem's GIS portal. You can access the database at [salemva.gov](http://salemva.gov) and then just look for the East Hill Cemetery application.



Edsel Conner was one of many that painted the fencing around East Hill.



# Salem - City of Champions!

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# Setting a Brand New Stage

The Salem Parks & Recreation Department recently purchased a brand new state-of-the-art mobile stage for use at the Farmers Market and other events in the city.

Featuring a new hydraulic leveling support system and new graphics to promote Salem events, the new stage was ordered in January in time for the end of the Salem After Five Season.

"This new stage is one of the best," said Assistant Director of Parks & Recreation **Eric O'Brien**. "It's a great way to showcase Salem in more ways than one. It looks great and is easy to set up."

With only a few clicks on a remote, the stage can be opened and closed. With the old stage, two people were needed to make sure there were no obstructions in the way. That, along with a new electrical package to power lights and speakers, ensures the ability to host any size act with ease.

The original mobile stage was purchased by the City in 1997 and was used for hundreds of concerts and events. It was recently auctioned off on govdeals.com to a new owner in Elliston to be used for more concerts.



Parks & Recreation recently purchased a new state-of-the-art mobile stage to use at many outdoor events such as Salem After Five.



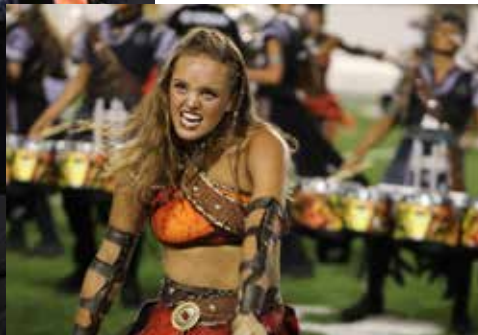
# Music Games Continue to Bring it



Some of the nation's best young musicians once again came to Salem Stadium in July for the Summer Music Games of Southwest Virginia. The annual event started in 1986 and is still running strong.

After a brief lightning delay, drum and bugle corps from six states and as far away as Los Angeles took to the field to show the sold-out crowd a good time. The fan-favorite Carolina Crown from Fort Mill, SC took the top prize beating the Blue Knights from Denver, CO.

Since the event began over 30 years ago, the Summer Music Games have been the primary fundraiser for the Pride of Salem Marching Band. Profits are used to pay for travel and material expenses the band has throughout the fall season.



Musicians and colorguards from as far away as California and Denver came to Salem Stadium to play in front of a sold-out crowd.

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## WHAT IS MIXED PAPER?

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## WHAT ISN'T MIXED PAPER?

Waxed Paper, Pet Food Bags, Food Contaminated Paper Products including Pizza Boxes and Fast Food wrappers, Carbon Paper, Stickers

Community Recycling Containers are located on both the east and west ends of the city. They accept newspaper, plastics, metal and aluminum cans, cardboard and mixed paper.



Indiana Street near the Animal Shelter



Walmart Parking Lot on West Main St.



Behind City Hall on N. Broad Street

## PLASTIC BAGS: RECYCLING ENEMY

We all know that recyclables need to be clean before we drop them in the appropriate bins, but did you know that “clean” means more than being free of food and drink? While most of us wash out our cans and bottles before tossing them in the container, we do not always dump them out of the plastic bags that we use to carry them in to the drop-off center.

Plastic bags are the biggest recycling headache when it comes to keeping the flow of materials clean. They tear, slow down conveyor belts and manage to wrap themselves around the gears of the expensive sorting machines at the recycling centers creating delays and added costs.

Please, do not put plastic bags in our recycling bins. Dump your items into the appropriate bin, then collect your bags and take them to a nearby Walmart, Kroger or Food Lion, where they gladly accept those bags as you enter their stores, and later recycle them.

Green Means Clean and Clean Means NO PLASTIC BAGS!







A new section of the Roanoke River Greenway was finished on Cook Drive, just off of Apperson Drive near the Roanoke City line.

# New Greenway Section Opens on Cook Drive

The City of Salem has 3,000 additional feet of Greenway trails thanks to members of the Street Department. For the past year, when time between projects permitted, Salem crews created the latest path in the city limits along Cook Drive and beside the Roanoke River and Norfolk Southern railroad tracks.

“When we started this section, it was like a jungle,” says **Todd Sutphin**, Assistant Director of Street and Maintenance Department. “The area along the river was underdeveloped and overgrown, so it took a lot of time just to clear the 20-foot easement,”

The crew members used all city money and city equipment to create the 10-foot wide walking trail complete with reinforced shoulders to insulate it from flood waters. They also built a parking lot and added split rail fencing. This section is accessible by turning onto Cook Drive, and it will eventually connect to a section of the greenway in Roanoke behind Varsity Storage.

“The crews really stayed focused on this job even though we often were called to attend to more pressing projects in the city,” says Sutphin. “The guys were proud to complete the project under budget.”



Crews cleared a 20-foot wide path to make way for the trail.



A new parking lot was built on Cook Drive to access the trail.





Salem High School's gymnasium got a major overhaul during the summer including a new court finish and scoreboards.

# New Kings of the Court

There's a saying that if you look good, you feel good. Salem High School sports teams feel good about the new gym floor design.

"The students love the design," said Salem Athletic Director **Chris King**. "It's the biggest compliment I get. That's the most important aspect of this new look."

During Fall 2018, King collaborated with City of Salem Communication Specialist **Clark Ruhland** to come up with a fresh look to replace the yellow varnish look that lasted for many years.

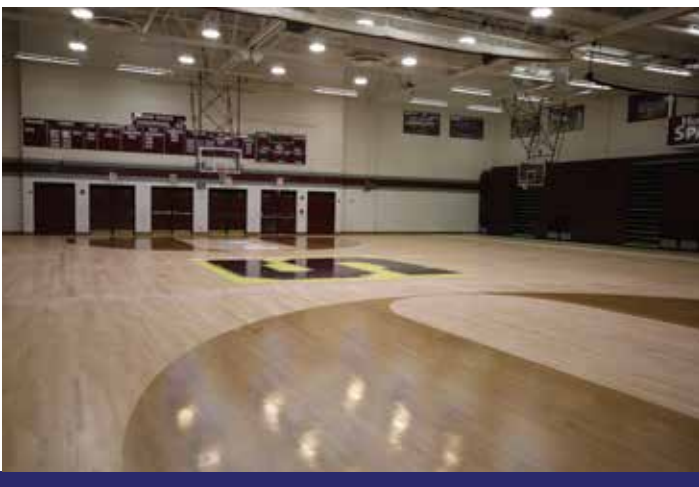
"Knowing it was old and what some other schools now have I knew it was time for a facelift," King said. "Once we got started,

the initial designs looked great. It was a great contrast between the natural blonde and the stained portion."

The baseline designs feature a new Salem Spartans font for the school to use for athletics, maroon free throw lanes and the large Salem block "S" in the center.

"We thought it would be cool to have the 'S' at the mid-court line," said Ruhland, who helped design the court at Virginia Tech's Cassell Coliseum. "That center court logo is unique because it looks good from either side of the stands."

Along with the court refurbishment, new bleachers, two new basketball goals and wall padding will be installed in 2020.



Crews sanded and stained the court during the summer months.



The previous court layout yellowed with age over the years.



# Community Renovation

The first phase of renovation at Salem High School is right on track. On October 8, City Council and the School Board held a joint work session along with several of their staff members to get an update on the timeline for the approved \$36 million project from the design firm, RRMM.

Advertising for construction bids for the project are expected to go out in December and a contractor should be secured by the end of January. If the process stays on track, work should begin near the end of the current school year.

"Unlike South Salem, that was built during the recession when competition amongst contractors was keen, this project will begin at a time when the economy is robust and construction costs are higher," says Superintendent Dr. **Alan Seibert**. "Still, we believe there are plenty of reasons to be cautiously optimistic that we will be able to get the biggest bang for the buck with this renovation."

The projected completion date for the project is August of 2022. Students will remain in school during the construction phases and, if all goes well, outside trailers will not be needed.

"We are blessed in Salem to have a community that stands behind its children every step of the way," says Seibert. "In addition, the relationship between the school board and city council is exemplary and frankly, something you do not see in other parts of the state."

Salem High School opened in 1977 and needs major facelifts. Everything from enhanced security measures to improved heating and cooling systems to expanded classrooms and hallways will be part of the first phase of improvements.



Salem High School was constructed in 1977 when Salem was still part of the Roanoke County School System.



The school division and city staff hosted a community meeting at Salem High School on May 9 to discuss the renovations.



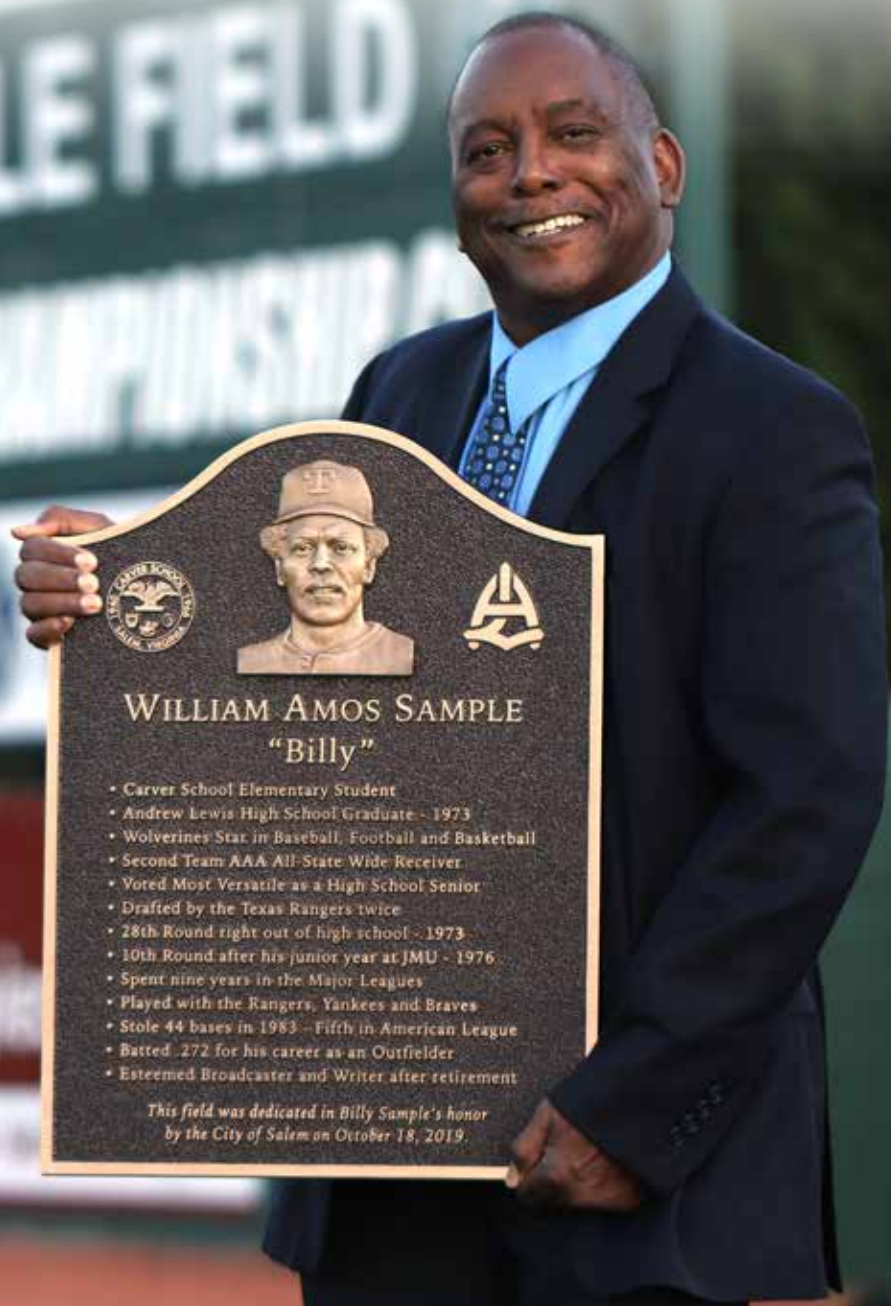




## #SampleSalem

By Mike Stevens

Historic Kiwanis Park's field is named in honor of former Andrew Lewis baseball and football standout Billy Sample.



Billy Sample holds a plaque that will be permanently mounted at Kiwanis Park.

On Friday night, October 18, the city's popular hashtag #SampleSalem took on a whole new meaning.

Former Major League star Billy Sample returned home to his old stomping grounds to have the field at Kiwanis Park named in his honor. When he stepped on the baseball surface that now bears his name, he couldn't help but think back to where it all began in first grade at the Carver School.

"It was a nice warm feeling at Carver, and I was fortunate to go there for my first five years of school," says Sample. "It was something I wouldn't trade for anything in the world, although I can tell you that separate, but equal, was not quite the way it was. We had 50 students in a classroom at one point, and you weren't necessarily happy with what you had, but you worked with what you had."

Sample attended the all-black school located on what was then Water Street during the final years of segregation in the Roanoke Valley. Many of the teachers and older students in the consolidated school made quite an impression on him, but none had more of a lasting impact than his first-grade teacher Lucy Harmon.

"She was like a mother figure who could mentor us and mold us," he says. "She allowed us to believe in things we could accomplish, and I hope I made her proud because I am certainly thankful for the interaction that I had with her as a six and seven-year-old student."

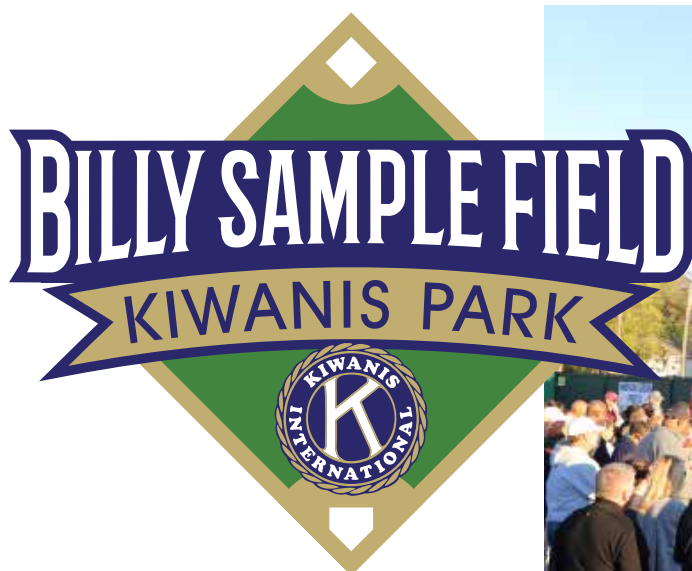
Sample stayed in touch with Harmon right up until her death in 2013. As they both got older, he realized with each passing year why Harmon and the other teachers and coaches at Carver took such an interest in the students.

"I don't know if it is a certain pride you had because it was the only black school in the area, but there was a certain feeling that education was the way people were going to get better," he says. "It was preached to us even more so because we were looking for a way to be equal and fight the racism that was going on in our country and our region."

By the time he left Carver and enrolled at Salem Intermediate in the fall of 1966, Sample was a sixth grader ready to make new friends and make his mark on Salem.



Young Billy Sample attended Carver School in grades 1 through 5 before integration in 1966. His first and second grade teacher was Mrs. Lucy Harmon. Sample always made a point to visit with Harmon and her daughter Marylen every time he returned to Salem.



Sample spoke in front of family and friends when the field at Kiwanis Park was named in his honor in mid-October.







Sample (Front Row No. 20) was a second-team all-state wide receiver during his junior year for the Wolverines in 1971. That same season, Andrew Lewis lost to T.C. Williams of Alexandria in the Group AAA state title game at Victory Stadium in Roanoke.

"You knew integration was coming and felt like it was best because it would allow you to interact with more parts of society, but there were some teething pains," he says. "I remember being in Ms. Griffith's sixth grade class at Salem Intermediate and I did not know what a project was because we had never used that terminology at Carver."

Sample soon overcame those hurdles and many other obstacles that landed in his path or on his shoulders.

"Herbert W. Copenhaver was our Intermediate School football coach and he had trouble fitting me for shoulder pads, as I don't have broad shoulders," he says. "A decade or so later he came to a spring training game in Ft. Myers, Florida near where he retired and met up with me after the game. He gave me a looking over and said, 'You're still a little thing.'"

Sample may have been undersized, but by the time he reached Andrew Lewis he was an up-and-coming athlete and eventually starred in football, baseball and basketball. He earned 2nd team AAA All-State honors as a wide receiver in football and was drafted by the Texas Rangers his senior year at Lewis.

"Salem was a great place to grow-up and a great place athletically," he says. "I got to play against Al Holland and Pee Wee Board in high school and I played with Sandy Hill ever since we were in little league. "I am happy to say that I was born in Roanoke and grew up in Salem because the guys who I played against in high

school made me better, and I appreciate that."

Sample recalls that getting noticed, much less drafted by a professional team like the Rangers in high school took some serious effort.

"It took a tougher type of athlete to play baseball because it wasn't a priority," he says. "At Andrew Lewis we only played 14 to 16 games a year back then, so you had to pick-up that many in American Legion ball in the summer just to get better."

Football definitely was king in Salem when Andrew Lewis was open for business as a high school. In fact, Coach Eddie Joyce's policy was that if you played a spring sport, you had to be in the starting lineup, or you had no business coming back to football the next fall.

"I thought I could make the baseball team my freshman year, but I wasn't sure if I could start immediately, so I stayed with the spring football program," says Sample. "After 17 straight 220-yard dashes with coach Deke Summers holding the stopwatch to make sure we were exerting ourselves, I told myself that I would start somewhere on the diamond the next year, and I did at third base."

Besides his tremendous athletic prowess, Sample was a Renaissance man at Lewis. His senior year, his classmates voted him the Most Versatile person in the school.

"I think of Andrew Lewis as being a very eclectic school relative to pupils and curriculum and I still smile when I think my

“ I think of Andrew Lewis as being a very eclectic school relative to pupils and curriculum and I still smile when I think my classmates voted me Most Versatile my senior year.

*Billy Sample on his days at Andrew Lewis High School.*

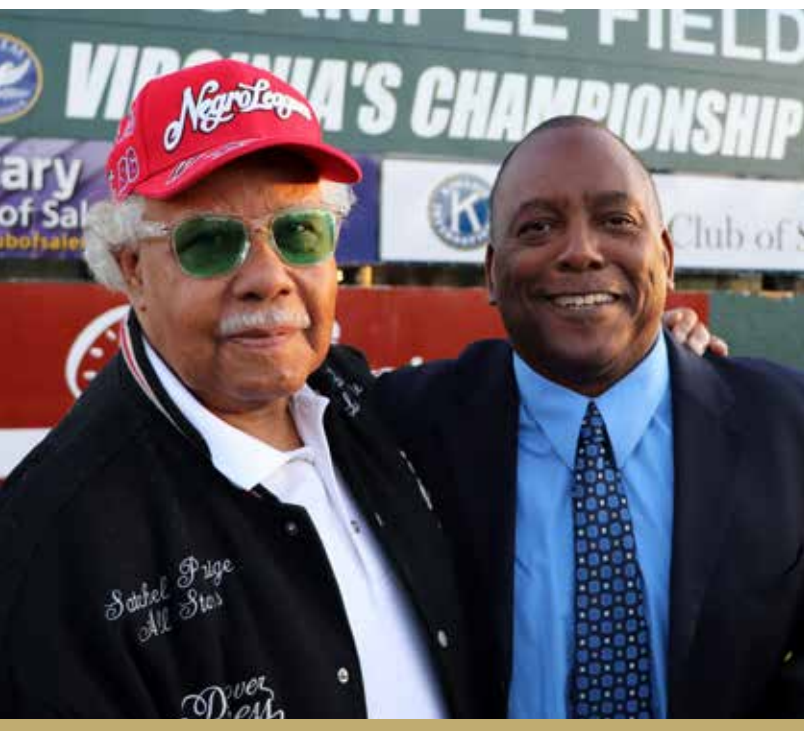
classmates voted me Most Versatile my senior year,” he says. “I had seven letters in sports, was in two plays my junior year and was a J.V debater my freshman year.”

Sample would graduate from Andrew Lewis in 1973 and become a successful student-athlete at James Madison University. Texas drafted him for the second time after his junior year with the Dukes and Sample enjoyed a productive nine-year career in the big leagues with the Rangers, Yankees and Braves. Later, after retiring from the game, he became a highly respected broadcaster with TBS and ESPN.

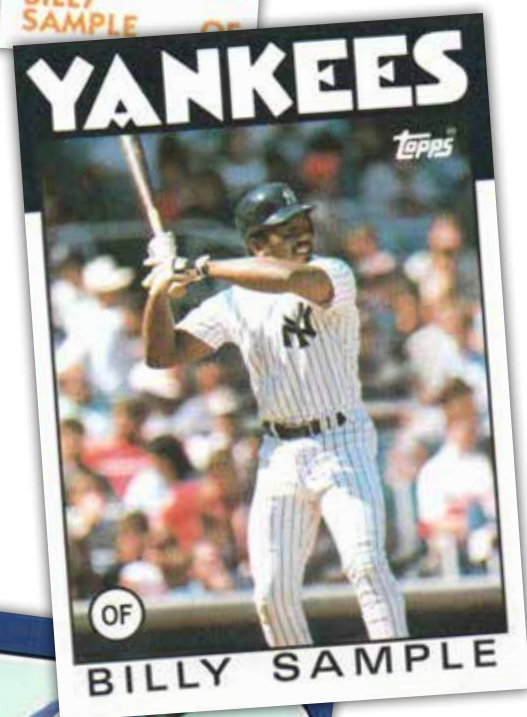
He survived segregation, thrived in integration and eventually took the lessons learned in Salem to the top of his chosen profession. He tasted success from one end of the country to the other, but never once forgot his hometown roots.

“No one has ever made rice pudding, as well as those cafeteria women in the intermediate and high schools in Salem,” he recalls. “It was hot with lots of raisins and lots of butter.”

And well worth a Sample. 🐦



Sample was joined at the ceremony by 1957 Carver graduate Larry LeGrande. Ironically, LeGrande was invited to join the Negro Leagues' Memphis Red Sox at the same field.







# Runners on the Rise

The Salem Half Marathon celebrated its fourth year of running the streets of Salem on October 12 with perfect race conditions and a record number of runners. A total of 827 runners from 18 states and the District of Columbia participated in the races. The LewisGale Half Marathon attracted 482 runners, the Virginia's Blue Ridge 8K event had 273 participants and 72 children took part in the G&H Contracting Kids Fun Runs.

"We had unprecedented growth this year, and I think that can be attributed to many factors including beautiful scenery, a well-organized event, and great weather," says Molly Bullington, Race Director. "My favorite part about being race director is seeing people achieve their goals when they cross the finish line."

We are looking forward to next year's event on October 10, 2020 and are hoping to welcome 1,000 runners to Salem.

First time competitors in the Salem races captured top honors in three of the top four spots. North Carolina residents Matt Longworth and Carolyn Yang captured the men's and women's overall half marathon titles, while Roanoke's Dorothy Earner won the women's 8K crown.

The men's 8K title belonged to the most successful runner in the short four-year history of the event. Tyler O'Brien won the men's 8K race for the third time in four years with a record-setting time of 26 minutes and 8 seconds. The only year that O'Brien didn't win the 8K was 2017, when he won the half marathon instead.

It takes more than 250 volunteers and workers from almost every department in the city to make the races a reality each October. The 2020 race is scheduled for October 10. 🐦



*The four 2019 races attracted 827 runners from 18 states and Washington, D.C.*



*North Carolina residents Matt Longworth and Carolyn Yang were the Half Marathon winners.*





Both the one and two mile Kids Fun Runs attracted 72 runners.



The Half Marathon's oldest participant, 78-year-old Jean Evansmore.



Dorothy Earner won the women's 8K in her first attempt in the event.

Katelin Campbell and Brianna Hundley were all smiles as they headed down Market Street.



Roanoke's Tyler O'Brien (center) has earned a first place trophy in all four race years.





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# Hitting FOR THE REGION

Some of the top softball players in the nation spent a week in Salem this July. Over 1,000 girls representing 58 teams from 22 states played on diamonds in Virginia's Blue Ridge region at the Moyer Sports Complex and Botetourt Sports Complex in Daleville.

Before the first pitch was thrown in the USA 16-and-under National Tournament, the teams gathered at Salem Stadium for opening ceremonies that included fireworks and some special words of wisdom from Loren LaPorte, the Head Softball Coach at James Madison University.

"To have the opportunity to come back and speak in front of young female athletes, in a community where I first got started, was very special," says LaPorte. "Throughout my college years and early career, there were so many people from Salem and Roanoke, that supported and mentored me and I am extremely grateful for all of them. This place is truly one of a kind and it was so good to be back."

LaPorte, played softball for Roanoke College as Loren Messick, and she was a four-time all-ODAC selection as a shortstop for the

Maroons. She married fellow Roanoke College graduate and basketball star Josh LaPorte in 2013, and they now have a young son and reside in Staunton.

Along with the players LaPorte addressed, another 1,700 coaches, umpires, parents and family members spent time in the area during the tournament. In all, local hotels booked 4,433 room nights with these individuals, who traveled from as far away as South Dakota, California, Oregon and Washington state. Nearly 1,900 of those rooms were occupied at hotels in Salem.

Next summer, Salem will welcome the 14-and-under National tournament to the Moyer, so start getting the fresh sheets and the Gatorade ready.

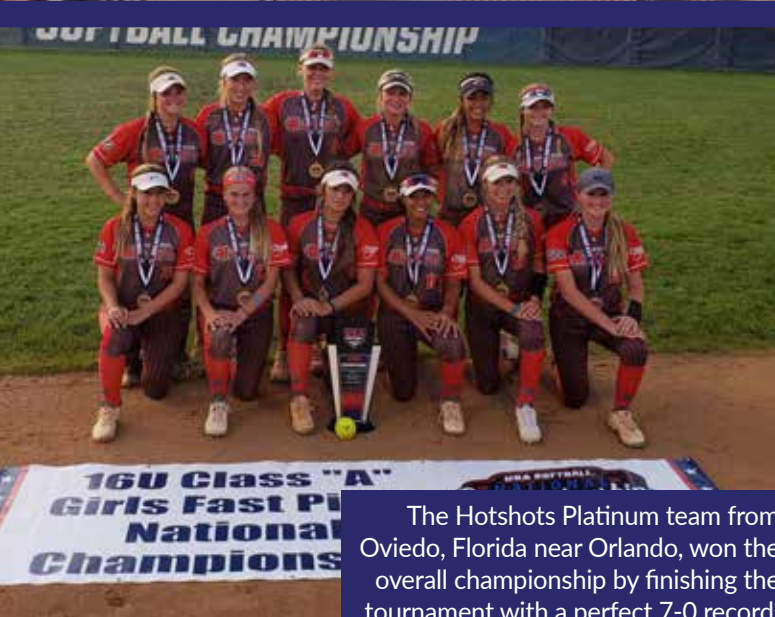


LaPorte



Salem and Botetourt hosted 58 teams from 22 states during the seven-day event.





The Hotshots Platinum team from Oviedo, Florida near Orlando, won the overall championship by finishing the tournament with a perfect 7-0 record.



A total of eight teams represented the state of Virginia in the championship, including Salem's own Maroon Crush that finished 1-2.

Players, fans and coaches spent a total of 4,433 nights in area hotels. In keeping with the current trend, several also used Airbnb home rentals in the area.







JMU Head Softball Coach and former Roanoke College star shortstop, Loren Messick LaPorte, delivered an inspirational message to the players during the opening ceremonies at the Salem Stadium.



The tournament welcomed 50 umpires from all over the United States to call the games. These folks occupied 293 room nights in local hotels during their stay in the valley.

The state of Georgia had eight different teams entered in the championship tournament.





# SALEM VA

## 2019-20 EVENT CALENDAR

### NOVEMBER

1	Salem Football vs. Hidden Valley	Salem Stadium
2	Sandlot Super Bowl	Salem Stadium
4	So You Think You Can Dance Live	Salem Civic Center
4	Senior Center Bluegrass	Senior Center
5	Slayer: The Final Campaign	Salem Civic Center
8	Chris Janson Concert	Salem Civic Center
13	Mandolin Orange w/ Sunny War	Salem Civic Center
16	CIAA Football Championship	Salem Stadium
16-17	Ferrum Wrestling Tournament	Salem Civic Center
22-24	CIAA Volleyball Championship	Salem Civic Center
23	VHSL Volleyball Championships	Salem Civic Center
29-1	Roanoke Valley Mineral & Gem Show	Salem Civic Center
30	Olde Salem Brewing Bash	Farmers Market

### DECEMBER

2	Senior Center Bluegrass	Senior Center
6	Roanoke Symphony Holiday POPS	Salem Civic Center
6	Christmas Tree Lighting & Parade	Downtown Salem
7	Gingerbread Festival	Library Square
7	The Big Chill: A FloydFest Ball	Salem Civic Center
12	The Illusionists: Magic of the Holidays	Salem Civic Center
14	Salem Crafty Christmas	Downtown Salem
14	Salem Holiday Market	Salem Civic Center
14	VHSL 1A & 2A State Championships	Salem Stadium
21-22	Salem Gun & Knife Traders Show	Salem Civic Center
26-28	K-Guard Holiday Hoopla	Salem Civic Center

### JANUARY

6	Senior Center Bluegrass	Senior Center
10-12	Stampede Championship Rodeo	Salem Civic Center
19-20	The Dream Bowl	Salem Stadium
25-26	Salem Gun & Knife Traders Show	Salem Civic Center
31	Winterfest Beach Bash	Salem Civic Center

### FEBRUARY

1	Brantley Gilbert Fire't Up Tour	Salem Civic Center
3	Senior Center Bluegrass	Senior Center
7-8	MotoCross X	Salem Civic Center
14	Police Officers Ball	Salem Civic Center
20-22	VHSL State Wrestling Championships	Salem Civic Center
27-1	ODAC Men's & Women's Basketball	Salem Civic Center

### MARCH

2	Senior Center Bluegrass	Senior Center
7-8	Salem Gun & Knife Traders Show	Salem Civic Center
13-15	Shamrock Volleyball Festival	Salem Civic Center
20-22	Kazim Shrine Circus	Salem Civic Center
27-28	Spring Home Show & Better Living Expo	Salem Civic Center



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# ***Getting it Dunn***

Salem High School and Roanoke College graduate Cory Dunn is making waves and winning titles at Motor Mile Speedway.

— By Clark Ruhland —

**R**oaring engines and the smell of burning rubber are staples at local race tracks during the summertime. For Salem High School and Roanoke College graduate Cory Dunn, that was tradition before he was even born.

The son of Larry and Sue Dunn, Cory grew up in the pits at Motor Mile Speedway in Radford. The entire family would load up on Saturday nights and head to the speedway to cheer on the race team Larry helped manage in the 90's.

"Cory was basically born at the racetrack," Larry said. "The night he was born, we sat at the top of the grandstands. Sue was due any day. She said 'If we win tonight, I'm going down onto the racetrack to celebrate.'"

The team with driver Ray Young took the checkered flag that evening and she made it to victory lane. Just a few hours later, Cory entered the world.





**“ We’ve taken him to the racetrack every year since he was a baby.**

*Larry Dunn, Father of Motor Mile Speedway Limited Late Model Champion Cory Dunn*

“We’ve taken him to the racetrack every year since he was a baby,” Larry said.

Just over 25 years later, Larry and Sue were back in that same victory lane. This time their son Cory was behind the wheel.

“Up until this year, that first win in any level had always eluded me,” said Cory. “I had never won a race. It was so awesome to finally win that first one. We all were speechless. We had no idea what to say.”

There was plenty left to say for the 2012 Salem High School

and 2016 Roanoke College graduate. He won three races and the season-long title in the Limited Sportsman Division in his rookie campaign.

“Rookie of the Year was a realistic expectation for our team,” said Cory, a salesman at General Sales of Virginia. “Battling for wins was one of our goals before the season began. To win three races and the championship, it’s so surreal.”

Cory got his first taste of working on the race team when he was 15 years old, but his chance to get behind the wheel came later.



“When Cory was in his early teens, he started helping the Reedy Racing team work on their car,” Larry said. “Then he said ‘I’d like to drive,’ and he drove me crazy.”

It wasn’t until his senior year at Roanoke College in 2016 that Cory had his first taste of racing on the track. Thanks to Dennis and Pop Holdren, he was given a chance to test a beginner’s division car known as Mod-4.

“We thought he had the ability, so Pop and Dennis put him in the car to see if he could get within two seconds of the fast lap times,” Larry explained. “Before we left that day, Cory was running a tenth of a second off the pace. That’s when it got started.”

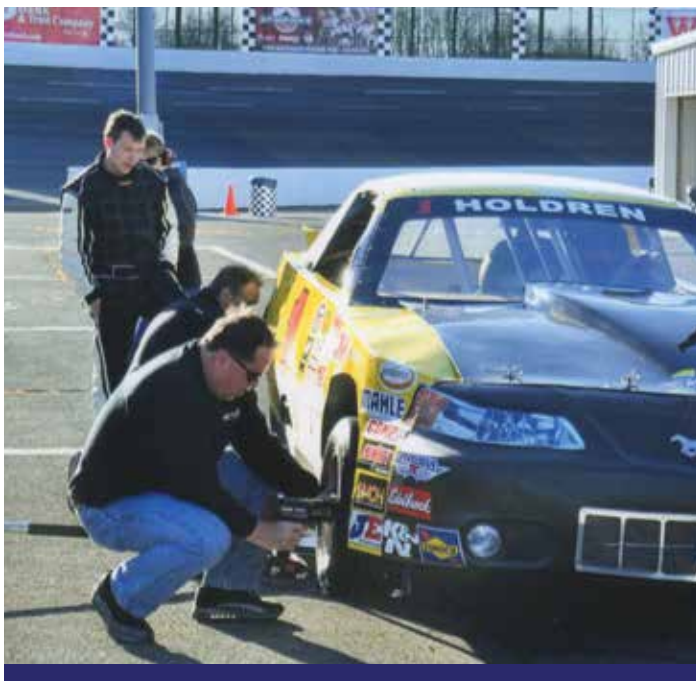
Cory and the team competed in the Mod-4 series, both at Motor Mile and South Boston Speedways with limited success. For many races, he would run up front and lead laps only to fall short of that elusive first win.

“Getting out there the first time was amazing,” Cory reminisced. “I really remember that I was doing well, had opportunities to pass people, but couldn’t figure out how to get around other cars. But that’s part of the learning curve. You don’t just get into one of these cars and go.”

After just three years in the Mod-4 cars, Larry and Cory



Before he even stepped behind the wheel, Cory Dunn was in the pits working for Reedy Racing on Saturday nights during the Summer.



Larry Dunn works on the right front tire of a Mod-4 car prior to Cory's first test session at Motor Mile Speedway in 2016.

decided to take the next step into late model racing. The bigger, heavier cars suited Cory's driving style, but there were plenty of bumps in the road.

"I got into it with a car and pretty much knocked the right side off of our car and had to replace it all ourselves," Cory said. "But having people willing to help you out this day and age is crucial. For us to have support from our partners really allows us to do what we're doing. Sponsorship is such a major part of racing in general and it's why our team was able to compete all season."

Next season Cory and the family-owned race team have a new goal of defending the championship. During the offseason they will buy new parts and pieces to make sure the car is ready



Cory Dunn amassed three wins, six runner-up finishes, multiple pole awards and the series Rookie of the Year.

to race. Their shop is located on Southside Drive, just off of Mill Lane.

"We're really proud of Cory and this team we've put together," said Larry. "It's amazing how much success we've had in just a short period."

It's just another step for Cory to move up to the top racing division at Motor Mile Speedway, a place where he celebrated his birthday every year.

"I would love to be able to move up to the main level one day, but the right opportunity has to be there for it to happen," Cory explained. "Motor Mile is such a special place. That's where I'd like to be because that's what I grew up watching as a little kid." 🐦



Cory Dunn performs celebratory donuts after winning the Limited Sportsman Late Model Division championship at Motor Mile Speedway in September.







# Summer in Salem

## Cool nights were just right for this year's Salem Fair.

The Salem Fair's 12-day run at the Taliaferro Complex this July was once again deemed a success by fair officials. Attendance and revenue remained steady for the event's 32nd year, despite the presence of rain and oppressive heat on several occasions.

"Our crowds really picked-up once the sun went down and things got cooler," says Wendy Delano, Salem Director of Civic Facilities.



"The serious riders never worry about the heat, but the families with kids, who like to enjoy the entire fair experience, prefer it a little cooler."

While attendance is not tracked through direct admission, America's largest free gate fair still welcomed an estimated 300,000 visitors from the Virginia's Blue Ridge region and beyond between July 3 and July 14.

"Returning to our traditional closing time of 11 p.m. was most beneficial throughout the fair and especially on the last weekend," says Carey Harveycutter, Salem Fair Manager. "We had rain of some sort on six different days. Being open an extra hour each night allowed our concession and attraction folks additional time to generate revenue, and it allowed us to squeeze in our fireworks show on July 4."

Thanks to the generosity of fairgoers and the promotional efforts of area media members, several local non-profits benefitted from the Salem Fair in 2019. The Roanoke Rescue Mission received over 3,000 pairs of socks from patrons and several thousand pounds of food was donated to the Salem-Roanoke County Food Pantry. In addition, the United Way of the Roanoke Valley once again received a \$17,907 donation from Kroger thanks to another increase in advance sales of the Megapass unlimited ride ticket.

"We are aware that there are endless entertainment choices and opportunities these days, so we greatly appreciate each and every person who made the fair a priority and stepped on the midway this July," says Delano. "We saw a bunch of smiling faces and helped some very deserving organizations in the process."

The Blue Ribbon exhibit section, under the direction of Melissa de Pineda, was once again a critical part of the fair. Nearly 825 exhibitors entered 3,600 items in a wide variety of competitive categories, ranging from cake decorating to photography. 🐾







Representatives from the Salem Fair, Salem City Schools and the Deggeller Family pose with a \$10,000 check to fund STEM events.

# MIDWAY MAGIC AT THE MIDDLE SCHOOL

The Deggeller family  
from the Salem Fair  
donates \$10,000 to help  
fund STEM Learning.

By Mike Stevens

Right before the Salem Fair opened its gates this July, the family that makes the rides spin helped open a new learning space at Andrew Lewis Middle School. The Deggeller family, the fair's midway partner since its creation 32 years ago, donated \$10,000 to the Salem School Division to create a new "Maker Space" section focused on STEM learning.

"We're all about physics in the carnival business, so we thought this was just a great idea," says Andy Deggeller, General Manager of Deggeller Attractions, Inc.

A "Maker Space" is an innovation area designed for creating, learning, exploring and sharing by using a variety of tools ranging from 3D printers to Legos. Salem used the generous Community Investment donation from



# DEGGELLER

*Attractions, Inc.*  
America's Spectacular Midway

the Deggeller family to transform a computer lab in the Andrew Lewis Middle School library into this new creative corner.

"Thanks to this incredible gift, every Salem student who passes through middle school will now have a chance to create in this vibrant learning environment," says Alan Seibert, Salem School Division Superintendent. "This new area will further advance our personalized learning initiatives, and it is yet another example of a private entity investing in our children."

The new Andrew Lewis "Maker Space" is open to all students in the school and it features a menagerie of hands-on activities that are relatable to current studies in a variety of subjects. Deggeller's young children were able to give some of the activities a test run during the official unveiling on July 1.

"As a father, I am extremely excited about playing a role in the creation of this cutting-edge learning space," he says. "Our family and the City of Salem have been fortunate to share a mutually beneficial relationship for decades, and we are honored to make this contribution to the next generation of learners and fairgoers in Salem." 🦅



**Above:** The lego board provides a variety of creative and innovative activities.  
**Below:** ALMS Librarian Lauren Mabry helps one of the Deggeller children.



“ Our family and the City of Salem have been fortunate to share a mutually beneficial relationship for decades, and we are honored to make this contribution to the next generation of learners and fairgoers in Salem.

*Andy Deggeller,  
General Manager of Deggeller  
Attractions, Inc.*





# Pickers Paradise

Salem's Antique Stores are some of the best in the Commonwealth.

Salem has plenty to offer shoppers when it comes to antiques and vintage collectibles. Whether you are a veteran picker or a novice collector, our diverse shops are sure to grab your attention throughout the city. Some people like to hunt for treasures in a small, quaint shop, while others prefer a multi-vendor mall setting. Salem has you covered with a variety of options. During your hunt for that elusive item, be sure to let the friendly and knowledgeable store owners assist you in your shopping experience.



## Antiques by the Market

3 W Main St • (540) 387-0040

Fine furnishings and collectibles for the discerning shopper in a warm and friendly atmosphere. Located in the heart of Downtown.



## Main Street Primitives

2821 W. Main St. • (540) 387-5030

Offering a collection of Early American Decor. They also provide an extensive selection of florals for all your home decorating needs.



## Buy-The-Season

1529 Apperson Dr. • (540) 387-2788

It's likely you will find items to match your taste with over 24,000 square feet of merchandise. Unique and often special items from 150 vendors.



## Now, Then and Again

1864 Apperson Dr • (540) 389-2008

Over 80 vendors and consignments in 18,000 square feet. You can find Shabby Chic, Vintage, Handmade, Upcycled, Furniture and home décor.



## Charlotte's Web Antique Mall

27 W Main St. • (540) 375-7229

Located Downtown, Charlotte's Web has a wide variety of unique items. Dealers always have special deals to keep items in rotation.



## Railside Antiques & Mercantile

515 Electric Rd. • (540) 797-0449

A great selection of antiques, handcrafted items and much more. Stop by today to see what we have for you on Electric Road.



## Grandma's Attic

37 E. Main St. • (540) 389-7512

For more than 25 years we have offered excellent customer service & a wide selection of furniture, gifts, & accessories.



## Salem Antique Market

3 W Main St • (540) 387-0040

Antique Market and Annex stores, with over 5000 sq. ft. of shopping space. Specializing in antiques, primitives, vintage and collectables.









# OUR SCHOOLS



## Commonwealth Coronation

Salem High School Senior English Teacher Andrea Johnson is selected as the 2019 Virginia Teacher of the Year.

By Mike Stevens

In a span of just over a month this fall, Andrea Johnson went from Salem's reigning Teacher of the Year to a household name in education circles across the Commonwealth.

A surprise ceremony on September 5 was beyond her wildest dreams when Dr. Samantha Hollins, Assistant Superintendent of Special Education and Student Services for Virginia, dropped-by her classroom at Salem High School and informed her that



she was the Region 6 Teacher of the Year.

At the time, Johnson had no idea that award was just the appetizer to the Virginia Teacher of the Year honor she would accept 32 days later from Governor Ralph Northam and the First Lady in Richmond.

"Through hard work and good luck, I find myself in this surreal situation, and I hope to make Salem City Schools very proud," says Johnson. "The spotlight on me alone is overwhelming, but if I can



“ The spotlight on me alone is overwhelming, but if I can use my newfound position to point the spotlight on the fantastic things our students are accomplishing in Salem City Schools, and also give a voice to the student-focused initiatives my colleagues in Salem and across the State are undertaking, it will be very exciting.

*Salem High School Teacher  
Andrea Johnson on being selected  
Virginia Teacher of the Year*

use my newfound position to point the spotlight on the fantastic things our students are accomplishing in Salem City Schools, and also give a voice to the student-focused initiatives my colleagues in Salem and across the state are undertaking, it will be very exciting.”

To put all of this in perspective, it should be noted that there are more than 100,000 public school teachers in Virginia. Johnson’s unique ability to blend passion and enthusiasm for her craft with heavy doses of love and several dashes of real-world life lessons for her students makes her the ideal ambassador to represent educators from Abingdon to Alexandria.

“I don’t think anyone wakes up in the morning and says to themselves, ‘I am the best at what I do’ and I know that is not in my nature,” she says. “I do know there are many amazing educators

across Virginia who I admire because many of them have given me ideas and provided a model of how I can do my job better each day.”

The Salem City School Division has now produced four Regional Teachers of the Year in the last decade, including Mark Ingerson in 2009, Natalie DiFusco-Funk in 2016 and Karey Henzey in 2018. DiFusco-Funk also earned State Teacher of the Year honors in 2016.

“It is so exciting to continue this tradition, and I appreciate the support and advice I have received from all of my colleagues,” says Johnson. “I hope to use my voice and story this year to be an ambassador for the needs of Virginia’s students and teachers.”

Johnson will now compete for National Teacher of the Year honors at the White House in the spring of 2020. 🦅

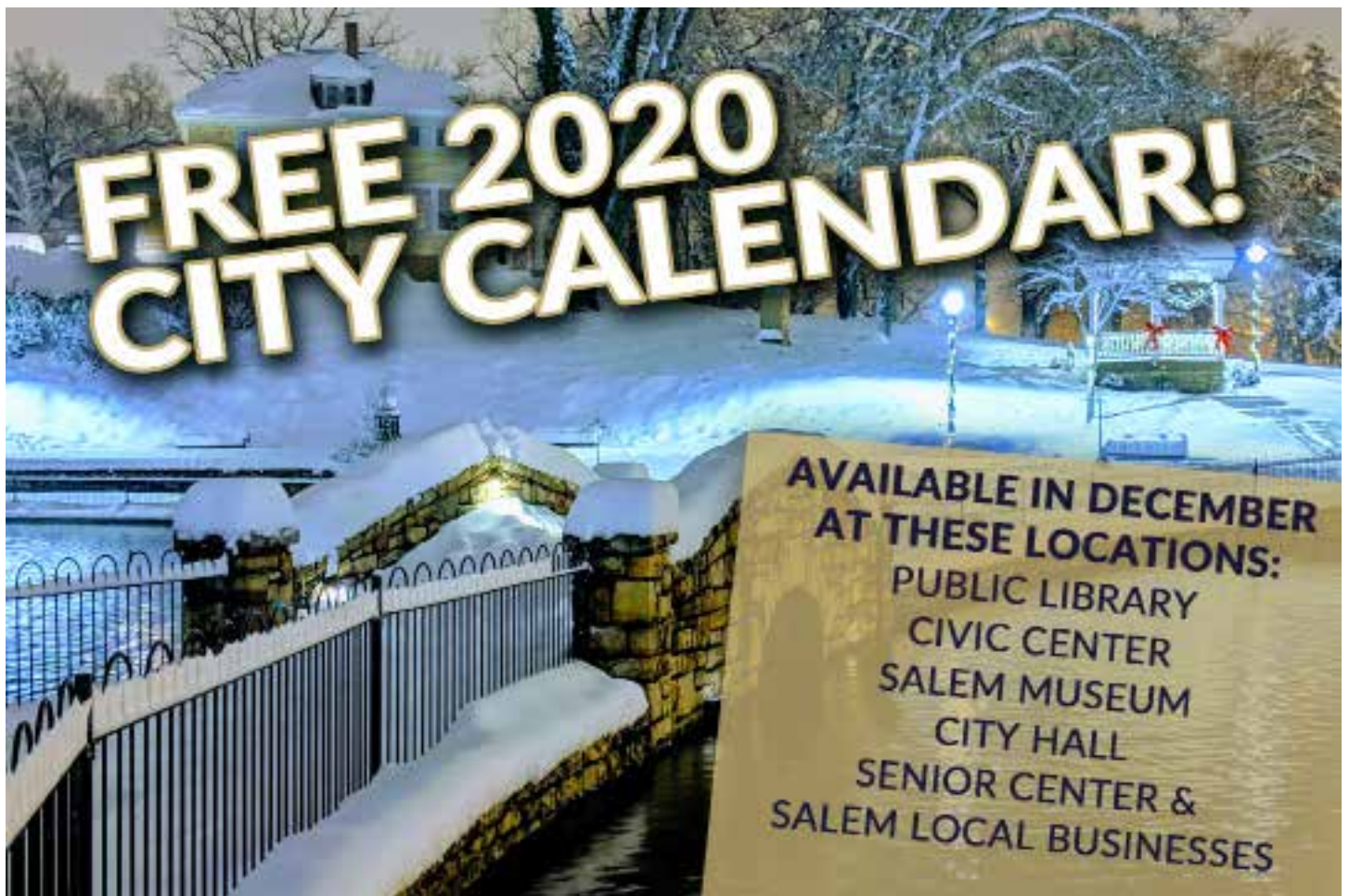
Salem has produced four Regional Teachers of the Year in the past decade. (L to R) State Assistant Superintendent of Special Education and Student Services Samantha Hollins, Salem High School Principal Scott Habeeb, Mark Ingerson in 2009, Andrea Johnson in 2020, Karey Henzey in 2018, Natalie DiFusco-Funk in 2016 and Salem City Schools Superintendent Alan Seibert.



Gov. Ralph and Pamela Northam and James Lane were among those to present Johnson with the Virginia Teacher of the Year award in October.







# FREE 2020 CITY CALENDAR!

AVAILABLE IN DECEMBER  
AT THESE LOCATIONS:

- PUBLIC LIBRARY
- CIVIC CENTER
- SALEM MUSEUM
- CITY HALL
- SENIOR CENTER &
- SALEM LOCAL BUSINESSES



• BRANTLEY GILBERT •

# FIRE'T UP

20 TOUR 20

with  
**DYLAN SCOTT**  
and **BRANDON LAY**

**SATURDAY, FEBRUARY 1, 2020**  
**SALEM CIVIC CENTER**  
FOR TICKETS VISIT [TICKETMASTER.COM](https://www.ticketmaster.com)





# Paying it Forward

The Salem Community once again put its children first to close out the 2018-2019 school year. On June 5, at the sixth annual Community Scholarship Night, 111 seniors received more than \$170,000 in scholarship money.

The Salem Educational Foundation and Alumni Association, the Salem Sports Foundation and the Chance Crawford Foundation each recognized Salem's

graduating seniors with grant money. Since 1984, the Salem Ed Foundation has given Salem High School students over \$4 million dollars.

A week later, many of the same parents and family members packed the Salem Civic Center for Salem High School Commencement. A total of 311 graduates picked up diplomas. Congrats to the Class of 2019.







The 2019 Distinguished Scholars at Salem High School have maintained a cumulative grade point average of 4.0 or greater through the end of the first semester of their senior year. At graduation, Principal Scott Habeeb and Salem School Board Chairman David Preston presented each Distinguished Scholar with a certificate and a monetary award to be used at the student's discretion.



Skyler David Allen



Chloe Marissa Amos



Katherine Grace Atkins



Valerie Alexis Ballard



Dana Katherine Bassford



Patrick Wayne Bateman



Trenton Michael Blais



Emma Jean Bradley



Sarah Kate Brownmiller



Joshua Adriaan Bryan



Thu-yen Thuy Bui



Azyah Shaneice Burnette



Randall Reid Burton



Kristin Eliza Calamos



Ethan Douglas Koogler Carroll



Abigail Grace Coleman



Kirbie Grace Conner



Kate Evans DeBord



Kinsey Grace Ebel



Adalynn Cannaday Eller



Rose Elizabeth Ellis



Recipients of the Adam Ward scholarship join Adam's parents Buddy and Mary at the Salem Community Scholarship Night.



## Salem High School – Distinguished Scholars



Corynne Noel Emmerson



Elizabeth Riessen Fisher



Lindsey Morgan Frank



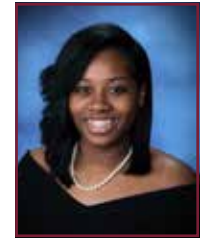
Lily Grace Gudeman



Caroline Bays Hagy



Adam Joel Hicks



Micah Michelle Jeffries



Mae Margaret Kennedy



Layla Selma Lindov



Mary Kathryn Grace Mann



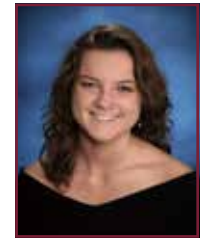
Lauren Alexis Overfelt



Jash Jatin Patel



Alexander David Perdue



Mary Rose Polansky



Jordan Alese Pratt



Carson William Pugh



Indigo Shae Ritter



Matthew Alan Rousey



Aiden John Sable



Emma Louise Smith



William Gray Snyder



Riley Elizabeth Spitnale



Phoebe Baker Stevens



Gabrielle Logan Strickler



Hannah Gracie Terry



Charles Hart Wallace



Alexa Marie Warme



Brianna Rachel Warme



Haleigh Quinn Williams

Not Pictured:  
Shayom Debopadhaya



**SALEM**  
CITY SCHOOLS

LOVE • ENGAGE • INSPIRE

**CITY OF SALEM SCHOOLS**

DR. H. ALAN SEIBERT - SUPERINTENDENT

**SCHOOL BOARD**

MR. DAVID PRESTON, CHAIRMAN

DR. MIKE CHIGLINSKY, VICE CHAIRMAN

MRS. ARTICE LEDBETTER

DR. NANCY BRADLEY

MR. ANDY RAINES





Jacob Russell Alley  
Jeanne & Gerald Pace  
Memorial Scholarship



Chloe Marissa Amos  
Cindy Neathawk  
Nursing Scholarship



Jacob Darren Argabright  
Rotary Club of Salem,  
James W. Elliott, Jr. Shp.



Katherine Grace Atkins  
Patsy Bean, DAR  
Scholarship



Valerie Alexis Ballard  
SEF & AA Senior Merit  
Scholarship



Dana Katherine Bassford  
Bill & Marie Young  
Scholarship



Patrick Wayne Bateman  
McClellan Outstanding Wolverine  
& Adam Ward Memorial Shps.



Madison Cole Baxley  
Glenna and Jack Burress  
Scholarship



Michael Anthony Bender  
SEF General  
Scholarship



Trenton Michael Blais  
Margaretta and Roy Spain,  
Science Scholarship



Kendra Yette Bolen  
Daniel F. Wheeling  
Scholarship



Sarah Lynn Bowman  
Ellen Petersen, Fine Arts  
Scholarship



Jasmine Pearl Bowman  
Chance Crawford  
Scholarship



Emma Jean Bradley  
D. Wallace Hall  
Scholarship



Sydney Alexis Brammer  
Ruth and Ray Bussard,  
Bridgewater Scholarship



Sarah Kate Brownmiller  
George & Isabel Jeffreys,  
Science Scholarship



Joshua Adriaan Bryan  
Judge Fred L. Hoback & Judge  
Fred L. Hoback Jr. Memorial Shp.



Thu-yen Thuy Bui  
Dr. Charles H. Fisher,  
Chemistry Scholarship



## SALEM HIGH SCHOOL

Azyah Burnette poses with her family at SHS.



Azyah Shaneice Burnette  
Peverell Family  
Scholarship



Randall Reid Burton  
Caleb Underwood  
Scholarship



Ethan Douglas Koogler Carroll  
Louis E. & Mary P.  
Hollandsworth Scholarship



Avery Joshua Close  
University of Richmond  
Scholarship



Anna Rae Cochran  
Neenah Moore  
Scholarship



Abigail Grace Coleman  
Brian Hoffman  
Scholarship



## Salem High School – Salem Educational Foundation Scholarship Recipients



Glenn Buford Robert Compton  
Margaret Ann "Peggy" Hankins &  
Ann Jacqueline Thomason Shp.



Kirbie Grace Conner  
Dr. Richard H. Fisher  
Medical School Scholarship



Alla Katherine Daniel  
Andrew Lewis General  
Scholarship



John Russell Danstrom  
Joyce Brizendine Headford  
Scholarship



Kate Evans DeBord  
McClean Outstanding Wolverine  
& Adam Ward Memorial Shps.



Kinsey Grace Ebel  
George Robert Vaughn  
Memorial Scholarship



Adalynn Cannaday Eller  
William G. Snyder, Vocal Music  
Scholarship



Rose Elizabeth Ellis  
Dennis Reaser, Pride of Salem  
Scholarship



Corynne Noel Emmerson  
Adam Ward Memorial  
Scholarship



Miranda Jane Fiedler  
Craighead  
Scholarship



Taylor Grace Fischer  
Anne Michelle Mickey Faville  
Memorial Scholarship



Elizabeth Riessen Fisher  
Lauritz Christensen  
Band Scholarship



Lindsey Morgan Frank  
Mareta C. Richardson  
Science Scholarship



Adam Joseph Galbreath  
Anne Bell Woods  
Art Scholarship



Trevor Benjamin Gallagher  
Penguin Club  
Scholarship



Ashby Taylor Garst  
Lautenschlager Family  
June Long, Chorale Music Shps.



Jack Ambler Gladden  
Stephen Magenbauer  
Scholarship



Emery Spencer Graham  
Chauncey & Lucy Harmon  
Scholarship



Briana Nicole Gravely  
Danstrom Family Healthcare  
Scholarship



Lily Grace Gudeman  
Corinne Moeschler  
Teacher Scholarship



Hailey Mae Hadwin  
Dr. Keith Edmunds Memorial  
Scholarship



Caroline Bays Hagy  
Margaretta and Roy Spain  
Science Scholarship



William David Harless  
Foster Family Scouting  
Scholarship



Makenzie Leigh Harlow  
Deede Grace Nursing  
Scholarship



Taylor Snow Harris  
Norwood & Lucille Middleton  
Roanoke College Scholarship



Amber Nicole Helton  
Brian Thornhill Memorial  
Scholarship



Adam Joel Hicks  
Thelma Lee Poff Memorial  
Scholarship



Zachary Tipton Honaker  
Gerald Pace  
Vocational Scholarship



Gavin Dean Huggett  
American Legion  
Salem Post 19 Scholarship



Landon Paul Hylton  
Ben Metheny, Dixie Youth  
Baseball & Softball Scholarship





Sandra Jean James  
Ruth Callaway Jones Brock  
Scholarship



Stefan Bryce Jones  
Willis White  
Scholarship



Dalton Michael Kaiser  
Dr. N. Wayne Tripp  
Scholarship



Benjamin Scott Kessel  
Virginia Tech Engineering &  
STEM Study Scholarship



Caleb Walker Lingenfelter  
Charlie Hammersley  
Scholarship



Mary Kathryn Grace Mann  
David Smith  
Memorial Scholarship



Alyssa Virginia Marrin  
William Brubeck  
Scholarship



Dexter Craig McCraw  
Eddie Joyce  
Scholarship



Cody Matthew McGlothlin  
Penguin Club  
Scholarship



Natalie Grace Mitchell  
Sarah W. Southard  
Scholarship



Spencer Graham Moran  
David Hall, Wrestling,  
Memorial Scholarship



Hannah Grace Morgan  
Lauren Elizabeth Burns &  
Brandon Johnson Mem. Shps.



Kiley Jane Morris  
Keith & Mary Louise Hunt  
Memorial Scholarship



Morgan Lynn Neily  
Andrew Lewis Class of '52  
Scholarship



Lauren Alexis Overfelt  
James & Nancy Robertson  
Scholarship



Ashley Reagan Owens  
Ben Metheny, Dixie Youth  
Baseball & Softball Scholarship



Kara Leigh Palmer  
Dr. Anderson Renick, ALHS  
Class of '47 Scholarship



Kate Lynn Palmer  
Ron Wall  
Vocational Scholarship



Jash Jatin Patel  
Pauline Webb  
Chemistry Scholarship



Alexander David Perdue  
Ella T. Hester, Class of 1924  
Scholarship



Kylie Morgan Perdue  
Corinne Moeschler  
Teacher Scholarship



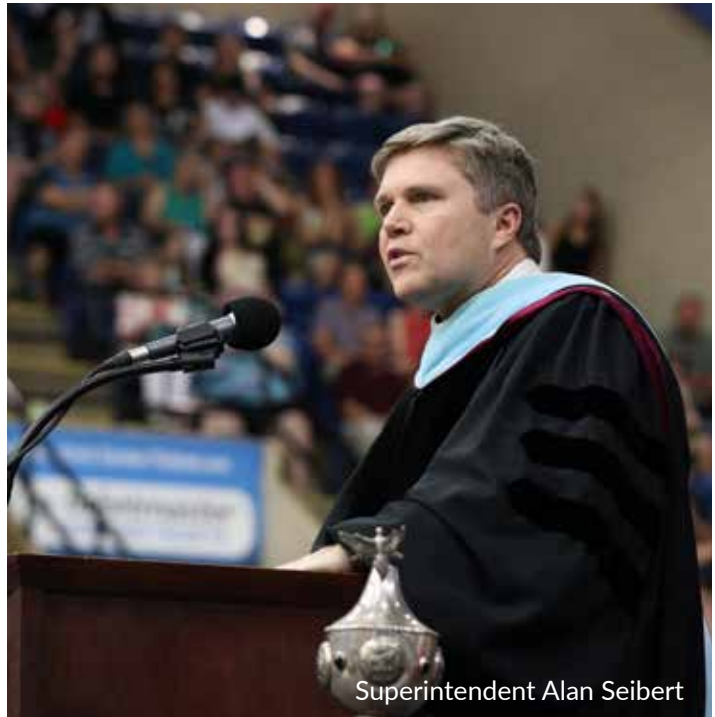
Mary Rose Polansky  
Helen Phelps  
Scholarship



Jordan Alese Pratt  
Sam & Frances Harvey  
Business Scholarship



Carson William Pugh  
Dave Lamanca Memorial  
Engineering Scholarship



Superintendent Alan Seibert





Senior Singers



Danielle Leigh Rich  
Archer Family  
Scholarship



Samantha Hope Richardson  
Joseph & Barbara Kyle  
Scholarship



Makayla Anne Rippee  
David Ross Hamilton  
Scholarship



Indigo Shae Ritter  
Jennings Family  
Scholarship



Megan Payton Roberson  
Duane Perdue Memorial  
Scholarship



Micheal Wayne Rock  
Bob Johnson Memorial  
Scholarship



Matthew Alan Rousey  
Dr. Walter & Avis Hunt  
Scholarship



Aiden John Sable  
Annie Cook Aldridge Latin  
Scholarship



Lauren Anne Schofield  
Andrews, Corey Fisher &  
Richard (Dick) Fisher Jr. Shps.



Mackenlee Dawn Simmons  
George Washington Carver  
Alumni Scholarship



Kasey Lane Sizemore  
William & Anna Johnson  
Scholarship



Emma Louise Smith  
Salem Roanoke County Bar  
Association Scholarship



William Gray Snyder  
Dave Lamanca Memorial  
Golf Scholarship



Ahlena Grace Spangler  
Braxton Family Legacy  
Scholarship



Riley Elizabeth Spitnale  
Maria Deguzman Mungcl  
Memorial Scholarship



Phoebe Baker Stevens  
Hedgebeth  
Scholarship



Holly Lynne Stevenson  
Andrew Lewis Class of '65  
Scholarship



Samuel Stuart Sumpter  
Harvey and Muriel Bredlow  
Scholarship





Morgan Ashley Tennant  
Harold & David Shelor  
Scholarship



Hannah Gracie Terry  
Jill Bailey Chenet  
Scholarship



Noah Lewis Turner  
David Hall, Culinary Arts,  
Memorial Scholarship



Christina Marie Vazquez  
American Legion Salem Post  
19 Scholarship



Charles Hart Wallace  
Hazel Waters  
Scholarship



Alexa Rachel Warme  
Heritage  
Scholarship



Brianna Marie Warme  
Salem Women's Club,  
Education Scholarship



Andrew Michael Wheeler  
Tom Dooley, Matthew 25  
Scholarship



Haleigh Quinn Williams  
James E. Peters, Salem Lions  
Club Scholarship



Makena Kathryn Witt  
Dr. Lewis Romano Memorial  
Scholarship



Jacob Austin Young  
Anne Katherine Fletcher  
Fisher Memorial Scholarship

## CONGRATULATIONS CLASS OF 2019!

### Salem Educational Foundation and Alumni Association

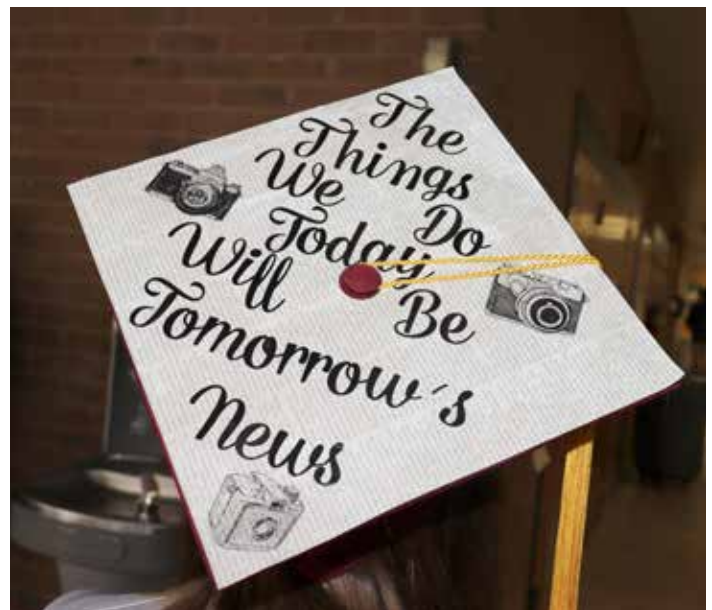
P.O. Box 1461 Salem, VA 24153  
Wayne Adkins, Endowment Committee Chairman  
wadkins@salemtools.com (540)353-5370



Adam Galbreath with School Board members Nancy Bradley and Artice Ledbetter at Community Scholarship Night.



Micah Jeffries holds up her SHS diploma at graduation.







**CHANCE CRAWFORD FOUNDATION**  
**SALEM PARKS AND RECREATION**  
**620 FLORIDA STREET, SALEM, VA**  
**EOBRIEN@SALEMVA.GOV**

**Left to Right:** Samantha Hope Richardson, Dexter Craig McCraw, Cody Matthew McGlothin, Dalton Michael Kaiser, Alla Katherine Daniel and Chloe Marissa Amos



Alla Katherine Daniel  
WM P. Bud Hale Memorial  
Scholarship



Stefan Bryce Jones  
WM P. Bud Hale Memorial  
Scholarship



Mae Margaret Kennedy  
SSF Outstanding Student  
Athlete Scholarship



William Gray Snyder  
SSF Outstanding Student  
Athlete Scholarship



Dexter Craig McCraw  
Walter "Lin" Daniel Jr.  
Memorial Scholarship



**P.O. BOX 642**  
**SALEM, VA 24153**  
**CKING@SALEM.K12.VA.US**



Will Snyder and Mae Kennedy were named Outstanding Athletes by the Salem Sports Foundation.



## community programs

Supervisor: Vickie Sword  
vsword@saalemva.gov

Asst. Supervisor: Brad Blankenship  
bblankenship@saalemva.gov

110 Union Street  
Phone: (540) 375-3054

REGISTER AND PAY COSTS ON  
SALEM PARKS AND REC WEBSITE,  
PARKSANDREC.SAALMVA.GOV  
OR CALL 375-3054 FOR  
MORE INFORMATION.

### BATON (Ages 4 - 18)

**When:** Thursday, 5:30 p.m. - 9 p.m. (Time varies with age group. Begins September 5 and is on-going through May)

**Where:** Senior Center (110 Union Street)

**Cost:** \$50 per month (baton & costume costs)

**Instructor:** Natasha Flores

Students will learn and improve on baton twirling skills, participate in 6 local parades, as well as other community events throughout the year, and perform in an end-of-the-year recital. The Southernettes Baton Corp is dedicated to providing a safe, fun and creative atmosphere in which athletes not only learn twirling skills, but they build confidence and leadership skills through team commitment. Contact Coach Natasha Flores for questions or to register at 312-4969.

### CERAMICS (NEW AND INTERMEDIATE)

**When:** Mondays, 6:15 p.m. - 9:15 p.m.  
(on-going beginning September 9)

**Where:** Senior Center (110 Union Street)

**Cost:** \$50/10 weeks

Paint on resin - dry brushing and other techniques are used.

**Instructor:** Sharon Braden

### CHESS (16 - Adult)

**When:** Tuesdays 7:00 p.m. - 10:00 p.m.

**Where:** Senior Center (110 Union Street)



## CROCHETING & KNITTING

**When:** Thursdays, 6:30 p.m. - 8:30 p.m., **Where:** Senior Center (110 Union Street), **Cost:** \$25 for 5 weeks of instruction. May register at any time. Learn the basics of crocheting and knitting. Call instructor at 389-3469 to register and for supply list. **Instructor:** Norma Harris.

**Cost:** FREE

**Instructor:** David Vecillio and John Parker  
Chess instructions available from 7 - 8 p.m..

### COLE BLUEGRASS SHOW

**When:** First Monday each month, 7 - 9 p.m.

**Where:** Senior Center (110 Union Street)

**Cost:** Free to attend, donations are requested during intermission

**Coordinator:** Dwayne Cole

### DOG OBEDIENCE CLASSES

**When:** Saturdays, 9 a.m. - 10 a.m.

**Where:** Salem High School Parking Lot

**Cost:** \$100 before 9/28

**Instructors:** Darr Graham and Lewis Redd

This is a six-week course for dogs of any breed and any age. Dogs will learn how to

HEEL calmly on a leash, SIT on command, and COME when called. AKC Canine Good Citizen test is available at course completion. AKC S.T.A.R Puppy program available for puppies under one year of age.

### TENNIS (ALL LEVELS AND AGES)

To register or get more info, call Scott Gibson at 397-1257 or sgibson@saalemva.gov

### TOPS (Take Off Pounds Sensibly)

**When:** Tuesdays, 5:15 p.m.

**Where:** Senior Center (110 Union Street)

**Cost:** For cost and more information attend a meeting or email lhmarkham80@gmail.com Join this wonderful group and work together to learn healthy options to take the pounds off. Weekly programs and discussion with

For more info, new class listings and to sign up for these programs,  
head to [www.salemva.gov](http://www.salemva.gov) and click on "Parks & Recreation" or call 375-3054



weigh-ins strictly confidential.

### WHEEL-THROWING & CERAMICS

**When:** Wednesdays, 6 - 9 p.m. (10 weeks)  
Will hold again in the spring.

**Where:** Salem High School Art Room

**Cost:** \$100

**Instructor:** Lauren Browning

Come stretch your creative muscles as you learn how to form original works of art in clay! All levels of experience are welcome! The class covers wheel throwing, hand building, and sculpture techniques. Imagination and creativity are encouraged! Ages 16 and above are welcome!

## health & fitness

### LIFE BALANCE YOGA (BEGINNER/INTERMEDIATE)

**When:** Monday 5:30 - 6:30 p.m. (on-going)

**Where:** GW Carver Elementary Gymnasium or KIVA

**Cost:** \$30 dollars for 2-month session (\$5 drop-in)

**Instructor:** Lydia Leake

Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It also improves memory, focus, and attention, as well as promote an overall sense of well-being.

### ALL LEVELS FLOW YOGA

**When:** Tuesday, 5:30 - 6:30 p.m. (on-going)

**Where:** Senior Center (110 Union Street)

**Cost:** \$30 dollars for two-month period (\$5 drop-in)

**Instructor:** Lacey Leonard

Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It also improves memory, focus, and attention, as well as promote an overall sense of well-being.

### FIT TO THE CORE

**When:** Tuesdays 7 - 8 p.m. begins October 2 (on-going)

**Where:** Senior Center (110 Union Street)

**Cost:** \$30 for 2-month session (\$5 drop-in)

**Instructor:** Lori Fadorick

Make the most out of your workout time!!! Fit to the Core uses a variety of exercise modalities to constantly challenge your body and give you a fun, different workout each week. Body weight exercises are mixed with interval and strength training, in a variety of formats and class styles. Classes are designed in a way to maximize the benefit

by offering several different elements in the same workout, including cardio, strength, core, and conditioning. Fitness Fusion can help you reach your fitness goals, no matter what they might be. This class is for all fitness levels and anyone who wants to burn some calories, tone your body, build some muscle, and have some fun! Class length is one hour including a brief warmup and cool down.

### CORE & MORE (ALL LEVELS)

**When:** Wednesday, 5:30 - 6:30 p.m. (on-going)

**Where:** Senior Center (110 Union Street)

**Cost:** \$30 per 2-month session (\$5 drop-in)

**Instructor:** Marina Trejo

This class is designed to reduce body fat and sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant.

### STRETCH AND UNSTRESS YOGA (BEGINNER/INTERMEDIATE)

**When:** Wednesdays, 5:30 - 6:30 p.m. (on-going)

**Where:** Carver Elementary Gym or KIVA

**Cost:** \$30 dollars for two-month period (\$5 drop-in)

**Instructor:** Susan Kraughto

Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build

balance. It also improves memory, focus, and attention, as well as promote an overall sense of well-being.

### SHAKE (Cardio Dance Class)

**When:** Wednesday, 6:35 - 7:35 p.m. (on-going)

**Where:** Senior Center (110 Union Street)

**Cost:** \$30 dollars for two-month period (\$5 drop-in)

**Instructor:** Amanda Camden

Shake is a cardio dance class suitable for 16 and older where we move and groove to all different genres like hip hop, pop, oldies, latin, reggae, and more. Class is so much fun, you won't notice you're sweating buckets and burning calories. Join us Wednesdays at 6:30 p.m. for this super fun dance party!

### IMPORTANT NOTE RE: FITNESS CLASSES

If taking 2 fitness classes per week, cost is \$50 for 2 months, if taking three or more cost is \$70 per 2 months. City of Salem & Salem Schools employees are ½ price for fitness classes. Drop-ins are welcome at \$5 per class. Instructors are training to modify exercises for beginning levels. All fitness classes are on-going, you just pay on a 2 month schedule (Sept/Oct, Nov/Dec, Jan/Feb, March/April, May/June, July/August) Process is come to class, fill out a form the first time, pay the instructor).



### LOWER BODY BLAST (ALL LEVELS)

**When:** Monday, 5:30 p.m. - 6:30 p.m. (on-going), **Where:** Senior Center (110 Union Street)

**Cost:** \$30 per 2-month session (\$5 drop-in). **Instructor:** Marina Trejo. This class is designed to reduce body fat and sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant.





## Senior Center

110 UNION STREET - (540) 375-3054

### MONDAYS

9 a.m. - Noon - Bridge  
10 a.m. - "Purl Jam" (2 times a month)  
12:30 p.m. - Senior Mountain Pickers  
1 - 4 p.m. - Mexican Train Dominoes  
7 - 9 p.m. - Cole Bluegrass Show  
(A Community Activity first Monday)

### TUESDAYS

8:45 - 9:45 a.m. - Exercise  
9:30 a.m. - Bridge  
10 a.m. - 2 p.m. - Chair Caning & Basket Weaving  
10:15 a.m. - Tai-Chi at College Lutheran  
11:30 a.m. - Hand & Foot (Cards)  
2 - 4 p.m. - Ballroom dance  
4:15 - 5 p.m. - Chair Yoga  
5:15 p.m. - TOPs

### WEDNESDAYS

9 - 10 a.m. - Tap dance  
10 - 11 a.m. - Yoga  
10 a.m. - Noon - Ceramics  
10 a.m. - Noon - Needlework  
1 - 3 p.m. - Line Dance

### THURSDAYS

8:45 - 9:45 a.m. - Exercise  
9:30 a.m. - Bridge  
10 a.m. - Noon - Quilting  
10 a.m. - Noon - Art on your own  
11 a.m. - Noon - 49er's Plus Club Mtg.  
Noon - 4 p.m. - Hand & Foot (Cards)  
Noon - 2 p.m. - Monthly Luncheon w/entertainment (last Thursday)  
12:30 - 2 p.m. - Senior Singers Practice (first Thursday w/appts other days)  
4:15 - 5 p.m. - Chair Yoga

### FRIDAYS

8:45 - 9:45 a.m. - Exercise  
10:15 - 11:15 a.m. - Tai-Chi  
10:30 a.m. - Senior Mountain Pickers

### SPECIAL EVENTS

We frequently make outings in our van or bus to local malls, shops and restaurants, or day trips to Wytheville, Stuarts Draft, Clemmons, NC, Richmond, etc. Special events include bingo, ice cream sundae day, movie day, crafts, parties, etc. \*A small fee may apply for some of these events and you will need to sign up. Please stop by the Salem Senior Center for a monthly calendar.

### MONTHLY NEWSLETTER

This features a calendar and news of our activities and outings. It is ready for distribution the day of the Monthly Luncheons, for the following month. Please stop by and pick one up so you can join us at the Senior Center.

### SPECIAL TRIPS

Trips are scheduled for the year to the Wytheville's Wohlfahrt Haus Dinner Theatre, Barter Theater in Abingdon, Shatley Springs in Clemens, NC, Mabry Mill, Charlottesville, Nashville, TN, and many others. New trips are added regularly. Stop by and pick up a trip list.

### '49ERS PLUS CLUB

Thursdays at 11 am. They eat lunch out on the 2nd Thursday of each month at various restaurants in the Valley. They have game days or trips out to visit different places in the Valley. They also preside over the meeting at our Monthly Luncheons. They hold a Bazaar in the fall each year. This is a group that meets for fun and make donations

to organizations such as the Salem Rescue Squad, the American Red Cross, the Ram House, and many others before Christmas every year.

### MONTHLY COVERED DISH LUNCHEONS

Always a fun, well-attended event, with entertainment following the meal. They are held on the last Thursday of each month.

### EXERCISE CLASSES

Offered three times a week, Tuesday, Thursday, and Friday mornings, 8:45 a.m. to 9:45 a.m.. These 3 classes are all different, giving a total workout through the week for each participant. There is no charge.

### BALLROOM DANCE CLASS

Every Tuesday, 2:00 p.m. - 4:00 p.m. Taped music is provided and there is no fee but each person is asked to bring a snack food to share.

### LINE DANCE

Every Wednesday, 1:00 p.m. - 3:00 p.m.. Come join this great group of dancers and they'll teach you many line dances. This group performs for different events and senior facilities in the Valley.

### SALEM SENIOR SINGERS

Practice on the 1st Thursday of each month at 12:30 p.m. and sing on a regular basis for Snyder Nursing Home and other places.

### SENIOR MOUNTAIN PICKERS

An excellent group of stringed instrument musicians who play informally on Mondays at 12:30 p.m. and Fridays at 10:30 a.m. at the Senior Center. You may join them with an instrument if you play or attend as a part of the audience of the 55+ crowd.

### YOGA & CHAIR YOGA

Yoga is provided on Wednesdays; with Chair Yoga on Tuesdays. Chair yoga is for participants who cannot transition easily to the floor. They are six week classes and you are required to sign up.

### TAI CHI

Offered on Tuesdays and Fridays and held in two separate locations. The Tuesday class is held at the College Lutheran Church and the Friday class at the Senior Center. These classes are on-going.

If you have questions about our other classes, please call our office at 375-3054.



# Christmas Events

## In Downtown Salem

**Friday 12/6**

### Lighting of the Tree & Parade

Ring in the Christmas season with the lighting of the Salem Christmas tree and the Christmas parade. The lighting begins at 6 p.m. with Christmas carols and vendors at the Farmers Market. The parade starts soon after.

**Saturday 12/7**

### Gingerbread Festival

Join the fun at the Salem Public Library from 10 a.m. to 2 p.m. Get your picture taken with Santa, do arts and crafts activities, meet Frosty, Rudolph, the Gingerbread man and local mascots. Enjoy hot cider, roast chestnuts, make your own s'mores and more!

**Saturday 12/14**

### Salem Crafty Christmas

Handmade crafts and artisan items such as beautiful scarves, jewelry, quilted items, and more will be available from over 40 vendors. Market vendors will be on hand to sell greenery, baked goods, eggs, meat, cheese and more!

Take advantage of the opportunity to purchase unique, custom-made items hand crafted by local artisans. Just in time for the holiday season!



# #SampleSalem







## OLDE SALEM BREWING BASH

**Saturday, November 30**, Noon - 10:00 p.m. at Olde Salem Brewing Company and Salem Farmers Market. Come celebrate the second anniversary of Olde Salem Brewing company including live music and beer specials all day.

## Special Events

### PUMPKINFEST

**Friday, October 25**, Salem Farmers Market, 6 p.m. - 9 p.m., Pumpkin giveaway, Children's activities, Carnival Games, Costume Contest, and a Pumpkin Auction.

### LIGHTING OF THE CHRISTMAS TREE

**Friday, December 6**, 6:00 p.m. at the Salem Farmers Market. The Salem Christmas Parade will follow the tree lighting.

### GINGERBREAD FESTIVAL

**Saturday, December 7**, Salem Library, 10 a.m. - 2 p.m., Kids can visit with Santa Claus, mail your letters to the North Pole and enjoy

a variety of activities. Shopping with vendors at Library Square.

### SALEM CRAFTY CHRISTMAS

**Saturday, December 14**, Farmers Market and Downtown Salem 11 a.m. - 4 p.m. Crafters set up on the market along with regular market vendors on the stalls selling greenery, baked goods, eggs, meat, cheese, etc. Come have your picture with Santa near the market entrance. We are also joining the Animal Shelter to 'Take your own photo' with Santa with your pet for a donation of dog chow, cat chow, or kitty litter to go to the Animal Shelter.

### WINTERFEST BEACH BASH

**Friday, January 31**, 7 p.m., Salem Civic Center. Doors open at 6 p.m. Come shake off the winter blues with live music from "The Band of Oz"! Look for tickets on sale December 18 at the Parks & Rec office.

### EASTER EGG HUNT

**Thursday, April 9**, 6 p.m., Moyer Complex. Children ages 3-10 years old. Come visit the Easter Bunny and hunt for Easter Eggs with

lots of prizes and candy.

### 69TH ANNUAL ERNEST "PIG" ROBERTSON FISHING RODEOS

Catch fish at Lake Spring Park! **April 18** Children Ages 3-8, 9 a.m. - Noon. **April 20** Special Needs Children Day, 10 a.m. - Noon. **April 22** Nursing Home Day, 10 a.m. - Noon. **April 25** Children Ages 9-12, 9 a.m. - Noon.

## Moyer Complex

### OCTOBER 4TH - 6TH

Freedom World's Coed Slow Pitch Tourn.

### OCTOBER 12TH & 13TH

USA Softball Scrappers College Showcase Girls Fast Pitch Tournament

**Program Supervisor: Ashley Durkin**  
adurkin@salemva.gov  
620 Florida Street  
Phone: (540) 375-3057

**Manager : Scott Scharnus,**  
sscharnus@salemva.gov  
**Program Supervisor: Bobby Estienne,**  
rniestienne@salemva.gov  
1000 Union Street, Salem  
(540) 375-4021



### OCTOBER 19TH & 20TH

NSA Youth Fast Pitch Fall Championship

### OCTOBER 26TH & 27TH

Got Game Youth Fast Pitch

### APRIL 17TH - 19TH

Chance Crawford Benefit Tournament

### APRIL 24TH - 26TH

ODAC Softball Tournament

### MAY 1ST - 3RD

Mountain East Conference Tournament

### JUNE 11TH - 13TH

VHSL State Championships

## Kiwanis Park

### OCTOBER 5TH & 6TH

USSSA Baseball Elite Fall Classic

**Manager : Scott Scharnus,**  
[sscharnus@salemva.gov](mailto:sscharnus@salemva.gov)

**Program Supervisor: Trent Terry,**  
[tnterry@salemva.gov](mailto:tnterry@salemva.gov)  
731 Indiana Street, Salem  
(540) 375-3013

## Youth & Adult Sports

### YOUTH SPORTS MISSION STATEMENT

The purpose of youth recreational athletic leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship and promoting good will among all teams and individuals. Although sports are competitive by nature, the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

### GREAT BEGINNINGS WITH ED GREEN

Make checks payable to Ed Green, Great Beginnings. More info, call Ed at 387-9516. Get application at [parksandrec.salemva.gov](http://parksandrec.salemva.gov).

### ADULT LEAGUES OFFERED

Salem Parks and Rec offers a variety of adult leagues aimed at increasing physical fitness and promoting social interaction between participants. Adults 18 and up.

### REGISTRATION DATES AT ACTIVENET

Boys Soccer (Ages 6-11): Dec. 30 - Feb. 9

Baseball: Dec. 30 - Feb. 9

Softball: Dec. 30 - Feb. 9

Boys Soccer (Ages 12-16): April 27 - June 14

**Manager: Scott Hall,**

[shall@salemva.gov](mailto:shall@salemva.gov)

**Supervisor: Nat Franklin,**

[nfranklin@salemva.gov](mailto:nfranklin@salemva.gov)

925 Union Street, Salem

(540) 375-4094

Girls Soccer: April 27 - June 14

Tackle Football: April 27 - June 14

Flag Football: April 27 - June 14

Cheerleading: April 27 - June 14

### SUMMER SPORTS CLINICS

See web for more info: Boys & Girls Basketball, Football, Volleyball, Baseball, Softball, Lacrosse, Co-ed Soccer, and Cheerleading. Visit web for location, dates & time.

## Ways to Register

- **Online** – [parksandrec.salemva.gov](http://parksandrec.salemva.gov)
- **In Person** – Sports Office at 925 Union St. 8 a.m. - 5 p.m., M-F
- **By Phone** – (540) 375-4094

\$35 Salem Residents, \$85 Tuition  
Paying Students enrolled in a Salem School. Uniforms are included.








# 103 YEARS AGO



**Salem High School won its first state championship, boy's basketball in 1916, and has only picked up the pace since then.** The Salem Museum has two new exciting exhibits on display to celebrate – the City of Champions.

The new Salem Champions Gallery features the inspirational stories of Salem's students and adults who have finished first in a state competition in athletics, academics, the arts, or professional life.

The gallery includes state champions from the Carver School, Andrew Lewis, Salem and Glenvar High Schools, and Roanoke College. The championship stories for over 90 winning teams—over 1,500 individuals—have already been included in a hands-on, interactive kiosk, and others will be added as more champions are discovered or crowned.

Also new from the Smithsonian is “Hometown Teams: How Sports Shape America,” through January 4, 2020. The Salem Museum was expressly chosen by the Smithsonian Institution Traveling Exhibition Service to host “Hometown Teams” as part of the Museum on Main Street program. The exhibition was created for hometowns like Salem that love their local sports. 





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Joseph W. Baker, M.D.  
Chief, Cardiothoracic Surgery  
[CarilionClinic.org/CVI](http://CarilionClinic.org/CVI)

**Cardiovascular Institute**







**THANK YOU  
FOR HELPING  
TO MAKE US  
THE BEST IN  
THE VALLEY!**



BEST OUTDOOR DINING - PLATINUM  
BEST SALEM RESTAURANT - PLATINUM  
BEST SALADS - PLATINUM  
BEST BAR FOOD - GOLD  
BAR WHERE EVERYONE KNOWS YOUR NAME - GOLD  
PLACE YOU COULD VISIT 24/7/365 - GOLD  
BEST WINGS - SILVER  
BEST FAMILY FRIENDLY RESTAURANT - SILVER  
BEST FOR WATCHING GAME - SILVER  
BEST OVERALL RESTAURANT - SILVER



**CHECK OUT SOME OF OUR NEW FAVORITE DISHES**



**BISON BURGER**



**CAPRESE  
AVACADO TOAST**



**POKE BOWL**



**VOODOO CHICKEN  
AND SHRIMP**