

ISSUE 36 • SPRING 18

# SALEM



A MAGAZINE FOR THE PEOPLE OF VIRGINIA



## NOTHING BUT LOVE FOR SOUTH SALEM'S MARGARET HUMPHREY

BELOVED EDUCATOR RETIRES AFTER 46 YEARS OF SERVICE

Governor Visits Downtown • Main Street Restoration • Rebel With A Cause

# 56

YEAR-OLD ARCHITECT, BALLROOM DANCER,  
MOM

# 4

YEARS OF DOWNPLAYING HER HIP  
PAIN FOR FEAR OF A LENGTHY  
REHAB AFTER SURGERY

# 1

ORTHOPEDIC TEAM COMMITTED  
TO GETTING HER BACK ON  
HER FEET

THE BEST YEARS OF HER  
LIFE ARE ABOUT TO BEGIN



Susan, 56, architect, ballroom dancer, mom. Living with hip pain for the past four years. 25 years of working long hours, while still finding time to enjoy ballroom dancing. The fear of a lengthy rehab made her put off surgery. One dedicated orthopedic team brought her relief.

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## Queen of the South

When school dismisses for the summer, the final bell will also signal the end of an era at South Salem School.



## Salem Social Snapshots

Taking a brief look at moments involving the community through the eyes of Twitter and Facebook.

## Newsmakers

A change on City Council, the Governor makes a stop in downtown, a new Sheriff takes over and more.

## The Nick of Time

Sonnya Preston uses her personal experiences to enrich each one of her students.



## Main Street Restoration

The new name for the West Salem Body Shop is The Salem Motor Lofts, paying homage to the building's origins.

## Keen Sense of Duty

Cody Keen continues his family tradition of serving citizens.

## Rebel with a Cause

Hockey was an integral part of the early years of the Salem Civic Center, and one fan favorite led the charge.

## 2017 Water Quality Report

This report is designed to inform you about the quality of water and services we deliver to citizens every day.

## Parks & Recreation Programs

Events and classes to get you involved during the upcoming Summer and Fall months.

## Salem Snapshot

The Salem Museum takes a look at how Salem helped the World War I effort over 100 years ago.



**“ The people who have given their time to support this great cause every year for nearly four decades have also made it possible to use these funds to support youth sports throughout the greater Roanoke Valley.**



When people outside the region ask what makes Salem Virginia's Championship City, I quickly tell them that as nice as our facilities are, it is honestly the people who make us championship caliber.

Case in point is the 2018 Chance Crawford Softball Tournament which will be remembered for its great competition and rain-free playing days. After a string of soggy tournaments that pushed our Parks and Recreation staffers to the limit and forced some very creative scheduling, this year's event stayed completely dry.

"When the weather cooperates it makes tournaments and events a whole lot more manageable for the organizers and the participants," says Eric O'Brien, Chance Crawford Tournament Director.

The dry conditions allowed the 164 teams from nine different states to truly enjoy an April weekend on diamonds throughout Virginia's Blue Ridge, and "pay it forward" in the process. In 37 years, the tournament has taken the \$800,000 it has raised and put that money in the hands of individuals with health problems and in the pockets of deserving college students who need financial assistance.

The people who have given their time to support this great cause every year for nearly four decades have also made it possible to use these funds to support youth sports throughout the greater Roanoke Valley.

This year, \$8,500 will go to deserving high school seniors at Salem High, Glenvar, William Byrd, Northside, James River and Lord Botetourt. In addition, another \$8,500 raised from this year's event will be distributed to a variety of individuals in the form of "need based" scholarships to help cover a variety of medical expenses.

"Because we run first class events, teams keep coming back to play in the valley and in this tournament," says O'Brien. "When we attract more teams, we are able to help more people who need assistance right here in our own backyards, and that's what Chance Crawford is all about."

And that's also what makes Salem Virginia's Championship City.

Kevin S. Boggess – City Manager

**PUBLISHER** – City of Salem

**PRINTER** – Pulp Printhouse

**EDITORIAL, LAYOUT & DESIGN**  
Salem Communications Department



**Communications Department**

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Civic Center	(540) 375-3004
Commissioner of the Revenue	(540) 375-3019
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Engineering Department	(540) 375-3032
Farmers Market	(540) 375-4098
Finance Department	(540) 375-3061
Fire & EMS Department	(540) 375-3080
Health Department	(540) 387-5530
Library	(540) 375-3089
Parks and Recreation	(540) 375-3057
Planning Department	(540) 375-3032
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Real Estate	(540) 375-3058
Rescue Squad	(540) 375-3001
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# HOLIDAY TRASH COLLECTION

## Memorial Day – Monday May 28

Monday trash will be collected on Tuesday (5/29)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

## Independence Day – Wednesday July 4

Wednesday trash will be collected on Thursday (7/5)

Monday, Tuesday, Thursday and Friday Routes Unchanged

## Labor Day – Monday September 3

Monday trash will be collected on Tuesday (9/4)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

## Veteran's Day Observed – November 12

Monday trash will be collected on Tuesday (11/13)

Tuesday, Wednesday, Thursday and Friday Routes Unchanged

## Thanksgiving – Thursday Nov. 22 & Friday Nov. 23

Thursday trash will be collected on Monday (11/19)

Friday trash will be collected on Tuesday (11/20)



## Hazardous Waste

Since Salem joined the Roanoke Valley Resource Authority in 2016, disposal options for citizens have increased dramatically. We appreciate all of you embracing the changes and taking advantage of these opportunities.

Residents can use the Salem Transfer Station on Indiana St. & the Tinker Creek Transfer Station, located at 1029 Hollins Rd. in Roanoke for brush or items that will not fit into your tote.

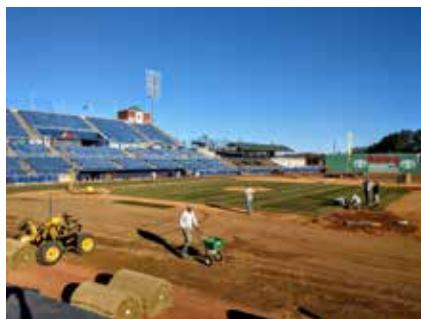
Salem residents are allowed to discard approved materials at these sites a total of 12 times a calendar year at no cost. You can make all of your trips to the Salem station or use both sites, but your total number of trips cannot exceed a dozen. **Restrictions do apply to both the types of materials that can be discarded and the size of the vehicle carrying the items into the transfer station. Check [www.rvra.net](http://www.rvra.net) for a full list.**

Residents also have a number of opportunities for disposing of household hazardous waste. Latex paint, aerosol cans, car batteries, used antifreeze and used motor oil can be dropped-off during normal hours at the Tinker Creek site.



**f** Salem City Schools – Oct 20

Yokohama employees spent part of Friday morning at East Salem Elementary School getting their hands dirty with fifth grade students. The Indiana Street based tire giant donated 1,000 trees to the school and the students planted them this morning. This event was part of Yokohama's "Forever Forest" initiative that began in 2007. The hope is that the trees will benefit surrounding communities, wildlife and the environment by helping to improve air quality through CO2 absorption, improve water quality through minimizing stormwater runoff, reduce noise pollution by creating a natural buffer and encourage more wildlife biodiversity. Today's event was a collaborative effort of the City of Salem's Beautification Department, East Salem Elementary School and Yokohama Tire.



**t** Murray Cook @cookmurray • Nov 28

Excited about our @salemredsox new field. Thanks to @CarolinaGreenCo for making it happen! Go @SalemVA



**f** City of Salem, Virginia Police Dept.

This year the Department has redesigned the Salem Police Challenge Coin. If you are interested in purchasing one for \$10 please contact S.P.O. Hammond by calling 540-375-3083. All proceeds go towards the Salem Police Explorers.



**t** Jon Burger @BurgeratCobb • March 2

Had a chance to tour Summit Helicopters in Salem today looking to help with some new equipment. Capt Moats at the helm!



**f** Salem Farmers Market –Feb 5

Today the Salem Farmers Market says farewell to one of our founding market vendors. Bennie Wertz was a fixture in Salem, many years before the current market space existed. He could be found on Stall #3 every Saturday throughout the year selling plants, produce, and holiday greenery. Bennie will be greatly missed by our market family.



**t** Jermaine Ferrell @JermaineFerrell • Feb 3

It is such an honor to cover the 2nd annual Adam Ward Classic! @WFXRsports

## SALEM CITY COUNCIL



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Effective July 1, 2018

City Council meets on the 2nd and 4th Mondays of every month at 7:30 p.m. in the City Hall council chambers located on the main level of the building – 114 North Broad Street. Check [www.salemva.gov](http://www.salemva.gov) for more.



**Erica Yoon** @ericayoon • Dec 16

@purpleraiders defeat @crufootball 12-0 in NCAA Div III Stagg Bowl football championship @SalemVA Salem Stadium.



**Salem Museum** – Feb 27

Where do Salem Museum visitors come from? Well, in February, they came from Thailand, Canada, and Venezuela. They came from Alabama, Nevada, Pennsylvania, Texas, New York, North Carolina, Tennessee, Maryland, Kentucky, Montana, and from all over Virginia. And they came from the present and the 1700s--LOL! It's been a busy month around here!



**Kelly Cafe** – April 15

Welcome the Roanoke College Women's Tennis Team to our cafe. Have a blast, ladies.



**Ober Brewing Company** – March 31

Craft beer you say!?! Well we have it! Come on out to our Grand Obering today! We'll be here 2-10pm!! #CraftBeer



**H. Alan Seibert** @haseibert • Feb 8

SHS Interact President Sam Kennedy addresses @SalemRotary about community service plans she and other officers have for @SalemSpartans in @SalemVA this Spring with support from Sponsor Laurel Kearns and Rotarians David Mount and Tommy Barber!



**Salem 215** – March 2

The Bibo's Pizzeria - Salem, Va Grand Opening is happening! Stop by and grab some delicious food! #salem215 #salemva #visitvbr #eatlocal

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**Salem City Schools** @SalemVaSchools

Business-minded 7th graders from @ALMS1983 got some real life entrepreneurial experience on Saturday @SalemVaMarket Thanks for supporting these business stars of the future!

## SALEM SCHOOL BOARD



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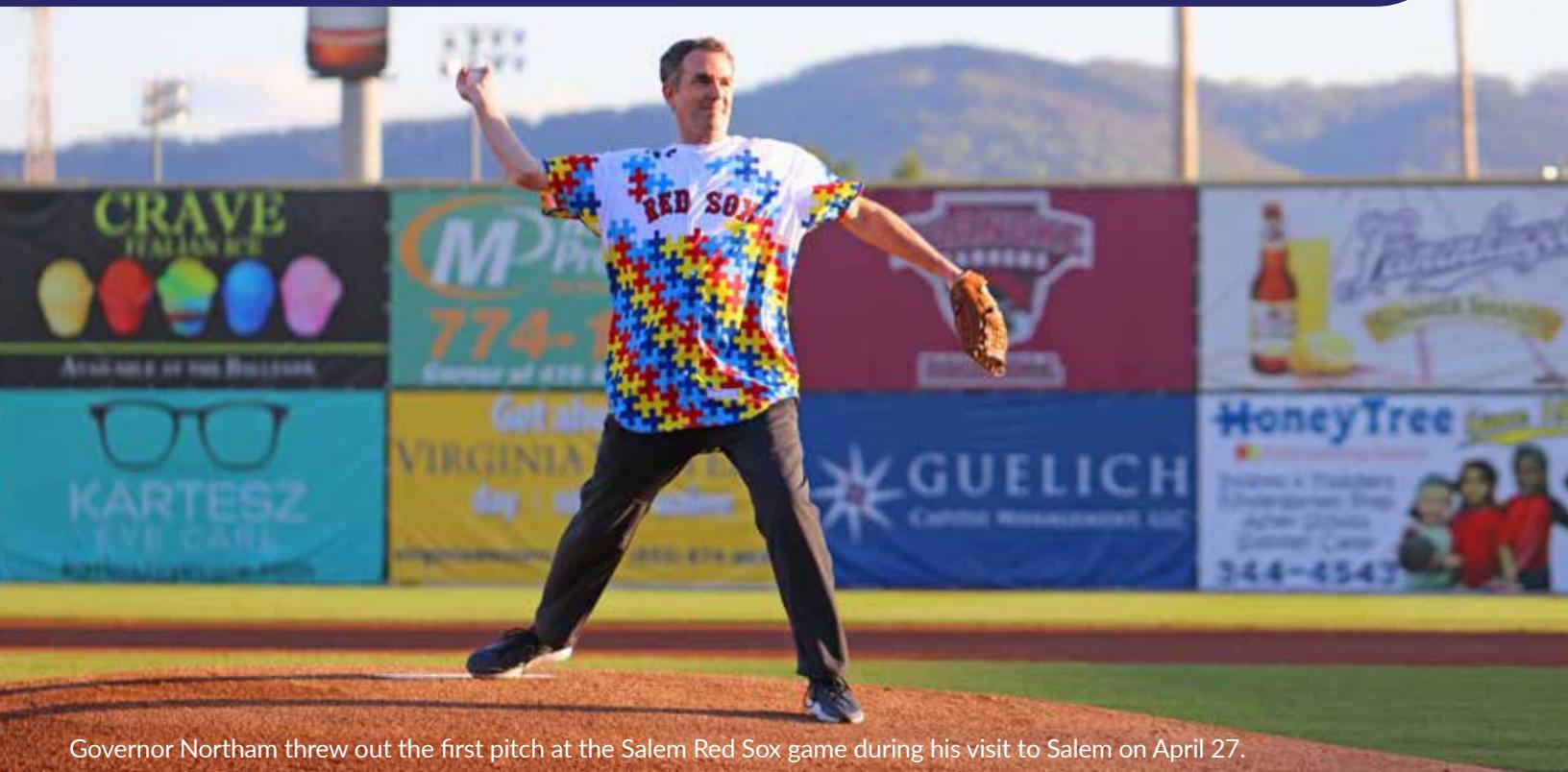


ANDY RAINES  
andyraines@salem.k12va.us

Salem City School Board meets on the 2nd Tuesday night of every month at the division central office at 510 South College Ave. The board may have additional meetings – Check [www.salem.k12.va.us](http://www.salem.k12.va.us) for complete schedule.



# NEWSMAKERS



Governor Northam threw out the first pitch at the Salem Red Sox game during his visit to Salem on April 27.

## Governor Takes Time to Sample Salem

By 4 p.m. on a Friday afternoon, most folks are starting to wind things down for the week, but that was not the case for Governor **Ralph Northam** on the final Friday in April.

His entourage arrived at the Salem Museum just before 4:30 p.m. and for the next three hours he was in non-stop meet-and-greet mode. The Governor got a custom tour at the Salem Museum where he saw the sword owned by former Virginia Governor **William Fleming**, who like Northam also was a surgeon. He also examined the portrait of Salem native **Charles Peter Deyerle**, who was a member of the first graduating class at Virginia Military Institute.

Northam, who graduated from V.M.I. in 1981, said he was impressed with the museum's green roof features and certainly

seemed to enjoy the diverse group of business folks he met as his tour continued on Main Street. Artist **Robin Poteet**, who is responsible for assisting building owners with new facade designs, welcomed him into her studio, as did the owners of the new Kelly Café. The biggest crowd of the afternoon greeted the governor at Olde Salem Brewing Company where patrons and employees had a chance to speak to him.

Northam also made a brief stop at the Salem Farmers Market for the start of the season's first Salem After Five event before stepping on the mound at the Salem Red Sox game. The Governor donned the team's special autism awareness jersey, reared back and calmly threw a perfect strike to punctuate his whirlwind tour of Salem.



Olde Salem Brewing Company Owner Sean Turk offered up some samples to Northam as he toured the downtown area.



Salem Museum Director Fran Ferguson and Asst. Director Alex Burke presented Northam with a City of Salem gift.



## Peace, Love and Salem

The City of Salem unveiled its new LOVE art at Library Square on March 28, but the sign was not there very long. The massive 2500-pound sign that is 7 feet tall and nearly 17 feet long is unique from other LOVE signs around the state in that it is completely mobile.

Already, the sign has “traveled” to Salem Memorial Ballpark, Salem Civic Center, Lake Spring Park and the Salem Farmers Market so residents and visitors can have unique opportunities to take selfies and group photos with the sign.

The sign’s letters are made of steel and the five-foot wide base is aluminum. The peace sign was incorporated into the letter “O”

of the sign because the word Salem is derived from the Hebrew word Shalom, which means Peace, Wholeness, Harmony and Tranquility.

Salem City Employees at the Street Department played a major role in the construction of the sign as they helped with the design, fabrication, welding, grinding and lettering. The talents of workers at B&M Sheet Metal in Roanoke, Sun Solutions in Vinton and R.C. Restorations in Salem also played major roles in developing the final product. In particular, R.C. Restoration donated the labor to paint the structure. This company did the same thing when it clear coated the 9/11 Memorial that is located at Fire Station One.





The Corbin's Confections Crew: (L to R) Renee Compton, Kathy Hodges, Corbin Brown, Wayne Hodges and Shana Brown. Since the bakery opened in October 2016, they estimate that almost half of their customers come from outside the area.

## 81 Traffic is Sweet...

While most people will readily admit they have spent more time cussing than praising Interstate 81, you will have a tough time getting two Downtown Salem businesses to say one negative thing about the four lanes of highway that stretch along the northern edge of the city.

"God blessed us with this location and God bless 81," says **Shana Brown**, Corbin's Confections Owner.

Brown and her family members, who own the unique gluten-free bakery beside the Salem Public Library, say they prayed a lot about where to locate when they came up with the idea for their business. They settled on Salem in October 2016 because the city welcomed them with open arms, but never in their wildest dreams did they think the interstate would drive their business.

"I have people who will tell me that they mapped out their entire family trip just to stop here," says Brown. "People going from New York to Florida or South Carolina to Maine tell us they go out of their way and make it point to stop here both coming and going. They tell us this is the one stop they have to make."

Right now, Corbin's estimates that between 40 and 50 percent of their business comes from folks traveling on Interstate 81 in search of fresh homemade gluten-free products.

"The 'Find Me Gluten Free' app and the 'Spokin' app that is for allergy-sensitive consumers sends us people right off the interstate," she says. "Often they will be 150 miles or more away from Salem when they call us and many times we stay open two or three hours longer to accommodate them. They are almost crying and begging us to be open for them."

The gluten free bakery is completely nut free, as well. Brown's son, Corbin, who is the establishment's namesake and the inspiration for the bakery, suffers from nut allergies and Shana's mom, **Kathy**, has celiac disease.

"Fifteen million people are affected by food allergies, so I am not ever going to be direct competition with any other bakery," she says. "The majority of the people who eat here cannot eat anywhere else and they know we are safe," she says.

Safe and delicious. Although, the feeling from many who are allergy-free is that the products must be devoid of taste.

"I call them the naysayers, and they are the ones I offer a sample to and tell them if they don't like it they don't have to pay for it," she says. "I never have to worry about getting paid because if I can get it in their mouths, I know they will be believers."



These tasty cupcakes are just some of the items Corbin's sells.



Owners of Charlotte's Web Antique Mall, Dave Franklin and Nancy Lough, bring in customers from out of town all year, mainly due to their signage at Exit 140 on Interstate 81 and off of Thompson Memorial Drive. Even Santa Claus made a stop.

## ... And Very Profitable

Less than two blocks down Main Street, Charlotte's Web Antique Mall also is singing the praises of interstate traffic. Owners **Dave Franklin** and **Nancy Lough** estimate that 50 percent of the customers the store attracts are from outside of Salem, and that at least 90 percent of those come right off of 81.

"The attractions sign we have on the Interstate at exit 140 really draws them in," says Franklin. "The customers tell us they see the sign and it is the reason they decided to come into Salem."

Like Corbin's, Charlotte's Web has become a downtown destination for travelers, and once his guests arrive at the cash register, Franklin puts on his best Chamber of Commerce persona.

"You would have no idea how many people I send to restaurants downtown," he says. "They will ask about places to eat and I just start rattling them off as fast as I can. I think I need to negotiate a finder's fee for these new customers they're getting."

The guest registry they keep at the checkout counter is full of unique names, handwriting styles and hometowns. Neighboring states like Tennessee, North Carolina and West Virginia are well represented, along with places like Vermont, Louisiana, Massachusetts, New Jersey and even Argentina.

"The Google thing really helps us, but honestly, the interstate sign is doing the most good for our business," he says. "It is the best money we've ever spent."

Franklin and Lough took over this space in August 2016 and

became one of the first downtown businesses to utilize the city's Façade Grant Program to enhance the outside appearance of the former supermarket.

"We've been very pleased and even Black Dog Salvage in Roanoke sends people our way who are looking for certain things," he says. "We are really starting to see the same people come back as return customers because they had such a good visit in Salem."



Charlotte's Web has become a destination for antique shoppers.



Sheriff April Staton and her fellow constitutional officers were sworn-in at the Salem Courthouse on December 6, 2018. **Back Row:** Juvenile and Domestic Court Judge Leisa K. Ciaffone, Chief Circuit Court Judge Charles N. Dorsey, Circuit Court Judge William Broadhurst and Circuit Court Judge Christopher Clemens. **Front Row:** Commissioner of the Revenue Linda Carroll, Sheriff April Staton, Commonwealth's Attorney Tom Bowers and Treasurer Danielle Crawford.

# Changes at the Courthouse

It has been a busy few months at the Salem Courthouse.

In November of 2017, **April Staton** made history when she became the first female to ever rise to the office of Sheriff in the City of Salem. Staton handily defeated a crowded field of six candidates who were vying for the opportunity to replace retiring Sheriff **Ric Atkins**.

"It was truly an honor to be selected by Salem citizens as the Sheriff of this great city," says Sheriff Staton. "I am five months into my term and the men and women of this office continue to amaze me with their willingness to have positive attitudes along with a true dedication to one another and the mission of our office."

Staton is just the fourth person to hold this office since Salem became a city in 1968. Along with establishing her staff and routines,

she has been working in a construction zone. The Salem City Courthouse has been undergoing its first major renovation since it was built in 1969.

"When the courthouse opened it did not have metal detectors or an x-ray machine at the entrance like we now have," says Sheriff Staton. "The need to make the facility safer basically overcrowded the entrance area and made it too congested. This expansion will make the building safer and allow us to operate and do our jobs more effectively."

Besides helping safety and workflow, the remodel also will fix a faulty gutter system that has leaked water into the foyer for 30 years. The new roofline and expanded entryway have eliminated that problem, as well.



Original Construction in 1979 (Courtesy Salem Museum)



Renovation construction was completed in mid-May.

# Voters Elect SHS Grads to Council

Voters in Salem went to the polls on May 2 and elected two Salem natives and Salem High School Graduates to fill the seats that were up for grabs in this year's election.

**John Saunders**, a lifelong city employee who retired from the Salem Civic Center in 2017, was the top voter getter in a crowded field

of six candidates. The only incumbent in the field, **Randy Foley**, was elected for his fourth term in office and received just 36 fewer votes than Saunders.

Sixteen percent of registered voters in Salem went to the polls for this election, compared

to just 11 percent who voted in 2016. **Renee Turk**, a well-known Salem educator, was a very close third in the race for the two vacant seats. She finished just 79 votes behind Foley.

Saunders will fill the seat that is being vacated by **Jim Chisom**, who answered the call to serve on Council twice since 2015 when two members left office early.

On November 3, 2016, Chisom was named to fulfill the remainder of

the term that belonged to Vice-Mayor **John Givens**, who resigned on October 21 after serving the city for 21 years. Chisom previously

served on Council from December 14, 2015 through June 30, 2016 when he covered the remainder of Councilwoman **Lisa Garst**'s term.

In addition, from 2000 to 2008 he served three terms on the Salem City

School Board working with superintendents **Wayne Tripp** and **Alan Seibert**.



**Saunders**



**Foley**

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School Board working with superintendents **Wayne Tripp** and **Alan Seibert**.



Both the Salem Kiwanis and Rotary Clubs donated money for the new and improved baseball scoreboard installed at historic Kiwanis Field this year.

## Kiwanis Field Ups the Score

The Salem Kiwanis and Salem Rotary Clubs have joined forces to give one of Southwest Virginia's most unique and historic stadiums a brand new scoreboard. Salem's very generous civic organizations donated a combined \$45,158 to cover the cost for the new state-of-the-art board in centerfield.

"We are so fortunate in Salem to have great organizations like this that never hesitate to step-up and help our kids and our overall community," says **John Shaner**, Salem Parks and Recreation Director. "This field still gets a tremendous amount of use and we want players and fans to be proud of it when they visit here."

Salem Municipal Field opened for business in 1932 and since then it has hosted everyone from the Salem Rebels Minor League Baseball team to the United States Olympic Softball team. Currently, the Andrew Lewis Middle and Salem High School baseball teams use the field along with Roanoke College, the American Legion program and the Roanoke Rails Collegiate Wooden Bat League. The field is in play from mid-January through the end of October.



# GOING GREEN

IT'S NOT JUST A COLOR - IT'S A CHOICE.



## WHAT IS MIXED PAPER?

Cereal Boxes, Magazines, Junk Mail, Office Paper, Catalogs, Books and Cardboard

## WHAT ISN'T MIXED PAPER?

Waxed Paper, Pet Food Bags, Food Contaminated Paper Products including Pizza Boxes and Fast Food wrappers, Carbon Paper, Stickers

Community Recycling Containers are located on both the east and west ends of the city. They accept newspaper, plastics, metal and aluminum cans, cardboard and mixed paper.



Indiana Street near the Animal Shelter



Walmart Parking Lot on West Main St.



Behind City Hall on N. Broad Street

## PLASTIC BAGS: RECYCLING ENEMY

We all know that recyclables need to be clean before we drop them in the appropriate bins, but did you know that "clean" means more than being free of food and drink? While most of us wash out our cans and bottles before tossing them in the container, we do not always dump them out of the plastic bags that we use to carry them in to the drop-off center.

Plastic bags are the biggest recycling headache when it comes to keeping the flow of materials clean. They tear, slow down conveyor belts and manage to wrap themselves around the gears of the expensive sorting machines at the recycling centers creating delays and added costs.

Please, do not put plastic bags in our recycling bins. Dump your items into the appropriate bin, then collect your bags and take them to a nearby Walmart, Kroger or Food Lion, where they gladly accept those bags as you enter their stores, and later recycle them.

Green Means Clean and Clean Means NO PLASTIC BAGS!





The Water Department worked quickly to repair main breaks, like this one on North Stonewall Street, that were common during the winter months.

## Pipe Dreams

If you have had enough of the recent weather pattern that often delivers all four seasons in one week, imagine being an employee at the Salem Water Department during the past winter. In December, crews repaired 31 water line breaks and in January, they were summoned to 54 breaks due to the weather.

"The team we have in the department is amazing and they don't hesitate to get out there in the bitter cold to make sure leaks are fixed in order to keep water flowing to our customers," says **Larado Robinson**, Water Department Director. "Fixing a waterline break takes hours and the number of breaks we had this winter season often kept them working in the bitter cold with very little sleep. I cannot say enough about their hard work and the appreciation I have for them."

Robinson says the 85 breaks over that two-month period are the most the department has experienced in over a decade. He says a number of projects are in the works to replace lines that need additional rehabilitation.

"We are developing plans to replace older waterlines throughout Salem," he says. "This summer's key projects will include replacing a waterline along Golf Colony Drive as well as installing a new waterline along Mill Lane to keep water flowing to businesses on Mill Race Drive. Last summer we replaced aging pipe along a portion of East Calhoun Street that was desperately in need of repair."

## Wolverines Celebrate Arbor Day

The City of Salem celebrated Arbor Day a little early this year with students at Andrew Lewis Middle School. Salem Councilwoman **Jane Johnson** joined the Wolverines before the start of their spring break to help them plant trees near the track. Johnson also read the official proclamation giving Salem its Tree City USA designation for the 19th straight year.

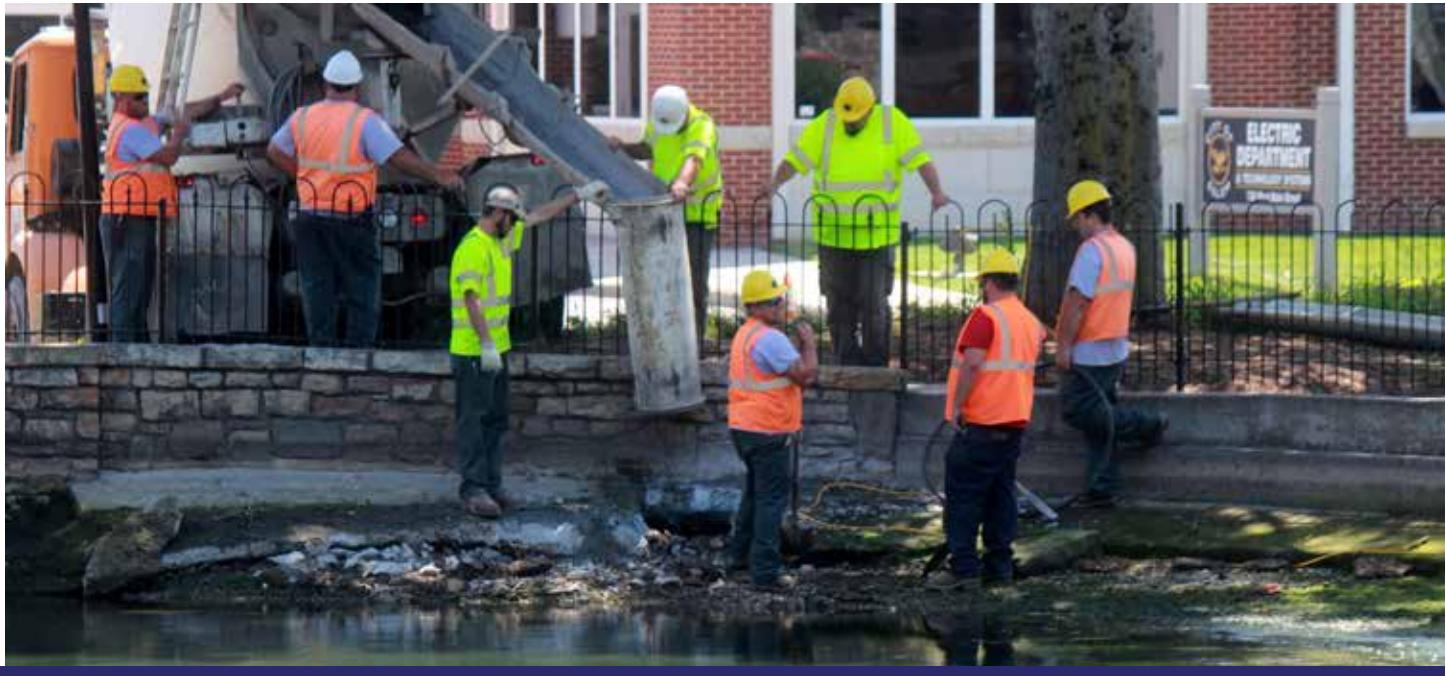
City Horticulturist **Laura Reilly**, ALMS Principal **Jamie Garst** and **Denny McCarthy** from the Virginia Department of Forestry also spoke with the students and assisted them as they planted a dozen fruit trees in the school's new community garden.



Garst, Johnson and Reilly helped ALMS students.



Andrew Lewis Middle School students planted trees behind the school.



Crews fixed a masonry crack at Lake Spring Park that developed close to Main Street and caused the water level to drop.

# The Concrete Jungle

Salem Street Department employees completed an important project earlier this year on Route 419. The much-needed sidewalks that now stretch along Electric Road from Rotary Park all the way to Keagy Road at the top of the Ridgewood Farm Shopping Center are part of a Highway Safety Improvement Program project.

The goal of the work was to provide a safe place for pedestrians to walk, improve the crosswalks at Braeburn Drive and Keagy Road and to connect the Shopping Center, LewisGale, and the surrounding neighborhoods with direct access to the Roanoke River Greenway.

The city's Community Development Office secured approximately \$500,000 in federal and state grant money for the project, but the initial construction bids for the installation were substantially higher than that figure.

The city then turned to its own talented workforce to see if there was a better way to complete the project. Street Department construction crews worked on the project for several months and they were able to complete the job by using nothing other than the grant funds. A move that once again saved taxpayers a significant amount of money.

These same workers also solved another concrete problem at Lake Spring Park. When water levels in the pond closest to Main Street started to drop dramatically just before the summer months in 2017, they discovered that a large masonry crack had developed under the sidewalk at the rim of the cement pond.

Once water levels were low enough, they were able to seal off the water flow, fill the gaping hole and plug the leak.



New sidewalks were built on 419 from Apperson Drive to Keagy Road.



Street Department Assistant Director Todd Sutphin and Crew Supervisor Don Manspile discuss a phase of the 419 project.



Salem Director of Instructional Technology Jennifer Dean escorted AASA's Paul Ezen to Andrew Lewis Middle School.



First year Instructional Technology Teacher Megan Graybill has created an excitement about computer science in Salem.

# An Elementary Secret Code

The Salem City School Division was one of just 25 in the nation to be selected and then studied earlier this year as part of a research program instituted by the American Association of School Administrators. **Paul Ezen**, who works with the successful practices network, spent several days in Salem observing our school children and teachers on all levels.

"Salem was chosen because it is a division that innovates," says **Jennifer Dean**, Director of Instructional Technology and Accountability for Salem

City Schools. "Our visitors were struck by the high level of student engagement that exists in all schools and the way students were co-creating the learning experiences with their teachers."

The report has yet to be published, but rest assured it will focus on Salem's elementary students and the incredible ways they are engaged in computer science projects at such a young age.

The addition of Instructional Technology teacher **Megan Graybill** for the 2017-2018 school year has made it

possible for all of our elementary school students to have Computer Science opportunities. These students have been programming robots, writing code and, even at this young age, developing ideas about careers in these areas.

"Our students are developing engineering mindsets and computational thinking to prepare them for the future," says Dean. "Computer Science is now integrated into the curriculum to support student learning and it is very exciting for all involved."



West Salem Elementary students used these electronic caterpillars to learn basic robot coding in the school library.



West Salem 5th Grade students share some thoughts with Paul Ezen during his visit to the school in February.



## Sign up for the Summer Reading Program! June 4-August 31 - Ages 0-18

### STORYTIME SCHEDULE June 12-August 2

**Bouncy Baby Time (infants & crawling toddlers):**  
Tuesdays @ 9:30 am

**Toddler Time (walking toddlers & 2 year olds):**  
Wednesdays @ 9:30 & 10:30 am  
» No storytime July 4th «

**Story Explorers (ages 0-5 + older siblings):**  
Thursdays @ 10:30 pm

### **CHILDREN'S EVENTS**

#### **Ages infant - 10 (unless otherwise noted)**

**Lego Challenge & PokéMon Club: Ages 6-12 only**  
Tuesday, June 12 @ 3:30 pm  
Tuesday, July 10 @ 3:30 pm

**Barks & Books (registration required): Ages 6-12 only**  
Wednesday, June 20, 3:30-4:30 pm  
Wednesday, July 18, 3:30-4:30 pm

**Mill Mountain Theatre: "Frog & Toad"**  
Friday, June 29 @ 10 am

**Mini Storytime with a miniature therapy horse!**  
Thursday, July 5 @ 10:30 am

**Girls Rock Roanoke: Hand Drumming Workshop (registration required):**  
Learn how to hand drum from local rockstars!  
\* Registration begins July 2 \* Ages 8-11 only \*  
Saturday, July 7 @ 11 am

**Sheriff Storytime with the Salem Sheriff's Department**  
Thursday, July 12 @ 10:30 am

**Super Storytime: Come as your favorite super hero!**  
Friday, July 20 @ 6:30 pm

**Hold Your Horses Storytime: Presented by Healing Strides of VA, featuring a special four-legged friend!**  
Thursday, July 26 @ 10:30 am

**Art on the Lawn: Get artsy and creative with us!**  
Saturday, August 4, 10-11:30 am

### **TEEN EVENTS** **Ages 11-18 (registration required)**

**Teen Tech: LEGO Mindstorm (call to register!)**  
Monday, June 18, 6:30-8 pm  
Monday, July 16, 6:30-8pm

**Bowling at Lee-Hi Lanes (call to register!)**  
Meet at Lee-Hi Bowling Alley & bowl three games on us!  
Friday, June 22, 1:30-3:30 pm

**Electronic Summer Camp (call to register!)**  
Make circuits & other electronic devices with David Sproles  
Monday-Thursday, June 25-28, 2-4:30 pm

**High Noon Book Club (call to register!)**  
We will discuss books & eat pizza  
Wednesdays @ 12pm  
June 27, July 11, July 25

**Girls Rock Roanoke: Hand Drumming Workshop**  
Learn how to hand drum from local rock stars!  
\* Call to register! Registration begins July 2 \*  
\* Ages 12-16 \*  
Saturday, July 7 @ 12:30pm

**Make Your Own Dinosaur Egg (call to register!)**  
Thursday, July 12 @ 2pm

**Teen Amazing Race (call to register!)**  
Friday, July 13, 5-7pm.

**Thunder Valley (call to register!)**  
Meet at Thunder Valley to race, play laser tag, & golf!  
Thursday, July 19, 1:30-3:30pm

**Teen Mystery Night with Step Into Mystery (call to register!)**  
Friday, July 27, 6-8pm

### **FAMILY AND MULTI-AGE EVENTS**

**Library on the Lawn: Games, crafts, & stories**  
Every Saturday in May & June, 10 am - 12 pm

**Dessert Truck Rodeo: Live music, activities, & free samples!**  
Friday, June 15, 5-7 pm

**Little Critters Petting Zoo: Drop in & pet some furry friends.**  
Friday, June 22, 10 am-12 pm

**Charlie Hope Concert & Children's Garden Ribbon Cutting:**  
Check out our new Children's Garden &  
listen to an award-winning musician!  
Thursday, June 28 @ 5:00 pm

**Metal Detecting 101 (registration required)**  
Presented by Mr. Ed Francisco of the Roanoke Valley  
Coin & Relic Club. Open to adults & kids ages 10+  
Saturday, June 9, 9 am-12 pm

**Rock Painting with Salem VA Rocks!**  
Beautify your yard with a painted rock!  
Open to the whole family.  
Saturday, June 23, 10 am-12 pm

### **ADULT EVENTS:**

**Adult Mystery Night: Game of Thrones (registration required)**  
presented by "Step into Mystery"  
Friday, June 29 @ 6 pm





Photo Courtesy  
Roanoke College

# 40 Years of Championship Friendships

Roanoke College's annual Alumni Weekend festivities this spring featured an historic gathering for one group of very tight knit graduates. The members of the 1978 Maroons lacrosse team gathered on campus to do more than just swap stories from the old days.

This particular team played in the glory days. Forty years ago, these players won a national championship for the college by defeating Hobart 14-13. Despite the decades of successful teams and players who have succeeded them, these are still the only players in Roanoke College history to win a national title in lacrosse.

Amazingly, the more than 40 players who were part of that



historic team are still alive, including the man who scored the game winning goal, Broad Street resident, **Bob Rotanz**.

Rotanz, his restaurant partner and teammate, **Joe Dishaw**, and Roanoke College Athletic Director, **Scott Allison**, were all on-hand for the weekend, along with another Salem icon, Salem Times Sports Editor, **Brian Hoffman**.

Hoffman covered the national championship game as a young reporter for the Times back in 1978 and this April, he emceed the reunion banquet at the Cregger Center. It was a well-deserved reunion for a team of colorful characters whose playing careers were documented in black and white.

# ALMS Teacher Awarded Nat Geo Fellowship

**Judith Painter**, an eighth grade geography teacher at Andrew Lewis Middle School, has been selected as one of this year's Lindblad Expeditions and National Geographic Grosvenor Teacher Fellows in recognition of her commitment to geographic education. In December 2018, she will travel to Antarctica.

She is one of just 40 highly respected educators from the United States and Canada chosen to embark on a global expedition for a hands-on experience to enhance professional development.

"When I found out I was chosen for an expedition to Antarctica, I was floored and in a state of simultaneous shock and elation," says Painter. "Immediately, my thoughts jumped from what I was going to see and do and then to how would I bring my passion in this experience to my classroom and to my colleagues. I am extremely honored that National Geographic and Lindblad Expeditions selected me to be part of this program."

This year marks the 12th year of the Grosvenor Teacher Fellow Program, established to honor former National Geographic Society Chairman Gilbert M. Grosvenor's lifetime commitment to education.

Later this year, the 2018 Fellows will begin their 10-to-17-day expeditions to locations including the Canadian High Arctic, Antarctica, Southeast Alaska, Arctic Svalbard, Norway, Iceland,

Greenland and the Galápagos Islands. Accompanied by Lindblad National Geographic expedition experts, ranging from undersea specialists to National Geographic photographers, the Fellows will experience landscapes, cultures and wildlife unique to their regions.



Painter's students took part in a service project by doing a 2-mile "Water Walk" to show support for Durato Dela School in Bensa, Ethiopia that has 2,000 students, one bathroom, no running water and students carry water to school each day.



# OUR SCHOOLS



## The Nick of Time

Sonnya Preston uses her personal life experiences to enrich all of her students.

By Mike Stevens



Preston was congratulated by the Salem School Board and Salem Educational Foundation President Tommy McDonald.

**T**he Salem School Division Teacher of the Year for 2018 has influenced students in detention centers, jails and college classrooms during her career, but she garners Salem's top teacher honor for the tremendous work she does with middle school students at Andrew Lewis.

"I cried like a baby when I got this news," says Sonnya Preston, Andrew Lewis Business and Information Technology teacher. "I have constantly had to battle the generational poverty mindset in my life and to now be able to combat that with this amazing honor is huge for me, my family and my students."

Preston grew up in Roanoke and attended Virginia Heights Elementary and Woodrow Wilson Middle before graduating from Patrick Henry High School. During her formative years, teachers at each level of her education provided her with encouragement and inspiration.

"Education saved my life," says Preston. "I spent my middle school years on Harrison Avenue and around that time, drugs were starting to make their way into our community. Right before my very own eyes, I watched our family-oriented neighborhood transform into a jungle. I watched some of my friends go to jail and some of them even died, and the only way that I knew to escape this was through education."

Preston says the theme for her life has been "in the nick of time." Whenever she was ready to give up, take a shortcut or make a wrong turn, an educator was always in the right place at the right time to keep her on the correct path.

"Now, it's my turn to be a beacon of hope to kids who feel lost," she says. "Overall, the students respect me because I am very real with them. I try to bring experiences to the classroom that are applicable in

the real world, and for some reason my realness has turned into them considering me the cool teacher."

Preston is skilled in both Windows and Apple-based systems, as well as coding. Her students in grades sixth through eighth have opportunities to master everything from video production to the suite of Adobe design programs. This year, they are learning what it takes to own and operate their own businesses.

"When I was a little girl I always dreamed of owning my own business," says Preston. "Sarah Gerroll and I teach this super business class called Biz Tech where technology systems and major business come together and the students are called Biz Kids."

"We are incredibly fortunate to have Sonnya as part of our family at Andrew Lewis Middle," says Principal Jamie Garst. "Her love and passion for teaching children are evident on a daily basis. Whether collaborating with a teacher or working one-on-one with a student, Sonnya has a tremendous amount of grit and determination to help kids succeed."

If Harrison Avenue did not infuse her with that grit and determination, those traits certainly took hold while she was working with a variety of learners in a detention center, an in-school suspension program and at an at-risk school in South Carolina.

"At the detention center we had a zero tolerance policy and I picked up strategies there concerning discipline that are applicable everywhere," she says. "In South Carolina, I taught in a building that was surrounded by Jesse Jackson townhomes. School let out at 2:30 p.m. and I was still in the classroom with them at 5 p.m. because school was their safe haven. Those kids just wanted someone to love them."

Preston has three school-age children of her own, so she truly understands children wanting



**“ Overall, the students respect me because I am very real with them. I try to bring experiences to the classroom that are applicable in the real world, and for some reason my realness has turned into them considering me the cool teacher.**

# Salem Salutes All Teachers of the Year



## Lisa Valentine Kindergarten Teacher | G.W. Carver Elementary

Mrs. Valentine is currently in her 24th year of teaching. She arrived in Salem from Montgomery County in 2006 to work as an instructional assistant in the special education preschool at East Salem. She later moved to Carver to teach 2nd grade and is now teaching in Kindergarten. She says this is her favorite grade level because children experience so much growth and change at this particular time. She earned both her Bachelor's and Master's degrees from Virginia Tech and she is a National Board Certified Teacher. She and her husband, Daniel, have three children.

"Some of the most encouraging people I've known were teachers or mentors who found value in me and who saw potential," says Valentine. "I became a teacher in hopes of paying this forward to others."



## Marcus Crowder Third Grade Teacher | East Salem Elementary

Mr. Crowder currently teaches third graders at East Salem Elementary, where his peers refer to him as a calming force and the ultimate team player. After earning his Bachelor's and Master's from James Madison University, he returned to his Augusta County roots and began a successful teaching career at Stuarts Draft Elementary. He taught second grade and in his first year on staff, he was named the school's teacher of the year. Among his many accomplishments at East is this year's establishment of the East Salem Watch Dog Program, which is an innovative father-involvement program to provide positive male role models in an educational setting.

Crowder is married to South Salem Teacher, Katie Crowder and they have a daughter who will be one this July. Both of his parents were educators.



## Jeff Shupe Culinary Arts Teacher | Salem High School

Chef Shupe is in charge of the Culinary Arts Program at Salem High School teaching Exploring Foods, Gourmet Cuisine, and a dual-enrolled Culinary Essentials class. In addition to his class load, the 1980 Salem High School graduate oversees a Family and Consumer Science internship program and works with his students to cater numerous school and community events. He has extensive experience in the food preparation and restaurant businesses ranging from the Omelet Shoppe to Roanoke College, and he relates the lessons learned through these real life experiences to his students. In 2009, he was named Patrick Henry High School's Teacher of the Year.

Chef Shupe and his wife, Wendy, who is also a teacher with the City of Salem Schools, have nine children between the two of them. Most recently, they adopted three beautiful children from Bulgaria.



## Samantha Schaffer Fourth Grade Teacher | South Salem Elementary

Mrs. Schaffer has been teaching fourth grade at South Salem Elementary since 2011. After graduating from Saelm High School in 2003 and earning her Bachelor's degree from Radford University, she returned home and worked as a Special Education paraprofessional at West Salem Elementary and a Title 1 paraprofessional at G.W. Carver Elementary. Her focus is on the individual needs of each child and she personalizes her planning, instruction, and even her classroom itself to serve each child's heart and mind. She is also a strong peer leader and someone administrators count on for piloting and supporting new initiatives, chairing committees and leading Professional Learning Communities. "She has answered the call to teach, reaching far beyond the walls of the classroom fostering a family atmosphere for our students, school and community," says South Salem Principal Margaret Humphrey.



## Marty DeBord Speech & Language Pathologist | West Salem Elementary

Mrs. DeBord is now in her 17th year in the Salem School Division and throughout her teaching career she has, not only put an emphasis on academics, but also on teaching students about kindness, their importance and helping each to understand they are so capable. She wants each child to feel like he or she is special, has worth, and has been created for a purpose of doing something great in life. Ironically, she fell in love with working with young people while doing an internship at East Salem as a college student and now she is in her 21st year as a speech pathologist.

Mrs. DeBord received both her undergraduate and graduate degrees from Radford University and she has extensive experience in both the public and private sectors in the Roanoke Valley. She and her husband have two children in the Salem School Division.



Preston was joined by her family, including three school-age children, during the Teacher of the Year recognition.

to belong and feel comfortable. She admits that during her middle school days that she was the quiet kid in the back of the room who did not have the confidence to ask a question.

"Because of that, I am trying to instill some self-esteem in these kids," she says. "What we are doing is practical and career-oriented. It is very rewarding to see these students take to project-based learning and pick up skills that can be applied in the real world."

Preston earned both her Bachelor's and Master's degrees from Virginia State University and she has completed all of the course work needed to secure her Doctorate of Instructional Technology with a minor in Educational Leadership. Before coming to Salem in 2005, she taught in Roanoke City and Greenville, South Carolina and was an adjunct faculty member at National Business College.

"Sonny has the unique ability to reach even the most difficult children," says Hunter Routt, Andrew Lewis Assistant Principal. "Her unique background and knowledge of children serve her well. She is a master of creating a loving and nurturing environment, while still holding her kids accountable and helping them become more-responsible citizens."

"I have a lot of students who email to me tell me that something I did or said helped them years later, and that's where my excitement comes from in this job," says Preston. "It encourages me to continue, in fact I still have relationships with students I used to teach at the jail and it is very fulfilling to see them get their lives on track, as well."

In addition to the students she has influenced, Preston handles publicity and outreach for her home church, Maple Street Baptist in Roanoke and she serves as mentor for young girls in need of positive role models.

"When I was teaching at the jail, I met a lady who owned her own mentoring business called 'Gift of Hope' and in 2002 she asked me to assist some girls who were wards of the state," she says. "To this day, I connect with one of those girls every week and she still calls me Mom because she has no one else."

You might say that young lady found Sonny right in the nick of time.

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**W**hen school dismisses for the summer this June, the final bell will also signal the end of an era at South Salem Elementary School. **Margaret Humphrey**, the diminutive principal, who has often been a larger than life figure for her staff and students, is retiring after 46 years as an educator.

In 1972, fresh out of what was then Radford College, Humphrey took her first teaching job in Winfield, West Virginia instructing third graders. Two years later, she was back in the valley teaching in the Roanoke County School Division at Penn Forest Elementary. It was not until 1977 that the Salem native found her way back home after transferring to South Salem to teach Language Arts.

She was one of the first teachers who eagerly accepted the invitation to teach when Salem City formed its own school division in 1983 and by 2000, she had moved into administration at Andrew Lewis Middle School, succeeding Alan Seibert as an assistant principal. Six years later, she once again followed Seibert's footsteps and assumed the principal's job at South on September 13, 2006.

Humphrey leaves at the end of June as one of the most respected educators in division history.

# Margaret Humphrey Queen of the South

**When you think back to the beginning, what inspired you to become an educator?**



Humphrey knew at a young age that she wanted to be a teacher.

After starting first grade at Academy Street, I knew immediately I wanted to be a teacher just like my first grade teacher, Mrs. Benjamin Chapman. Mrs. Chapman had long black hair that she always wore up in a bun. I even wanted my hair to look like hers. My mother was Mrs. Chapman's hairdresser, so I got to see her after school hours, too. I would take all of my dolls, line them up, and I would teach just as I had heard Mrs. Chapman teach. I never looked back - I knew I was going to be a teacher from the first day of first grade.

**What does it mean to you, personally, to know that you are a founding member of the Salem School Division?**

I am Salem Born and Salem Bred, and I am so proud to have started out with Salem as soon as it became a school system. One of my classmates, Steve Mullins, was on the committee who decided we were going to separate from Roanoke County, and I was so proud of him for being in that group, as well.

**What do you remember from those early years when many people expected Salem to fail? Was it a leap of faith for you and others to leave the security of Roanoke County?**

I was teaching fifth grade at South Salem when Salem decided to form its own school division. I was so excited, and I knew immediately I wanted to be in Salem. Many of my co-workers at South Salem laughed at me and said there was no way Salem could develop as good a school system as Roanoke County. Fellow fifth grade teachers thought I was crazy for considering taking a leap of faith and going with Salem, but they ended up coming on board too.

**You have played so many critical roles in the shaping of the division and the many successes it has enjoyed over the years. Are there some favorite moments?**

I think every year I have been with the Salem School System has been special to me. I started out at South Salem as a teacher. In 1989, I became the Language Arts Coordinator for the Division and also taught at ALMS. I went through two renovations at ALMS. During the second one, there was a big controversy whether to renovate or build a new building. I was a graduate of Andrew Lewis, but I really favored a new school. However, once the renovation was done, I was thoroughly in love with the building. I still love to drive by and see how well it turned out.

Another favorite memory will always be building a new school while working in one at the old South Salem. What an experience!

Assistant Principal Laura James and I worked as a real team to decide how we were going to make everything work when they took down the kindergarten part of the building the summer before they started construction. We had to move people around because we had a much smaller space to deal with, but the faculty and staff during that time were truly amazing, as well as the students and parents.

We didn't miss a beat as a whole new school went up behind us. Assistant Superintendent Mike Bryant was at South Salem each and every day to check on us and make sure things were going well. We



School renovation and new construction projects have been a big part of Humphrey's career both at Andrew Lewis Middle School and South Salem.

did not have a playground, so Mr. Bryant arranged for students to go to the park in front of Salem High School and Moyer Park. A bus would come to the school to pick up a group to take to the park for 15 - 20 minutes. So, all day long the bus would travel back and forth between the parks and South Salem.

They started tearing down the old South Salem the day after school closed and the building was not ready for us to move into until the one teacher work week before students were to start. Amazingly, the staff had the building ready for the start of school. The South

Salem Staff is amazing in how they truly all pull together as a family to get things done. Now, we are all extremely proud of the beautiful school that we have!

Also, I thoroughly love working with the children of students that I once taught. So rewarding!

**In your four decades in education, do you think that kids have changed, or is it the parents and the expectations that have changed?**

I think everything has changed especially with technology, and the way students can communicate with each other without adults having any knowledge or control. It used to be when a student was at home with his family, he or she was protected from outside sources. Now, parents do not have control of the communication of their children with anyone in the world. Students tend to be much braver about saying mean things online, and so much drama comes to school from what goes on via the internet.



The old and uniquely round South Salem School was torn down in 2013 to make way for a brand new school. Humphrey played a major role in the new design.



**“ I loved being at ALMS... It was weird when I walked the halls as a teacher instead of a student, and I thoroughly enjoyed my years there. Middle school students are tough to teach and a person really has to love that age group, which I did.**

**Most people consider you the “Queen of The South” yet, you also made your mark at Andrew Lewis. What was it like to walk the same halls you walked as a high school student and cheerleader?**

I loved being at ALMS. When I was a student there, Dr. Hunt was the principal. The students most definitely respected Dr. Hunt and, honestly, we were scared to death of him! So, it was especially intimidating to me when he became Superintendent. It was weird when I walked the halls as a teacher instead of a student, and I thoroughly enjoyed my years there. Middle school students are tough to teach and a person really has to love that age group, which I did.

**You are known as a hugger, but also a disciplinarian. How have you been able to blend the two and still let kids know they are always loved?**

I think the first thing I want my students to know is that I truly do love them. When I was at the middle school, I began to realize many of those students had never heard anyone say they loved them. So, I do like to hug my students and tell them I love them at any opportunity that

I can. I do expect the students to respect me, too, though. With my elementary students, when I need to be firm with them, I always let them know I love them - I just do not like their actions at that time. I have found how important it is for me to get down to a student's level so I can see him or her eye to eye. When I do that, it is much easier for me to find out what happened or what the student is thinking. I also give them a chance to tell me the truth before I have to use my “teacher voice”, which they do not like. I have also found that each child is different, and I have to handle each discipline referral accordingly.

I can honestly say I have never met a child I did not like. Some people do not believe this, but it is true. When a child has problems, I have discovered that usually something is going on at home. When I was at the middle school, I discovered that finding out as much as possible about the student helped me figure out the best way to help children.

**You have a black belt and you work out religiously. How has the discipline you must have for these types of activities helped you to be a better educator?**



Humphrey is considered one of the “Founding Members” of the Salem School Division. In 1983, she was one of the first to leave Roanoke County and begin her 35 years of service to Salem’s children as a teacher and an administrator.

I have always believed in physical fitness. When I taught at South Salem in the early 1980s, Pat Beach was the PE teacher, and she sponsored a "Five-Mile Club". So, each day the other fifth grade teachers and I would go out with the students to do several laps. Working out certainly helps my stress level, and I think it helps me face each day with a more positive attitude.

**Saying so long to something that has been such a huge part of your life can be tough, but I am sure you feel like you are leaving the students and teachers in very good hands.**

Laura James and I have become a real team at South, and it has been wonderful to share these years with a person who has the same vision for our school. We make all decisions and plans together. We even do our final evaluations for all staff together. We both work on the evaluations and we have become so much a team that when we give the evaluation, we are not even sure who wrote what.

**Other than spoiling your grandchildren, what is next in life?**

I do plan to spend more time with my family and friends. I also will be traveling. I never want to stop learning. I would love to become fluent in another language. Exercise will still be an important part of my day, and I would not mind finding another job of some sort! 



Laura James and Humphrey worked side-by-side at South Salem for 12 years. James is set to take over as principal.



# Changes at South



**Laura James** will take over for her mentor on July 1 in what should be a seamless transition at South Salem.



**James**

"I have learned so many valuable lessons working under Margaret Humphrey," says James. "I am humbled to be next in the long line of outstanding administrators at this great school, and those lessons learned will be applied daily."

Before arriving in Salem 12 years ago, James served as an assistant principal and teacher in the Hanover County School Division in Ashland. The West Chester, Pennsylvania native obtained her Bachelor's degree in Psychology and Elementary Education from Randolph-Macon College and she earned her Master's in Education degree from the University of Virginia in Administration and Supervision.

Her father was a teacher, coach, elementary principal and high school principal for 39 years. Her mother was an educational administrative assistant for three decades and her mother-in-law taught elementary education for over 35 years.

"Mrs. Humphrey has taught me how to be a strong leader, and also demonstrated what it takes to be a remarkable mother, a devoted wife, and a true friend," says James. "I am truly honored to carry on the traditions she has established at South Salem."

James and her husband, Dr. Jay James, have three children, ages 6, 8 & 10.

**Christina Rose** will make her debut as an administrator at South Salem on July 1, as well.

Rose joined Salem in 2015 after spending 10 years in Northern Virginia. She taught at Vienna's Wolftrap Elementary in Fairfax County for five years and was a school counselor at Rolling Ridge Elementary in Sterling for another five years. She began working at West Salem Elementary as a school counselor three years ago.



**Rose**

"I felt blessed to become a part of Salem and my time at West Salem has been a great experience," says Rose. "It has been an honor to work with the children and parents there, and I have benefited greatly from the experiences I have shared with my fellow staff members. While it isn't easy to leave my West family, I am ready to take the next step in my career, and I know that I'm surrounded by their love and support."

Rose, a Pittsburgh native, graduated from Penn State with a Bachelor's degree in Education. She earned her Master's in Counselor Education from Virginia Tech and successfully completed the certificate program in Educational Leadership and Administration at George Washington.

"I am thrilled to be joining the South Salem community," says Rose. "I am excited to meet and serve the children, families, and staff members at South, and I know that I will continue to grow professionally and personally working alongside Mrs. James."

Rose and her husband reside in Roanoke.



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## 2018 EVENT CALENDAR

### JUNE

4	Senior Center Bluegrass	Senior Center
8	Bluegrass Pickin' in the Park	Longwood Park
9	Relay for Life	Longwood Park
14	Salem High School Graduation	Salem Civic Center
15	Movies at Longwood - Moana	Longwood Park
22	Salem After Five - Uptown	Farmers Market
22	Jamey Johnson in Concert	Salem Civic Center
23	Parkway Downtown	Salem Library

### JULY

2	Senior Center Bluegrass	Senior Center
3-15	31st Annual Salem Fair	Salem Civic Center
9	Senior Center Bluegrass	Senior Center
13	Movies at Longwood - Wonder	Longwood Park
20	Salem After Five - Band of Oz	Farmers Market
21	Jazz in July	Longwood Park
21-22	Salem Gun & Knife Traders Show	Salem Civic Center
30	Summer Music Games	Salem Stadium

### AUGUST

1-5	Mountain Valley Cluster Dog Show	Salem Civic Center
6	Senior Center Bluegrass	Senior Center
10	Salem After Five - Fuzzy Logic	Farmers Market
11	Salem Distance Run	Downtown Salem
17	Movies at Longwood - Coco	Longwood Park
18	Rodney Carrington	Salem Civic Center
25	Parkway Downtown	Salem Library

### SEPTEMBER

8	Olde Salem Days	Downtown Salem
10	Senior Center Bluegrass	Senior Center

### OCTOBER

1	Senior Center Bluegrass	Senior Center
13	Salem Half Marathon	Downtown Salem
13-14	Salem Gun & Knife Traders Show	Salem Civic Center
27	Pumpkinfest	Farmers Market

### NOVEMBER

5	Senior Center Bluegrass	Senior Center
10	Parkway Downtown	Salem Library
10	CIAA Football Championship	Salem Stadium
23-25	Roanoke Gem Show	Salem Civic Center



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# COMMUNITY



Courtesy Robertson Family

# MAIN STREET

BY MIKE STEVENS



The new name for the West Salem Body Shop is The Salem Motor Lofts. In 1924, Posey Robertson built the original structure, and called it The New Central Motor Company. Cochran and Walker hope the new name for the \$2.9 million renovation will honor the creator of the building and let folks know that their commitment to be central figures in the revitalization of Downtown Salem is genuine.

When Salem City Council unanimously approved the sale of the West Salem Body Shop to Ed Walker and Brent Cochran on April 24, 2017, the true transformation of Downtown Salem was set into motion.

The historic 14,000 square foot building had been gathering dust for decades before the city was able to acquire the property in a real estate swap. The two-story structure had become a symbol of the lingering recession until the two well-known, but humble developers submitted the



Walker



# RESTORATION

winning proposal for the property.

Walker and Cochran paid the city \$160,000 and promised to create at least 10 residential units and some commercial space in the one-time automobile dealership. They came into Salem with an impressive track record for turning blighted and neglected buildings into historically significant renovations.

They built the majority of their resume' in Roanoke, so Walker and Cochran took the time to listen to Salem's citizens and

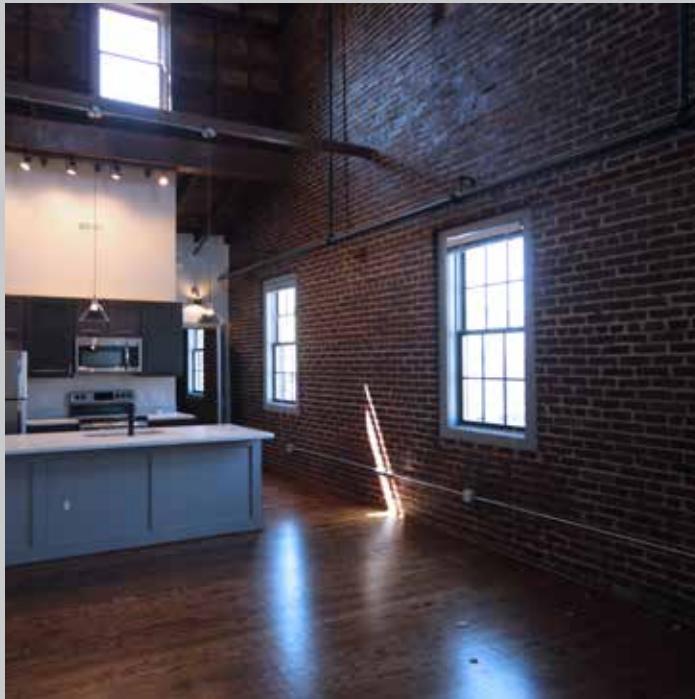


Cochran

earn the trust of their fellow downtown business owners before they began construction.

In just over a year, their "under-promise and over-deliver" way of doing business has resulted in 18 brand new living spaces and 2 restaurants opening in the building this summer.

"It has been a tremendous pleasure to work with Ed and Brent during this entire process, and I am truly amazed by the transformation of this historic building," says Kevin Boggess, Salem City Manager. "Salem is fortunate to have them become integral parts of our community and our revitalization efforts in the city. I can't wait for citizens to see the renovations and how this fits into the downtown plan."



## BRICK HOUSE

The original brick in the 14,000 square foot building was cleaned and preserved both inside-and-out. In addition, the original first floor windows were refurbished, the 94-year-old concrete floors in the restaurant spaces have been rehabbed and an original garage door that faces Main Street remains and will play a major role in the operation of that restaurant.

## LUMBERJACKS

The original lumber in the building remains in place. In order to keep timber and beams exposed, the roof of the building was insulated on top of the roof deck. The pine floors were completely refinished and the thick wooden treads on the primary staircase are made of reclaimed wood from the old Valleydale plant.



## THE TIN MAN

The original tin, which was a trademark of construction in that period, remains in the front of the building's ground floor. They also were able to preserve the tin wall coverings that surrounded the old car elevator in the center of the building. All of this tin was carefully removed, repainted and then repositioned on the walls.

## HOMEGROWN HELP

Historic renovations are usually extremely expensive, time-consuming and they often require a certain skilled laborer who possesses an abundance of patience. The total renovation of this property was completed in just a year by using 18 subcontractors, including McGrady Lambert Electrical and 5 other Salem businesses.

# COMING ATTRACTIONS



# Building Timeline

1930

Theater opened

1931

## Hosted students After Broad St. School Fire

1953

Wide Screen Cinemascope  
projectors installed

1969

## Screening of X-Rated "Forbidden Flesh" Led to two arrests

1975

When it closed, its name  
was the Towne Theatre

1976

1970  
Converted to Office Space

2018

2010  
Renovated to Restaurant  
and Boutique Hotel

The Body Shop is not the only retro-structure on Main Street that is presently getting a major overhaul. The historic Salem Theatre building, located on the corner of East Main Street and College Avenue, is now undergoing a major transformation both inside and out.

Roanoke College graduate and Roanoke restaurant magnate, Roger Neel, purchased the nearly 90-year-old building in September of 2017 and immediately began planning for repurposing the 18,000 square foot landmark.

The entrepreneur of some of the valley's favorites eateries like Frankie Rowland's, 419 West, Corned Beef and Company and Billy's plans to turn the lower level of the building into restaurant space with the main entrance facing College Avenue. The top floor will become a boutique hotel, a much-needed addition to the downtown corridor.

"To have an experienced investor and, especially one with Roanoke College roots, come into downtown with this type of commitment is tremendous for the city," says Kevin Boggess, Salem City Manager. "Roger's track record is incredible and I have no doubt that his vision will transform that corner."

Perhaps no one is more excited to see this type of radical renovation than Salem's longest serving Council member, Jane Johnson. Her R. M. Johnson and Sons retail establishment will be right next door to the establishment.

"I am so thankful that Roger saw great potential in the old theatre building," says Johnson. "His bringing the combination of a lovely place to stay and dine to South College Avenue will be transformative to our business community. This creates a destination that will be a real attention-getter."



One of the original Salem Theater attraction signs is on display just inside the door at the Charlotte's Web Antique Market.

# IN DOWNTOWN SALEM

Residents will notice the first big Downtown construction work on College Avenue starting in early September. This project, which is being funded through a matching grant with VDOT, will feature wholesale improvements from Clay Street to Burwell Street.

All of the current concrete sidewalks are be replaced with brand new pavers that will be set in a pattern design that resembles Salem's historic sidewalks of the 1940s. The sidewalk layout will also feature extended outdoor dining areas in certain places. In addition, new light post lanterns and landscaping will line the corridor and the crosswalks also will feature the new pavers.

This portion of the Main Street makeover is expected to take about six months to complete from start to finish. During this time, you will still have access to your favorite restaurants and businesses.



New paver bricks will be used to simulate the original pattern on the sidewalks of the 1940's in Downtown Salem.

## NOW SHOWING: DOWNTOWN SIGNS • NEW TRASH CANS • RENOVATIONS





**“ I had great role models, including my grandfather, who really taught me what it meant to help others in need. I am thankful that this just comes naturally to me, and I really believe that if I see something wrong and fail to take action then I’m not doing my job.**

“I am very grateful that they think I am worthy of this award, but I just happened to be in the right place at the right time,” says Keen. “I know for a fact, that every single one of the people I work with would have done the same things that I did.”

His selection is even more impressive when you consider that Keen has been employed at the Salem Police Department for less than two years. During his short time on the job, he has earned the respect of his co-workers in the field with his words and deeds.

“I cannot imagine another officer being more deserving of this award than Cody,” says Mike Crawley, Salem Police Chief. “Since joining the department in May of 2016, he has been a positive influence on each person he’s come in contact with in his daily work. We are proud that he represents our department in such a dignified manner.”

Last July, he and his wife were traveling near Valley View Mall when they encountered a car full of smoke sitting in the roadway. Keen was off-duty at the time, and after approaching the vehicle he realized the doors and the windows would not open and that a female driver was trapped inside.

“For whatever reason a car jack was laying on the side of the road and I was able to use that to break the glass, and convince her to climb out of the window to safety,” he says.

Roanoke City Police Officers arrived on the scene as she was exiting the car and after further investigation, they determined that the female was involved in a DUI accident earlier in the evening and they arrested her.

“We appreciate what Cody brings to the Salem Police Department on a daily basis,” says Derek Weeks, Salem Police Department

Deputy Chief. “He is an officer with high standards whose moral compass is always pointed true. That was clearly evident in his willingness to provide help in a situation while he was off-duty.”

“I had great role models, including my grandfather, who really taught me what it meant to help others in need,” he says. “I am thankful that this just comes naturally to me, and I really believe that if I see something wrong and fail to take action then I’m not doing my job.”

Later in the fall, on Halloween night, Keen was on-duty when he responded to an alarm call at the CVS Drug Store,



Public service runs in Keen’s family. His step-father Michael Shawver is a Major with the Tazewell County Sheriff’s Office and his mother Angela worked 12 years for the VA Department of Corrections.

located at Lakeside Plaza on Electric Road.

"I was working on a report in the parking lot when the call came in that night," says Keen. "Normally, I check the main door first for an alarm call, but in this instance, something told me to pull around to the back first."

When he drove to the rear of the business, he saw a man exiting the store carrying bags of merchandise in both hands. As Keen approached the suspect at his car, the man denied any involvement, placed the bags in his trunk, then tried to flee the scene on foot.

"We were able to apprehend him and keep a good amount of prescription drugs off the street," says Keen.

Thanks in part to his actions, Salem Police charged the suspect with four different counts, including felony burglary and felony grand larceny of prescription drugs.

"You really need to trust your training and be ready to make those quick decisions," says Keen. "My mom worked 12 years for the Department of Corrections and my stepdad is a Major in the Tazewell County Sheriff's Office, but I really think I am in law enforcement because I have always had a passion for helping other people. I truly believe God has called me to work with people in this capacity."

Keen and his wife, Rachel, both graduated from Evangel University in Springfield, Missouri. He earned his degree in Criminal Justice and Intercultural Studies in 2015 and she graduated the following year.

As soon as she received her nursing degree, the couple began searching for nursing jobs on the east coast. They wanted take a break from Missouri and find a location with a good medical reputation that was closer to Keen's Tazewell County roots. She interviewed at both Carilion and LewisGale and immediately was offered a position right here in Salem.

"As soon as she landed her job, I started researching police departments and everyone I spoke to told me that the Salem Police Department was hands down the place to be in the Roanoke Valley," says Keen.

The day he and Rachel were packing to move here, Keen received a call letting him know that Salem was ready to hire him.

"My immediate goal is to one day become a detective and work with sex crimes and crimes against persons," he says. "I think that plays back into my passion for helping human trafficking victims and victims of these types of crimes. My wife and I both want to have an outlet to help with this growing problem in our country, and for me law enforcement is the best outlet to accomplish that goal."

Keen also is a licensed and credentialed minister through the Assemblies of God. In his short time in Salem, he has officiated at two weddings involving his fellow employees.

"I believe we're all here to help each other and if we're not doing that, then we're really hurting each other."

This is the second year in a row that the Salem Police Department has selected a young officer as its annual Officer of the Year. In 2016, 25-year-old Spencer St. Cyr was given the same honor. 



Keen and his wife, Rachel, are both devoted to public service. Rachel is a nurse at LewisGale here in Salem.



A graduate of Evangel University in Springfield, Missouri, Keen is also a licensed and credentialed minister through the Assemblies of God. He has officiated several weddings in his short time, including fellow employees.

# Answering the Call

Hope Keffer is recognized for her service just one year into her role.

By Mike Stevens

The recipient of the Salem Police Department's brand new Telecommunicator of the Year Award has barely been on the job a year, yet she already has earned the ultimate respect of her peers. Gabrielle "Hope" Keffer was voted this honor by her fellow 911 communicators for her outstanding work in 2017.

"I am honored, uncomfortable and excited to be selected," says Keffer. "There are definitely people here who deserve this more than I do, but it makes me feel really good that they voted for me and thought that much of me."

"Hope has learned quickly how to perform her job at a high level and she is very deserving of the honor," says Derek Weeks, Salem Police Department Deputy Chief. "We are extremely pleased to have Hope as a part of our Salem Police Department family."

The Salem native was nominated for her solid work throughout the year, including the way she handled the complicated multi-jurisdictional Apperson Self Storage fire in July 2017. She also was

commended for her actions later in the year during an incident that involved Salem's Emergency Response Team and a Federal Tactical Team. That situation resulted in the capture of a fugitive.

"She handles incidents like a veteran Telecommunicator and does a great job of keeping track of personnel," says Todd Clayton, Salem Police Department Captain. "She has consistently shown the ability to handle critical incidents."

"Your mind and your body take over when a call comes in," she says. "The adrenaline kicks-in and then your training kicks-in and when that happens you aren't thinking about your emotions, you're just concerned about the person on the other end of the call."

Keffer is a 2014 Salem High School graduate who worked as a volunteer firefighter for the Fort Lewis Fire Department before joining the Salem Police Department.

"Everybody is great here and they all have so much knowledge and are always willing to help me," she says. "I have been told that I care too much about other people, but I just like helping people and this job allows me to make a real difference." 



Deputy Chief Derek Weeks & Captain Todd Clayton present Hope Keffer with the 2017 Telecommunicator of the Year Award.



# REBEL WITH A CAUSE

BY MIKE STEVENS

Hockey was an integral part of the early years of the Salem Civic Center, and one fan favorite led the charge.

**W**hen the Salem-Roanoke County Civic Center opened for business 50 years ago, ice hockey, of all things, was a financial savior.

During the inaugural season in the new arena in 1967-68, tickets to see the Salem Rebels play were \$1, \$2 and \$3 each. That season, 46,774 fans attended 32 games, even though most knew very little about the game of hockey.

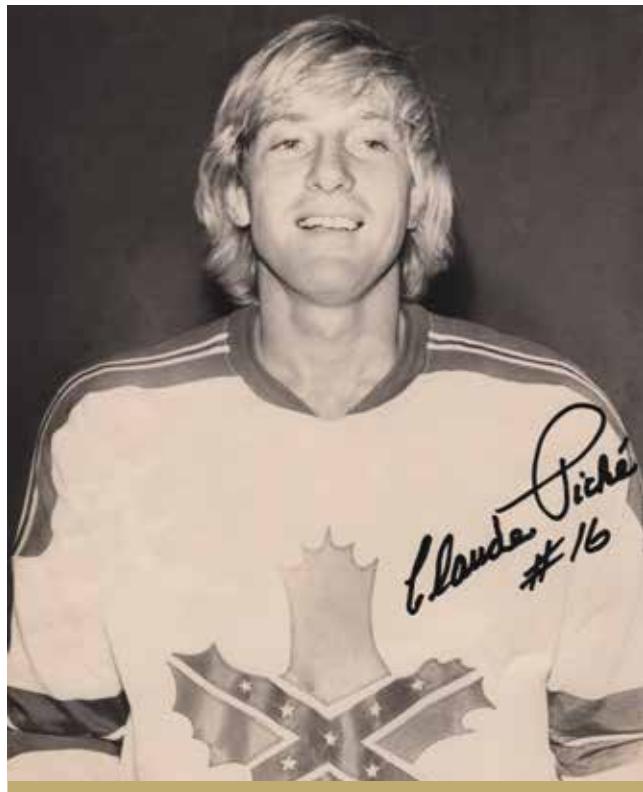
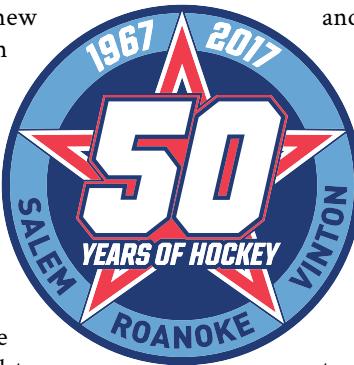
"The local folks didn't have a clue, and that includes me," says Salem Tourism Director Carey Harveycutter. "I was the statistician for the team and I didn't even know the difference between the red and blue lines when I started. But hockey was crucial to the success of the building when it opened. It occupied a lot of dates, vendors sold a bunch of popcorn and hot dogs and it generated a really good cash flow."

Fortunately, the nearby General Electric plant was just over a decade old when hockey began in Salem. Located a block away on Roanoke Boulevard, the plant was full of northern transplants who understood the game and had played it growing-up in places like Schenectady, New York.

The Rebels also benefitted from having a dashing young player on their early rosters who could attract fans and score goals with the best of them. Claude Piche, a French Canadian forward from Montreal, arrived in Salem on Thanksgiving Day 1968 and changed hockey in the Roanoke Valley forever.

"I had the honor of having Thanksgiving dinner with Mr. and Mrs. Jack Dame and their wonderful family at the Salem Civic Center when I arrived in town," says Piche. "I was 21 years-old and I spoke very little English, but I did pretty well."

He began his professional hockey career living on Main Street at the old Fort Lewis Hotel and making \$190 a week. Piche quickly fell in love with Salem, although the brand



Salem Rebels French Canadian forward Claude Piche arrived in town on Thanksgiving Day 1968 and was a star for the team that played in the Salem Civic Center.

new city looked much different than he imagined it would.

"I used to watch a TV program in Montreal called *The Virginian*," says Piche. "The program was in French and I told my mother that I was going to live in the incredible countryside in Virginia where they had the beautiful horses, cowboys and all the dust. I truly thought Salem was where they filmed *The Virginian* television program and that I was going to be a cowboy."

He was not a cowboy, but in many ways, Piche was a Rebel with a cause. His athleticism on the ice coupled with his charisma and handsome features made him a fan favorite. He was a big reason folks paid to see a game they barely could follow.

"All the women loved Claude and I'm not just talking about the young women," says Harveycutter. "In their eyes, he was a beautiful blonde who spoke French, and on top of that he was an incredible skater."

The Salem Rebels won just 11 of 72 games in the team's first year. Things improved slightly in year two, but really took a positive step forward during the 1969-70 season. That year, Piche had future Philadelphia Flyers Hall of Famer Dave Schultz as his left-winger and high scoring Jim Jago on his right side. The talented threesome produced more wins that season than the Rebels had accumulated in their first two years combined.

Attendance also soared, as the team attracted 74,796 fans that season. Piche scored 33 goals and accounted for 63 points as the team made the Eastern Hockey League playoffs in its final year as the Salem Rebels.

an forward Claude Piche  
ving Day 1968 and was a  
in the Salem Civic Center.  
“We were a very  
physical team in those  
days, but the league itself  
was incredibly tough from  
top to bottom,” says Piche. “Coming from Montreal, I was  
impressed with the facility and I thought the fans in Salem  
were very supportive.”

Piche, who is now 70-years-old and lives in South Roanoke, has a tremendous recall of the old days. He remembers buying his clothes on Main Street from Ken Platt, eating breakfast at the Malibu Restaurant and buying his first car, a blue 1968 convertible Corvette, from Naff Auto Sales after securing a loan from the Bank of Salem. He also remembers living at the East Main Street trailer park near the intersection of Kesler Mill Road.

"Three of us players stayed there and paid \$60 each a month," says Piche. "We had three bedrooms and a nice little kitchen, and I remember the Sunoco station and the Skate-a-Drome across the street."

Piche also has vivid flashbacks to the chicken wire fencing that used to surround the ice rink in Salem. Before the days of Plexiglas, chicken wire was state-of-the-art puck protection.

"The chicken wire did not feel very good when someone hit you in the corner," he says. "The defender would try to rub your face across it, so you tried to avoid it at all costs."

The fans may not have known anything about the rules of the game, but they loved seeing guys mix it up.”

After weekend home games, the Salem players only had to take a short walk across the parking lot to find a comfortable postgame hospitality room setting at the home of hockey supporter and General District Court Judge Norman Moore.

"Judge Moore lived right across the street from the Salem Civic Center and he and his wife would welcome us into their home after every Saturday night game for food and drink," says Piche. "They both were absolute pearls and we became very good friends."

Friendships are what kept Piche in the Roanoke Valley after his playing days ended in 1976. He became a professional bartender at Ippy's on Franklin Road and at the Hidden Valley and Hunting Hills country clubs. At Hidden Valley, he met fellow bartender, Jimmy Volusin, along with the individual who would eventually get him started in the restaurant business, Howard Petillo.

“ The fans may not have known anything about the rules of the game, but they loved seeing guys mix it up.

## Claude Piche





Piche was honored with a banner in the rafters at the Berglund Center before a Roanoke Rail Yard Dawgs game on November 10, 2017 for his lifelong contributions and support of professional hockey in the Roanoke Valley.

Piche and Volusin turned Petillo's eatery, Bud's Pizza King, on Lee Highway into Piche's Restaurant and Claude remained the majority owner of the establishment from 1977–1993.

"We opened the place with a \$10,000 investment for equipment, fixtures and everything and we paid just \$500 a month rent," he says. "I loved every minute of it and I would do it again in a heartbeat because I had the best partner in the world."

Piche also had two other amazing partners in his life. His first wife Dorothy, whom he met during his playing days with the Rebels when she was selling programs at the games for a Roanoke College sorority.

"Dorothy may have been the only blonde in Salem prettier than Claude back then," says Harveycutter. "She was a student teacher at Andrew Lewis and all of us wanted to be in her class."

He and Dorothy were married for a decade before divorcing. She later passed away of cancer, but their daughter Kimberly now has two little girls of her own.

Piche's biggest inspiration off the ice has been his second wife, Susan. They have been married 30 years and while she never was able to see him play, she completely understands his importance in the history of hockey in the valley.

In November of last year, Claude and Susan took a bow together at the Berglund Center, as the current hockey ownership group honored the former Salem and Roanoke Valley Rebel by unfurling a banner from the rafters in his honor. "Mr. Smooth" played in 223 regular season games, along with 34 more in the playoffs. In those 257 games, he tallied 137 goals and scored 294 points.

During the team's 1973-74 championship season, he was named the Southern Hockey League's Most Valuable Player.

"During my career here, the fans may not have known the intricacies of the game of hockey, but they were so welcoming," says Piche. "By far, Salem and Roanoke were the best places I ever played. People have supported me as a player, a businessman and they continue to do so today. It's been an unbelievable experience."

Even without the horses and a cloud of dust. 

## TEAMS THAT CALLED SALEM HOME

SALEM REBELS	1967-1970
ROANOKE VALLEY REBELS*	1970-1976
SALEM RAIDERS	1980-1982
VIRGINIA RAIDERS	1982-1983
VIRGINIA LANCERS	1983-1984

\*The Roanoke Valley Rebels played part of their schedule at the Roanoke Civic Center after it was built in 1971. Eventually, the Rebels moved all of their games to Roanoke.



# WATER REPORT



## 2017 SALEM VA WATER QUALITY REPORT

We are pleased to present to you this year's Annual Water Quality Report. This report is designed to inform you about the quality of water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is the Roanoke River and three ground water wells. In emergencies, we purchase or exchange water with the Western Virginia Water Authority (WVWA).

The Virginia Department of Health has completed a source water assessment for our waterworks system. This assessment provides information on possible sources of contamination to our source water. As determined by the source water assessment, the possibility of contamination to our water source (Roanoke River) is high. This is due

to the fact that surface water is exposed to an inconsistent array of contaminants at varying concentrations due to changing hydrologic, hydraulic and atmospheric conditions with land use activities of concern in the assessment area. To view a copy of this water assessment, please contact the City of Salem Water Department office at 540-375-3029.

**Please remember that we need your help in the protection of this valuable water resource.**



**Awarded the Virginia Office of Drinking Water Gold Award for Excellence in Clarification, Filtration and Backwash for the years of 2013, '14, '15, '16 & '17.**

## WHAT'S NEW?

Our utility is committed to protecting public health and meets or surpasses all state and federal health standards for tap water. We constantly monitor for various constituents in the water supply to meet all regulatory requirements. Monitoring various sites in the distribution system helps us to better protect public health. To help advance the science of drinking water, we collect data for the USEPA to find out the occurrence of various compounds and organisms in the water supply. This is the first step in the USEPA's efforts to determine whether these should be regulated. In October 2016, we began a two-year study to determine how much Cryptosporidium and Giardia lamblia may be in the Roanoke River and ground water wells. The presence of a compound does not necessarily equate to a health risk; the concentration of a compound is a far more important factor in determining whether there are health implications. We closely monitor the concentration of these compounds. Should the USEPA ultimately determine that regulation is warranted, we will take whatever steps are necessary to protect the health of our citizens.

## WHO CAN I CONTACT?

This report shows our water quality and what it means.

If you have any questions concerning this report or your water utility, please contact

Frank Young – Chief Water Treatment Plant Operator or Marcus Potts – Chemist at 540-375-3029. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of the regularly scheduled City Council meetings. These meetings are held on the second and fourth Monday of each month in council chambers.

The City of Salem Water Department routinely monitors for constituents in your drinking water mandated by Federal and State laws. The following table shows the results of our monitoring for the period of Jan. 1 to Dec. 31, 2017. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily pose a health risk.

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided definitions:

*Non-Detects (ND)* - laboratory analysis indicates that the constituent is not present.

*Parts per million (ppm) or Milligrams per liter (mg/l)* - one part per million corresponds to one minute in two years or a single penny in \$10,000.

*Parts per billion (ppb) or Micrograms per liter* - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

*Picocuries per liter (pCi/L)* - picocuries per liter is a measure of the radioactivity in water.

*Millirems per year (mrem/yr)* - measure of radiation absorbed by the body.

*Million Fibers per Liter (MFL)* - million fibers per liter is a measure of the presence of asbestos fibers that are longer than 10 micrometers.

*Nephelometric Turbidity Unit (NTU)* - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

*Action Level* - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

*Treatment Technique (TT)* - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

*Maximum Contaminant Level* - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

*Maximum Contaminant Level Goal* - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

*Presence / Absence (P/A)* - The concentration of the contaminant is zero to be in compliance with the Total Coliform Rule.

## WHAT DOES THIS MEAN?

As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The USEPA has determined that your water IS SAFE at these levels. In order to ensure that tap water is safe to drink, USEPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. (MCL's are set by the

U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks two (2) liters of water each day throughout a 70-year life span. The USEPA generally sets MCL's at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to one-in-a-million chance of having the described health effect for other contaminants). Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same public health protection. This table lists contaminants that had some level of detection. Many other contaminants were analyzed but were not present, or were below the detection limits of the lab equipment. Most of the results in the table are from testing done in 2017. However, state and federal agencies allow us to monitor for some contaminants less than once per year because the concentrations of the contaminants do not change frequently. Some of our data, though accurate, is more than one year old.

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791) or [www.epa.gov/your-drinking-water/safe-drinking-water-hotline](http://www.epa.gov/your-drinking-water/safe-drinking-water-hotline)

To learn even more about your water after reviewing this report, please call our office at 540-375-3029 or visit the City's website at [water.salemva.gov](http://water.salemva.gov)

We at the City of Salem Water Department work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

**TEST RESULTS 2017**

Contaminant	Violation Y/N	Level Detected	Unit Measurement	MCLG	MCL	Likely Source of Contamination
<b>Microbiological Contaminants</b>						
1. Total Coliform Bacteria	N	0 samples	P/A	0	presence of coliform bacteria > 5% of monthly samples	Naturally present in the environment
2. Fecal coliform and E.coli	N	0 samples	P/A	0	a routine sample and repeat sample are total coliform positive, and one is also fecal coliform or E. coli positive	Human and animal fecal waste
3. Turbidity	N	0.022 – 0.104	NTU	n/a	≤ 0.3NTU	Soil runoff, (see note #3)
4. Cryptosporidium	N	<0.1-0.20	Oocysts per 10 <sup>3</sup> liters	0	99% removal by filtration plus addition as required under the LT2ESWTR	Human and animal fecal waste THIS IS UNTREATED WATER!!
5. Giardia lamblia	N	<0.1 – 11	Cysts per 10 liters	0	99.9% removal or inactivation	Human and animal fecal waste THIS IS UNTREATED WATER!!
<b>Radioactive Contaminants</b>						
6. Beta/photon emitters	N	3.0 ± 0.69	pCi/1	0	4 mrem/yr	Decay of natural and man-made deposits
7. Alpha emitters	N	0.70 ± 0.51	pCi/1	0	15	Erosion of natural deposits
8. Combined radium	N	0.6 ± 0.49	pCi/1	0	5	Erosion of natural deposits
<b>Inorganic Contaminants</b>						
9. Antimony	N	<0.002	ppm	0.006	0.006	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
10. Arsenic	N	<0.002	ppm	0	0.010	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes
11. Aluminum	N	0.073	ppm	0.05-0.20	0.20	Metal used in electrical conductors, explosives, paints, photography, utensils
12. Barium	N	0.042	ppm	2	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
13. Beryllium	N	< 0.002	ppm	0.004	0.004	Discharge from metal refineries and coal-burning factories; discharge from electrical, aerospace, and defense industries
14. Cadmium	N	< 0.002	ppm	0.005	0.005	Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and paints
15. Chromium	N	< 0.01	ppm	0.1	0.1	Discharge from steel and pulp mills; erosion of natural deposits
16. Corrosivity	N	10.6	Aggressive Index	n/a	noncorrosive	Physical property of water
17. Silver	N	<0.01	ppm	n/a	0.10	Naturally occurring in environment
18. Chloride	N	13.4	ppm	n/a	250	Naturally occurring in environment
19. Sulfate	N	29	ppm	n/a	250	Naturally occurring in environment
20. pH	N	7.21 – 8.12	standard units	n/a	6.6 – 8.5	Acidity or basicity of water
21. Total dissolved solids	N	210	ppm	n/a	500	Physical property of water
22. Iron	N	< 0.05	ppm	n/a	0.3	Naturally occurring in environment
23. Manganese	N	<0.01	ppm	n/a	0.05	Naturally occurring in environment
24. Nickel	N	< 0.01	ppm	n/a	n/a	Naturally occurring in environment, Used in alloys, protective coatings
25. Zinc	N	< 0.01	ppm	n/a	5	Naturally occurring in environment, Used in alloys, batteries, fungicides
26. Color	N	<5	Color units	n/a	15	Physical property of water
27. Sodium	N	5.6	ppm	n/a	n/a	Naturally occurring in environment
28. Chlorine	N	0.90 – 1.69	ppm	4	4	Required disinfectant added during the treatment process to eliminate bacteria

29. Fluoride	N	0.18 – 0.99	ppm	4	4	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
30. Cyanide (see note #30)	N	<0.02	ppm	0.2	0.2	Discharge from steel/metal factories; discharge from plastic and fertilizer factories
31. Mercury (inorganic)	N	< 0.0002	ppm	0.002	0.002	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills; runoff from cropland
32. Nitrate/Nitrite (as Nitrogen)	N	0.44	ppm	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
33. Ortho Phosphate	N	<0.06	ppm	n/a	n/a	Used in drinking water treatment
34. Selenium	N	< 0.01	ppm	0.05	0.05	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines
35. Thallium	N	< 0.0002	ppm	0.0005	0.002	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories
36. Hardness	n/a	140 – 250	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
37. Alkalinity	n/a	101 – 207	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials

### Synthetic Organic Contaminants including Pesticides and Herbicides

38. 2,4-D	N	< 1.0	ppb	70	70	Runoff from herbicide used on row crops
39. 2,4,5-TP (Silvex)	N	< 0.5	ppb	50	50	Residue of banned herbicide
40. Carbaryl	N	< 0.5	ppb	0	700	A pesticide used on forest lands
41. Alachlor	N	< 0.2	ppb	0	2	Runoff from herbicide used on row crops
42. Atrazine	N	< 0.5	ppb	3	3	Runoff from herbicide used on row crops
43. Benzo(a)pyrene (PAH)	N	< 0.2	ppb	0	0.2	Leaching from linings of water storage tanks and distribution lines
44. Carbofuran	N	< 0.2	ppb	40	40	Leaching of soil fumigant used on rice and alfalfa
45. Chlordane	N	< 0.2	ppb	0	2	Residue of banned termiticide
46. Dalapon	N	< 3	ppb	200	200	Runoff from herbicide used on rights of way
47. Di(2-ethylhexyl) adipate	N	< 1	ppb	400	400	Discharge from chemical factories
48. Di(2-ethylhexyl) phthalate	N	< 2	ppb	0	6	Discharge from rubber and chemical factories
49. Dibromochloropropane	N	< 0.02	ppb	0	0.2	Runoff/leaching from soil fumigant used on soybeans, cotton, pineapples, and orchards
50. Dinoseb	N	< 1	ppb	7	7	Runoff from herbicide used on soybeans and vegetables
51. Diquat	N	< 0.4	ppb	20	20	Runoff from herbicide use
52. Methomyl	N	< 0.5	ppb	0	200	Broad spectrum insecticide
53. Aldicarb Sulfoxide	N	< 0.5	ppb	0	4	Runoff from insecticide use, applied directly to soil
54. Aldicarb Sulfone	N	< 0.7	ppb	0	2	Runoff from insecticide use, applied directly to soil
55. Aldicarb	N	< 0.5	ppb	0	3	Runoff from insecticide use, applied directly to soil
56. Ethylene dibromide	N	< 0.02	ppb	0	0.05	Discharge from petroleum refineries
57. Dicamba	N	< 0.1	ppb	200	200	Runoff from herbicide use
58. Heptachlor	N	< 0.1	ppb	0	0.4	Residue of banned termiticide
59. Heptachlor epoxide	N	< 0.5	ppb	0	0.2	Breakdown of heptachlor
60. Hexachlorobenzene	N	< 0.1	ppb	0	1	Discharge from metal refineries and agricultural chemical factories
61. Hexachlorocyclopentadiene	N	< 0.5	ppb	50	50	Discharge from chemical factories

62. Lindane	N	< 0.1	ppb	0.2	0.2	Runoff/leaching from insecticide used on cattle, lumber, gardens
63. Methoxychlor	N	< 0.2	ppb	40	40	Runoff/leaching from insecticide used on fruits, vegetables, alfalfa, livestock
64. Oxamyl [Vydate]	N	< 2.0	ppb	200	200	Runoff/leaching from insecticide used on apples, potatoes and tomatoes
65. PCBs [Polychlorinated biphenyls]	N	< 0.2	ppb	0	0.5	Runoff from landfills; discharge of waste chemicals
66. Pentachlorophenol	N	< 0.1	ppb	0	1	Discharge from wood preserving factories
67. Picloram	N	< 1	ppb	500	500	Herbicide runoff
68. Simazine	N	< 0.5	ppb	4	4	Herbicide runoff
69. Toxaphene	N	< 1	ppb	0	3	Runoff/leaching from insecticide used on cotton and cattle

2017 is the most recent data available for these contaminants; new analysis will be conducted in 2018.

Volatile Organic Contaminants						
70. Benzene	N	< 0.5	ppb	0	5	Discharge from factories; leaching from gas storage tanks and landfills
71. Carbon tetrachloride	N	< 0.5	ppb	0	5	Discharge from chemical plants and other industrial activities
72. Chlorobenzene	N	< 0.5	ppb	100	100	Discharge from chemical and agricultural chemical factories
73. o-Dichlorobenzene	N	< 0.5	ppb	600	600	Discharge from industrial chemical factories
74. p-Dichlorobenzene	N	< 0.5	ppb	75	75	Discharge from industrial chemical factories
75. 1,2 - Dichloroethane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
76. 1,1 - Dichloroethylene	N	< 0.5	ppb	7	7	Discharge from industrial chemical factories
77. cis-1,2-Dichloroethylene	N	< 0.5	ppb	70	70	Discharge from industrial chemical factories
78. trans - 1,2 -Dichloroethylene	N	< 0.5	ppb	100	100	Discharge from industrial chemical factories
79. Dichloromethane	N	< 0.5	ppb	0	5	Discharge from pharmaceutical and chemical factories
80. 1,2-Dichloropropane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
81. Ethylbenzene	N	< 0.5	ppb	700	700	Discharge from petroleum refineries
82. Styrene	N	< 0.5	ppb	100	100	Discharge from rubber and plastic factories; leaching from landfills
83. Tetrachloroethylene	N	< 0.5	ppb	0	5	Leaching from PVC pipes; discharge from factories and dry cleaners
84. 1,2,4 -Trichlorobenzene	N	< 0.5	ppb	70	70	Discharge from textile-finishing factories
85. 1,1,1 - Trichloroethane	N	< 0.5	ppb	200	200	Discharge from metal degreasing sites and other factories
86. 1,1,2 -Trichloroethane	N	< 0.5	ppb	3	5	Discharge from industrial chemical factories
87. Trichloroethylene	N	< 0.5	ppb	0	5	Discharge from metal degreasing sites and other factories
88. TTHM [Total trihalomethanes]	N	13.1 – 56.8	ppb	0	80	By-product of drinking water chlorination
89. HAA5 [Haloacetic acids]	N	14.3 – 50.2	ppb	0	60	By-product of drinking water chlorination
90. Toluene	N	< 0.5	ppm	1	1	Discharge from petroleum factories
91. Vinyl Chloride	N	< 0.5	ppb	0	2	Leaching from PVC piping; discharge from plastics factories
92. Xylenes	N	< 0.5	ppb	10000	10000	Discharge from petroleum factories; discharge from chemical factories
93. Methyl Tert Butyl Ether (MTBE)	N	<5	ppb	n/a	n/a	Gasoline additive, found in leaking underground storage tanks

Total Organic Carbon						
94. Total Organic Carbon	N	0.63 - 1.21	ppm	n/a	Treatment Technique (see note #94)	Naturally present in the environment

Lead and Copper Analysis ( Most recent monitoring period 2016)							
Contaminant	Unit of Measurement	MCLG	MCL	90 <sup>th</sup> Percentile Level Found	Action Level Exceeded	Samples > AL	Typical Source of Contamination
Copper	ppm	1.3	AL= 1.3	0.0727	No	0	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Lead	ppm	0	AL=0.015	<0.0050	No	0	

- Analysis frequency is every three years per USEPA regulation; thirty residential samples are collected from the distribution system
- New Lead and Copper analysis will be done in 2019

Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure. If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Salem Water Department is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap 30 seconds to 2 minutes or until it becomes cold or reaches a steady temperature before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your tested. Information on lead in drinking, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

Unregulated Contaminant Monitoring Program Data						
Contaminant	Violation Y/N	Level Detected	Unit of Measurement	MCLG	MCL	Likely source of contamination
1,2,3-Trichloropropane	N	ND	ppb	--	--	Used in paint, varnish remover, solvents and degreasing agents
1,3-Butadiene	N	ND	ppb	--	--	Used in rubber manufacturing and occurs as a gas
Chloromethane	N	ND	ppb	--	--	By-product that can form when chlorine used to disinfect drinking water
1,1-Dichloroethane	N	ND	ppb	--	--	Used as a solvent
Bromomethane	N	ND	ppb	--	--	Used as a fumigant on soil before planting, on crops after harvest
Chlorodifluoromethane	N	ND	ppb	--	--	Used as a refrigerant
Bromochloromethane	N	ND	ppb	--	--	Used as a fire extinguishing fluid, as a solvent in the making of pesticides
Perfluorooctanesulfonic acid	N	ND	ppb	--	--	Used in firefighting foam, floor polish, as a pesticide active ingredient
Perfluorooctanoic acid	N	ND	ppb	--	--	Used cleaners, cosmetics, greases, paints, lubricants
Perfluorononanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorohexanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluoroheptanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorobutanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
1,4 -Dioxane	N	ND	ppb	--	--	Used in the production of paper, cotton, textile products, cosmetics, shampoos
Chlorate	N	ND	ppb	--	--	Agricultural defoliant or desiccant
Vanadium	N	0.320-0.370	ppb	--	--	Naturally occurring elemental metal
Molybdenum	N	ND	ppb	--	--	Naturally occurring elemental metal
Cobalt	N	ND	ppm	--	--	Naturally occurring elemental metal
Strontium	N	240-380	ppm	--	--	Naturally occurring elemental metal
Chromium	N	ND	ppm	--	--	Naturally occurring elemental metal
Chromium - 6	N	0.057-0.079	ppb	--	--	Naturally occurring elemental metal

Purpose: To collect occurrence data for contaminants suspected to be present in drinking water but that do not have health-based Standards set under the Safe Drinking Water Act (SDWA). The Unregulated Contaminant Monitoring Program is the primary source of drinking water contaminant occurrence data used by USEPA in regulatory determinations.

This 2014 data is the most recent available. New data for a new list of possible contaminants began in February 2018.

**Microbiological Contaminants:**

(1) Total Coliform. Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially-harmful, bacteria may be present.

(2) Fecal coliform/E.Coli. Fecal coliforms and E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems.

(3) Turbidity. Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches. Combined effluent turbidity must be  $\leq 0.3$ NTU in 95% of measurements taken each month.

(4) Cryptosporidium. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

(5) Giardia lamblia. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

**Radioactive Contaminants:**

(6) Beta/photon emitters. Certain minerals are radioactive and may emit forms of radiation known as photons and beta radiation. Some people who drink water containing beta and photon emitters in excess of the MCL over many years may have an increased risk of getting cancer.

(7) Alpha emitters. Certain minerals are radioactive and may emit a form of radiation known as alpha radiation. Some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer.

(8) Combined Radium 226/228. Some people who drink water containing radium 226 or 228 in excess of the MCL over many years may have an increased risk of getting cancer.

**Inorganic Contaminants:**

(9) Antimony. Some people who drink water containing antimony well in excess of the MCL over many years could experience increases in blood cholesterol and decreases in blood sugar.

(10) Arsenic. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer.

(11) Aluminum. People at risk for health problems include dialysis patients. Symptoms of chronic aluminum exposure include softening of the bones and brain dysfunction.

(12) Barium. Some people who drink water containing barium in excess of the MCL over many years could experience an increase in their blood pressure.

(13) Beryllium. Some people who drink water containing beryllium well in excess of the MCL over many years could develop intestinal lesions.

(14) Cadmium. Some people who drink water containing cadmium in excess of the MCL over many years could experience kidney damage.

(15) Chromium. Some people who use water containing chromium well in excess of the MCL over many years could experience allergic dermatitis.

(16) Copper. Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their personal doctor.

(17) Silver. Since silver is not a health benefit for living organisms in any way, the body has a low capacity for absorbing it. Low amounts of ionic silver water intake are not harmful or life threatening in any way, but large intakes can prove to be extremely toxic. Water guidelines suggest an incredibly low amount of silver within drinking water because a high concentration of silver water can bond while boiling and create silver oxide. Silver water that contains silver nitrate can be even more harmful and cause dizziness, diarrhea, and vomiting.

(18) Chloride. Chlorides are not usually not harmful to people, however they can corrode metals and effect the taste of food products.

(19) Sulfate. Health concerns regarding sulfate in drinking water have been raised because of reports that diarrhea may be associated with the ingestion of water containing high levels of sulfate.

(20) pH. The U.S. E.P.A. does not regulate pH levels in drinking water, it is classified as a secondary water contaminant whose impact is considered aesthetic.

(21) Total dissolved solids. Total dissolved solids can give water a murky appearance and detract from the taste quality of the water.

(22) Iron. Elevated iron levels in water can cause stains in plumbing, laundry, and cooking utensils, and can impart objectionable tastes and colors to food.

(23) Manganese. Elevated manganese levels in water can cause stains in plumbing, laundry, and cooking utensils. Upon exposure to air or other oxidants, manganese will usually precipitate black.

(24) Nickel. Nickel is not known to cause any health problems when people are exposed to levels above the MCL for relatively short periods of time

(25) Zinc. Harmful effects generally begin at levels 10-15 times higher than the amount needed for good health. Large doses taken by mouth even for a short time can cause stomach cramps, nausea, and vomiting.

(26) Color. Color in drinking water is classified as a secondary water contaminant whose impact is considered aesthetic.

(27) Sodium. An essential element required for normal body function including nerve impulse transmission, fluid regulation, and muscle contraction and relaxation. However, in excess amounts, sodium increases individual risk of hypertension, heart disease, and stroke. One of the chief sources of sodium is the consumption of salt; therefore salt restrictions are often recommended as a first-line of treatment for individuals suffering from these conditions.

(28) Chlorine. Some people who use drinking water containing chlorine well in excess of EPA's standard could experience irritating effects to their eyes and nose and stomach discomfort.

(29) Fluoride. Some people who drink water containing fluoride in excess of the MCL over many years could get bone disease, including pain and tenderness of the bones. Children may get mottled teeth.

(30) Cyanide. Nerve damage or thyroid problems. The

data in the report is the most recent available from 2013. A granted waiver does not require sampling until 2022.

(31) Mercury (inorganic). Some people who drink water containing inorganic mercury well in excess of the MCL over many years could experience kidney damage.

(32) Nitrate. Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.

(33) Orthophosphate. A commonly used corrosion inhibitor that is added to finished drinking water. Orthophosphate works by forming a protective coating inside of pipes in the distribution system and in customer homes to prevent lead from leaching into drinking water. It is approved for use in drinking water treatment by the USEPA, and certified by the National Sanitation Federation. It is not used at the City of Salem Water Plant.

(34) Selenium. Selenium is an essential nutrient. However, some people who drink water containing selenium in excess of the MCL over many years could experience hair or fingernail losses, numbness in fingers or toes, or problems with their circulation.

(35) Thallium. Some people who drink water containing thallium in excess of the MCL over many years could experience hair loss, changes in their blood, or problems with their kidneys, intestines, or liver.

(36) Hardness. Hardness does not pose a health risk and is not regulated by state or federal agencies. It often causes aesthetic problems, such as scaling on pipes and fixture; lowers detergent performance.

(37) Alkalinity. High alkalinity does not pose a health risk, but can cause aesthetic problems.

**Synthetic organic contaminants including pesticides and herbicides:**

(38) 2, 4-D. Some people who drink water containing the weed killer 2, 4-D well in excess of the MCL over many years could experience problems with their kidneys, liver, or adrenal glands.

(39) 2, 4, 5-TP (Silvex). Some people who drink water containing silvex in excess of the MCL over many years could experience liver problems.

(40) Carbaryl. Carbaryl may reduce learning ability and aggravate viral diseases.

(41) Alachlor. Some people who drink water containing alachlor in excess of the MCL over many years could have problems with their eyes, liver, kidneys, or spleen, or experience anemia, and may have an increased risk of getting cancer.

(42) Atrazine. Some people who drink water containing atrazine well in excess of the MCL over many years could experience problems with their cardiovascular system or reproductive difficulties.

(43) Benzo (a) pyrene [PAH]. Some people who drink water containing benzo (a) pyrene in excess of the MCL over many years may experience reproductive difficulties and may have an increased risk of getting cancer.

(44) Carbofuran. Some people who drink water containing carbofuran in excess of the MCL over many years could experience problems with their blood, or nervous or reproductive systems.

(45) Chlordane. Some people who drink water containing chlordane in excess of the MCL over many years could experience problems with their liver or nervous system, and may have an increased risk of

getting cancer.

(46) Dalapon. Some people who drink water containing dalapon well in excess of the MCL over many years could experience minor kidney changes.

(47) Di (2-ethylhexyl) adipate. Some people who drink water containing di (2-ethylhexyl) adipate well in excess of the MCL over many years could experience general toxic effects or reproductive difficulties.

(48) Di (2-ethylhexyl) phthalate. Some people who drink water containing di (2-ethylhexyl) phthalate in excess of the MCL over many years may have problems with their liver, or experience reproductive difficulties, and may have an increased risk of getting cancer.

(49) Dibromochloropropane (DBCP). Some people who drink water containing DBCP in excess of the MCL over many years could experience reproductive difficulties and may have an increased risk of getting cancer.

(50) Dinoseb. Some people who drink water containing dinoseb well in excess of the MCL over many years could experience reproductive difficulties.

(51) Diquat. Some people who drink water containing diquat in excess of the MCL over many years could get cataracts.

(52) Methomyl. Repeated exposure to methomyl may cause an unsuspected inhibition of cholinesterase, resulting in flu-like symptoms, such as weakness, lack of appetite, and muscle aches.

(53) Aldicarb Sulfoxide. The primary route of human exposure to aldicarb sulfoxide is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfoxide.

(54) Aldicarb Sulfone. The primary route of human exposure to aldicarb sulfone is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfone.

(55) Aldicarb. The primary route of human exposure to aldicarb is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb.

(56) Ethylene dibromide. Some people who drink water containing ethylene dibromide in excess of the MCL over many years could experience problems with their liver, stomach, reproductive system, or kidneys, and may have an increased risk of getting cancer.

(57) Dicamba. Chronic exposure to dicamba can lead to the loss of appetite, vomiting, shortness of breath, and bluing of the skin and gums.

(58) Heptachlor. Some people who drink water containing heptachlor in excess of the MCL over many years could experience liver damage and may have an increased risk of getting cancer.

(59) Heptachlor epoxide. Some people who drink water containing heptachlor epoxide in excess of the MCL over many years could experience liver damage, and may have an increased risk of getting cancer.

(60) Hexachlorobenzene. Some people who drink water containing hexachlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys, or adverse reproductive effects, and may have an increased risk of getting cancer.

(61) Hexachlorocyclopentadiene. Some people who drink water containing hexachlorocyclopentadiene well in excess of the MCL over many years could experience problems with their kidneys or stomach.

(62) Lindane. Some people who drink water containing lindane in excess of the MCL over many years could experience problems with their kidneys or liver.

(63) Methoxychlor. Some people who drink water containing methoxychlor in excess of the MCL over many years could experience reproductive difficulties.

(64) Oxamyl [Vydate]. Some people who drink water containing oxamyl in excess of the MCL over many years could experience slight nervous system effects.

(65) PCBs [Polychlorinated biphenyls]. Some people who drink water containing PCBs in excess of the MCL over many years could experience changes in their skin, problems with their thymus gland, immune deficiencies, or reproductive or nervous system difficulties, and may have an increased risk of getting cancer.

(66) Pentachlorophenol. Some people who drink water containing pentachlorophenol in excess of the MCL over many years could experience problems with their liver or kidneys, and may have an increased risk of getting cancer.

(67) Picloram. Some people who drink water containing picloram in excess of the MCL over many years could experience problems with their liver.

(68) Simazine. Some people who drink water containing simazine in excess of the MCL over many years could experience problems with their blood.

(69) Toxaphene. Some people who drink water containing toxaphene in excess of the MCL over many years could have problems with their kidneys, liver, or thyroid, and may have an increased risk of getting cancer.

#### **Volatile Organic Contaminants:**

(70) Benzene. Some people who drink water containing benzene in excess of the MCL over many years could experience anemia or a decrease in blood platelets, and may have an increased risk of getting cancer.

(71) Carbon Tetrachloride. Some people who drink water containing carbon tetrachloride in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.

(72) Chlorobenzene. Some people who drink water containing chlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys.

(73) o-Dichlorobenzene. Some people who drink water containing o-dichlorobenzene well in excess of the MCL over many years could experience problems with their liver, kidneys, or circulatory systems.

(74) p-Dichlorobenzene. Some people who drink water containing p-dichlorobenzene in excess of the MCL over many years could experience anemia, damage to their liver, kidneys, or spleen, or changes in their blood.

(75) 1,2-Dichloroethane. Some people who drink water containing 1, 2-dichloroethane in excess of the MCL over many years may have an increased risk of getting cancer.

(76) 1, 1-Dichloroethylene. Some people who drink water containing 1, 1-dichloroethylene in excess of the MCL over many years could experience problems with their liver.

(77) cis-1, 2-Dichloroethylene. Some people who drink water containing cis-1, 2-dichloroethylene in excess of the MCL over many years could experience problems with their liver.

(78) trans-1, 2-Dichloroethylene. Some people who

drink water containing trans-1, 2-dichloroethylene well in excess of the MCL over many years could experience problems with their liver.

(79) Dichloromethane. Some people who drink water containing dichloromethane in excess of the MCL over many years could have liver problems and may have an increased risk of getting cancer.

(80) 1, 2-Dichloropropane. Some people who drink water containing 1, 2-dichloropropane in excess of the MCL over many years may have an increased risk of getting cancer.

(81) Ethylbenzene. Some people who drink water containing ethylbenzene well in excess of the MCL over many years could experience problems with their liver or kidneys.

(82) Styrene. Some people who drink water containing styrene well in excess of the MCL over many years could have problems with their liver, kidneys, or circulatory system.

(83) Tetrachloroethylene. Some people who drink water containing tetrachloroethylene in excess of the MCL over many years could have problems with their liver, and may have an increased risk of getting cancer.

(84) 1, 2, 4-Trichlorobenzene. Some people who drink water containing 1, 2, 4-trichlorobenzene well in excess of the MCL over many years could experience changes in their adrenal glands.

(85) 1, 1, 1-Trichloroethane. Some people who drink water containing 1, 1, 1-trichloroethane in excess of the MCL over many years could experience problems with their liver, nervous system, or circulatory system.

(86) 1, 1, 2-Trichloroethane. Some people who drink water containing 1, 1, 2-trichloroethane well in excess of the MCL over many years could have problems with their liver, kidneys, or immune systems.

(87) Trichloroethylene. Some people who drink water containing trichloroethylene in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.

(88) TTHMs [Total Trihalomethanes]. Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.

(89) HAA5s [Haloacetic acids]. Some people who drink water containing haloacetic acids in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.

(90) Toluene. Some people who drink water containing toluene well in excess of the MCL over many years could have problems with their nervous system, kidneys, or liver.

(91) Vinyl Chloride. Some people who drink water containing vinyl chloride in excess of the MCL over many years may have an increased risk of getting cancer.

(92) Xylenes. Some people who drink water containing xylenes in excess of the MCL over many years could experience damage to their nervous system.

(93) Methyl Tert Butyl Ether (MTBE). Data support the conclusion that MTBE is a potential human carcinogen at high doses.

(94) Total Organic Carbon. A parameter that is monitored to determine the probability of disinfection by-product formation (TTHMs no.88 and HAAs no.89) exceeding the MCL. Treatment Technique: The annual average removal ratio is  $\geq 1.0$ .

## adult programs

Supervisor: Vickie Sword

vsword@salemva.gov

Asst. Supervisor: Brad Blankenship

bblankenship@salemva.gov

110 Union Street

Phone: (540) 375-3054

FOR COST & MORE INFORMATION  
 ON ANY CLASSES OFFERED, GO TO  
 SALEM PARKS AND RECREATION  
 WEBSITE AND CLICK ON  
 COMMUNITY ACTIVITIES.

### BALLROOM DANCING: BEGINNER/INTERMEDIATE

**When:** Fridays (On-going class)

**Location:** Senior Center (110 Union St.)

**Cost:** \$7 per person

**Time:** 7:00 - 9:00 p.m.

**Instructors:** Sapphire Dance Studios

When a month has 5 weeks, David and Donna Spangler will be teaching the fifth Friday. Ken Schoff & Ski Shelton are Coordinators. This class offers a complete introduction to various ballroom dance styles. The class is perfect for beginners and those looking to polish their ballroom technique. You will learn the techniques necessary for moving with style and grace. No previous dance experience or partner is necessary. A partner is not required. Class is on-going. Attend and pay coordinator.

### CERAMICS (INTERMEDIATE)

**When:** Mondays, 6:15 - 9:15 p.m.

**Location:** Senior Center (110 Union St.)

**Cost:** \$50 / 10 weeks

This class is designed for the student who has prior experience with ceramics. Painting on resin, dry brushing, and other techniques will be introduced.

### CHESS (16 - Adult)

**When:** Tuesdays 7:00 - 10:00 p.m. (7 - 8 pm  
 only - beginner instruction)

**Location:** Senior Center (110 Union St.)



### COLE BLUEGRASS SHOW

**When:** First Monday of every month, 7:00 - 9:00 p.m. **Location:** Senior Center (110 Union St.)

**Cost:** Free to attend, donations appreciated **Coordinator:** Dwayne Cole

**Cost:** FREE

**Instructor:** David Vecillio & John Parker

### WHEEL-THROWING CERAMICS

**When:** Wednesdays, 6:00 - 9:00 p.m.  
 beginning TBA (10 weeks)

**Location:** Salem High School Art Room

**Cost:** \$100

**Instructor:** Lauren Browning

Come stretch your creative muscles as you learn how to form original works of art in clay! All levels of experience are welcome. The class covers wheel throwing, hand building, and sculpture techniques. Imagination and creativity are encouraged. Ages 15 and above are welcome.

### CROCHETING & KNITTING

**When:** Thursdays, 6:30 - 8:30 p.m.

**Location:** Senior Center (110 Union St.)

**Cost:** \$25 for 5 weeks of instruction. May register at any time. Learn the basics of crocheting and knitting. Call instructor at 389-3469 to register and for supply list.

### TOPS (Take Off Pounds Sensibly)

**When:** Tuesdays, 5:15 p.m.

**Location:** Senior Center (110 Union St.)

**Cost:** For cost and more information email judytopss@aol.com. Join this wonderful group & work together to learn healthy options to take pounds off. Weekly programs & discussion with weigh-ins strictly confidential.

For more info, new class listings and to sign up for these programs,  
 head to [www.salemva.gov](http://www.salemva.gov) and click on "Parks & Recreation" or call 375-3054

# health & fitness

## TOTAL SCULPTING (ALL LEVELS) (2 classes offered)

**When:** Monday session or Wednesday session; both sessions 5:30 - 6:30 p.m.

**Where:** Senior Center (110 Union St.)

**Cost:** \$30 per 2 month session (Mondays or Wednesdays)

**Instructor:** Marina Trejo

This class is designed to reduce body fat and sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant. Instructors have training to modify exercises for beginning levels.

## FITNESS FUSION

**When:** Tuesday 7:00 - 8:00 p.m.

**Where:** Senior Center (110 Union St.)

**Cost:** \$30 for 2 month session

**Instructors:** Lori Fadorick

Make the most out of your workout time! Fitness Fusion uses a variety of exercise modalities to constantly challenge your body and give you a fun, different workout each week. You'll mix body weight exercises with interval and strength training, in a variety of formats and class styles. Classes are designed in a way to maximize the benefit by offering several different elements in the same workout, including cardio, strength, core, and conditioning. Fitness Fusion can help you reach your fitness goals, no matter what they might be. This class is for all fitness levels and anyone who wants to burn some calories, tone your body, build some muscle, and have some fun! Class length is one hour including a brief warmup and cooldown. If taking 2 Sculpting, Fitness Fusion, or Kickboxing class per week, cost is \$50 for 2 months, if taking three or more cost is \$70 per 2 months.

## TENNIS (ALL LEVELS)

To register or get more information call Scott Gibson at 397-1257 or [sgibson@salemva.gov](mailto:sgibson@salemva.gov).

# youth/teen

## BATON

**When:** Thursdays, 5:30 p.m. begins September 8 (Parent meeting Thursday September 1, 6:00 pm - 7:00 pm at Salem Senior Center)

**Location:** Senior Center (110 Union St.)

**Cost:** \$35/month \*additional cost: each student will need a baton, jacket and costume

**Instructor:** Natasha Flores, Southernettes Baton Corporation

Students will learn and improve on baton twirling skills, participate in 6 local parades as well as other community events throughout the year, and perform in an end-of-the year recital. The Southernettes Baton Corp is dedicated to providing a safe, fun and creative atmosphere in which athletes not only learn twirling skills, but they build confidence and leadership skills through team commitment. Contact Coach Natasha Flores to register at 312-4969.

## KNITTING AND CROCHETING SPRING (AGES 8 - 14)

**When:** Thursdays, June 2 - June 30 (5 weeks) 4:00 pm - 5:00 pm

**Location:** Senior Center (110 Union St.)

**Cost:** \$15

**Instructor:** Norma Harris

Learn basic knitting and crocheting stitches and how to read patterns.

Call instructor at 389-3469 to register and for supply list.

## TENNIS (BEGINNERS) (AGES 6 - 10)

To register or get more info, call Scott Gibson at 397-1257 or [sgibson@salemva.gov](mailto:sgibson@salemva.gov)



## YOGA (BEGINNER & INTERMEDIATE)

**When:** Tuesday, 4:30 - 5:30 p.m. & Thursday: 4:30 - 5:30 p.m.

**Where:** P&R Office (620 Florida St)

**Cost:** \$5/class or \$18/month (once a week) or \$36 per month (twice a week)

**Instructor:** Blacie Hunt

Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It also improves memory, focus, and attention, as well as promote an overall sense of well-being.



## Senior Center

110 UNION STREET - (540) 375-3054

### MONDAYS

9 a.m. - Noon - Bridge  
12:30 p.m. - Senior Mountain Pickers  
1 - 4 p.m. - Mexican Train Dominoes  
7 - 9 p.m. - Cole Bluegrass Show  
(A Community Activity first Monday)

### TUESDAYS

8:45 - 9:45 a.m. - Exercise  
10:00 a.m. - 2 p.m. - Chair Caning & Basket  
Weaving  
10:15 a.m. - Tai-Chi at College Lutheran  
2 - 4 p.m. - Ballroom dance

### WEDNESDAYS

9 - 10 a.m. - Tap dance  
10 a.m. - Noon - Yoga (2 classes)  
10 a.m. - Noon - Ceramics  
10 a.m. - Noon - Needlework  
1 - 3 p.m. - Line Dance  
1 p.m. - TRIAD Meeting (1st Wed.)

### THURSDAYS

8:45 - 9:45 a.m. - Exercise  
10 p.m. - Noon - Quilting  
10 a.m. - Noon - Art on your own  
11 a.m. - Noon - 49er's Plus Club Mtg.  
Noon - 4 p.m. - Cards on your own  
Noon - 2 p.m. - Monthly Luncheon  
w/entertainment (last Thursday)  
12:30 - 2 p.m. - Senior Singers Practice  
(first Thursday w/appts other days)

### FRIDAYS

8:45 - 9:45 a.m. - Exercise

10:15 - 11:15 a.m. - Tai-Chi  
10:30 a.m. - Senior Mountain Pickers  
1 p.m. - Scrabble and Trivial Pursuit  
(two times a month)  
7 - 9 p.m. - Ballroom Dance  
(Community Class)

### SPECIAL EVENTS

We frequently make outings in our van or bus to local malls, shops and restaurants, or day trips to Wytheville, Stuarts Draft, Clemmons, NC, Richmond, etc. Friday events include bingo, ice cream sundae day, movie day, crafts, parties, etc. \*A small fee may apply for some of these events and you will need to sign up. Please stop by the Salem Senior Center for a monthly calendar.

### MONTHLY NEWSLETTER

This features a calendar and news of our activites and outings. It is ready for distribution the week before the Monthly Luncheons, for the following month. Please stop by and pick one up so you can join us at the Senior Center.

### SPECIAL TRIPS

Trips are scheduled for the year to the Wytheville's Wohlfahrt Haus Dinner Theatre, Barter Theater, Washington DC, and many others. New trips are added regularly. Stop by and pick up a trip list.

### '49ERS PLUS CLUB

Thursdays at 11 a.m.. They eat lunch out on the 2nd Thursday of each month at various restaurants. They also preside at our Monthly Luncheons. This is a group that meets for fun and make donations to organizations such as

the Salem Rescue Squad and the American Red Cross.

### MONTHLY POT LUCK LUNCHEONS

Always a fun, well-attended event, with entertainment following the meal. They are held on the last Thursday of each month.

### EXERCISE CLASSES

Offered three times a week, Tuesday, Thursday, and Friday mornings, 8:45 a.m. to 9:45 a.m.. These classes are all different, giving a total workout through the week for each participant. There is no charge for these classes.

### BALLROOM DANCE CLASS

Every Tuesday, 2:00 p.m. - 4:00 p.m. Taped music is provided and there is no fee but each person is asked to bring a snack food to share.

### LINE DANCE

Every Wednesday, 1:00 p.m. - 3:00 p.m.. Come join this great group of dancers and they'll teach you many line dances. On many occasions this group performs for different events and groups.

### SALEM SENIOR SINGERS

Practice on the 1st Thursday of each month at 12:30 p.m., and sing on a regular basis for Snyder Nursing Home and other places in the Valley.

### SENIOR MOUNTAIN PICKERS

An excellent group of stringed instrument musicians who play informally on Mondays at 12:30 p.m. and Fridays at 10:30 a.m. at the Senior Center. You may join them with an instrument if you play or attend as a part of the audience of the 55+ crowd.

### YOGA

Provided on Wednesdays with two separate classes. They are six week classes and you are required to sign up.

### TAI CHI

Offered on Tuesdays and Fridays and held in two separate locations. The Tuesday class is held at the College Lutheran Church and the Friday class at the Senior Center. These classes are on-going.

If you have any questions about any of our other classes, please call our office at 375-3054.



# **SALEM**

**HALF MARATHON**

# OCTOBER 13



**REGISTER NOW**  
[RACE.SALEMVA.GOV](http://RACE.SALEMVA.GOV)





## JAZZ IN JULY

**Saturday, July 21st**, 4:00 p.m. - 9:30 p.m. at Longwood Park. Bring your chairs, a blanket and a picnic and join us for some of the area's best Jazz music! Artists will be announced at a later date. Food will be available to purchase from several area vendors.

## Special Events

### SALEM AFTER FIVE

**April 27** - Domino, **May 18** - The Kings, **June 22** - Uptown, **July 20** - Band of Oz, **August 10** - Fuzzy Logic. Salem Farmers Market, \$5/ Children 12 & Under are free. Food Court, Children's Play area.

### MOVIES AT LONGWOOD

**May 11** - The Jungle Book, **June 15** - Moana, **July 13** - Wonder, **August 17** - Coco. Bring a blanket and chairs and enjoy a movie under the stars! Admission is free. Concessions will be available to purchase from Fun Times. The first 50 families will receive a free bag of popcorn from Frito Lay.

### RELAY FOR LIFE

**June 9th**, Noon to 10 p.m. at Longwood

Park. Visit [www.RelayForLife.org/SalemVA](http://www.RelayForLife.org/SalemVA) or call 540-774-2710 to register your team. Activities are scheduled throughout the day.

### BLUEGRASS PICKIN' IN THE PARK

**Saturday, June 8**, 6:00 - 9:00 p.m. at Longwood Park. Bring your own picnic dinner and enjoy free bluegrass music!

### SALEM DISTANCE RUN

**Saturday, August 11th**, at Longwood Park. Featuring 5k & 10k races. Sponsored by Salem Parks & Recreation & Southwest Health Focus. The 5k & 10k runs start at 8:00 a.m. Awards will be given out to the top 3 overall finishers and the top 3 in each age group. For more info call, (540) 444-2925.

### SALEM HALF MARATHON

**Saturday, October 13th**, Races include a

**Program Manager: Kathy Murphy**  
**kmurphy@salemva.gov**

**Program Supervisor: Ashley Durkin**  
**adurkin@salemva.gov**  
**620 Florida Street**  
**Phone: (540) 375-3057**

starts at 8 a.m. at Farmers Market and will go until noon with after party.

### PUMPKINFEST

**Saturday, October 27th**, Salem Farmers Market, 11a.m - 2 p.m., Pumpkin giveaway, Children's activities, Carnival Games, Costume Contest, Hay Rides, and a Pumpkin Auction. Trick or Treating with Salem Merchants at 10 a.m. - 11 a.m.

# Moyer Complex

**Manager:** Eric O'Brien,  
[eobrien@salemva.gov](mailto:eobrien@salemva.gov)  
**Supervisor:** Scott Scharnus,  
[sscharnus@salemva.gov](mailto:sscharnus@salemva.gov),  
1000 Union Street, Salem  
(540) 375-4021

## APRIL 14TH & 15TH

USA Softball Autism Awareness Tourn.

## APRIL 20TH - 22ND

38th Annual Chance Crawford Benefit  
Adult Slow Pitch Tournament

## APRIL 27TH - 29TH

ODAC Women's Softball Championship

## APRIL 30TH - MAY 2ND

CIAA Women's Softball Championship

## MAY 4TH - 6TH

Mountain East Softball Championship

## MAY 24TH - 28TH

NCAA Div. II Softball National Champ.

## JUNE 8TH - 10TH

VHSL Division 1 State Softball Champ.

## JUNE 16TH & 17TH

USSSA Elite Upper Series Slow Pitch Tourn.

## JUNE 20TH - 24TH

ISF Senior World Cup Softball Champ.

## JUNE 29TH - JULY 1ST

USA Softball Salem Fair Fast Pitch Tourn.

## JULY 8TH - 15TH

USFA Mid-Atlantic National

## JULY 22ND - 29TH

USA 18U Class A National Championship

## AUGUST 11TH & 12TH

Got Game Virginia World Series Youth Tourn.

## AUGUST 25TH & 26TH

Interstate Church of God Slow Pitch Tourn.

## SEPTEMBER 1ST & 2ND

USSSA Youth Baseball Tournament

## SEPTEMBER 8TH & 9TH

Got Game Strike Out Hunger Youth Tourn.

## SEPTEMBER 15TH & 16TH

USA Softball Heartland College Showcase

## SEPTEMBER 22ND & 23RD

USA Softball "Help Save The Next Girl"  
Tournament

## SEPTEMBER 29TH - 30TH

PGF Fall Regional Youth Fast Pitch  
Championship

## OCTOBER 6TH & 7TH

USA Softball Scrappers College Showcase  
Girls Fast Pitch Tournament

## OCTOBER 20TH - 21ST

NSA Adult Slow Pitch Tournament

# Kiwanis Field

**Manager:** Eric O'Brien,  
[eobrien@salemva.gov](mailto:eobrien@salemva.gov)  
**Supervisor:** Josh Brown,  
[jbrown@salemva.gov](mailto:jbrown@salemva.gov),  
731 Indiana Street, Salem  
(540) 375-3013

## JUNE 8TH & 9TH

VHSL State Baseball Championship

## AUGUST 4TH & 5TH

USSSA High School Showcase

## AUGUST 11TH & 12TH

USSSA SWVA Elite Summer Blast

## AUGUST 18TH & 19TH

USSSA High School Showcase

## AUGUST 25TH & 26TH

USSSA Back to School Brawl

## SEPTEMBER 1ST & 2ND

USSSA Fall State Warm Up

## SEPTEMBER 8TH & 9TH

USSSA High School Showcase

## SEPTEMBER 15TH & 16TH

USSSA Fall State

## SEPTEMBER 29TH & 30TH

USSSA SWVA Elite Showcase

## OCTOBER 6TH & 7TH

USSSA SWVA Elite Fall Classic

# Youth & Adult Athletics

**Manager:** Scott Hall,  
[shall@salemva.gov](mailto:shall@salemva.gov)

**Supervisor:** Nat Franklin,  
[nfranklin@salemva.gov](mailto:nfranklin@salemva.gov),  
925 Union Street, Salem  
(540) 375-4094

## YOUTH SPORTS MISSION STATEMENT

The purpose of youth recreational athletic leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship and promoting good will among all teams and individuals. Although sports are competitive by nature, the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

## GREAT BEGINNINGS WITH ED GREEN

Make checks payable to Ed Green, Great Beginnings. More info, call Ed at 387-9516. Get application at [parksandrec.salemva.gov](http://parksandrec.salemva.gov).

## ADULT LEAGUES OFFERED

Salem Parks and Rec offers a variety of adult leagues aimed at increasing physical fitness and promoting social interaction between participants. Adults 18 and up.

## REGISTRATION DATES AT ACTIVENET

Boys Soccer (Ages 12-15): April 30 - June 17  
Girls Soccer: April 30 - June 17  
Tackle Football: April 30 - June 17  
Flag Football: April 30 - June 17  
Cheerleading: April 30 - June 17  
Basketball: Sept. 11th - Oct. 14

## SUMMER SPORTS CLINICS

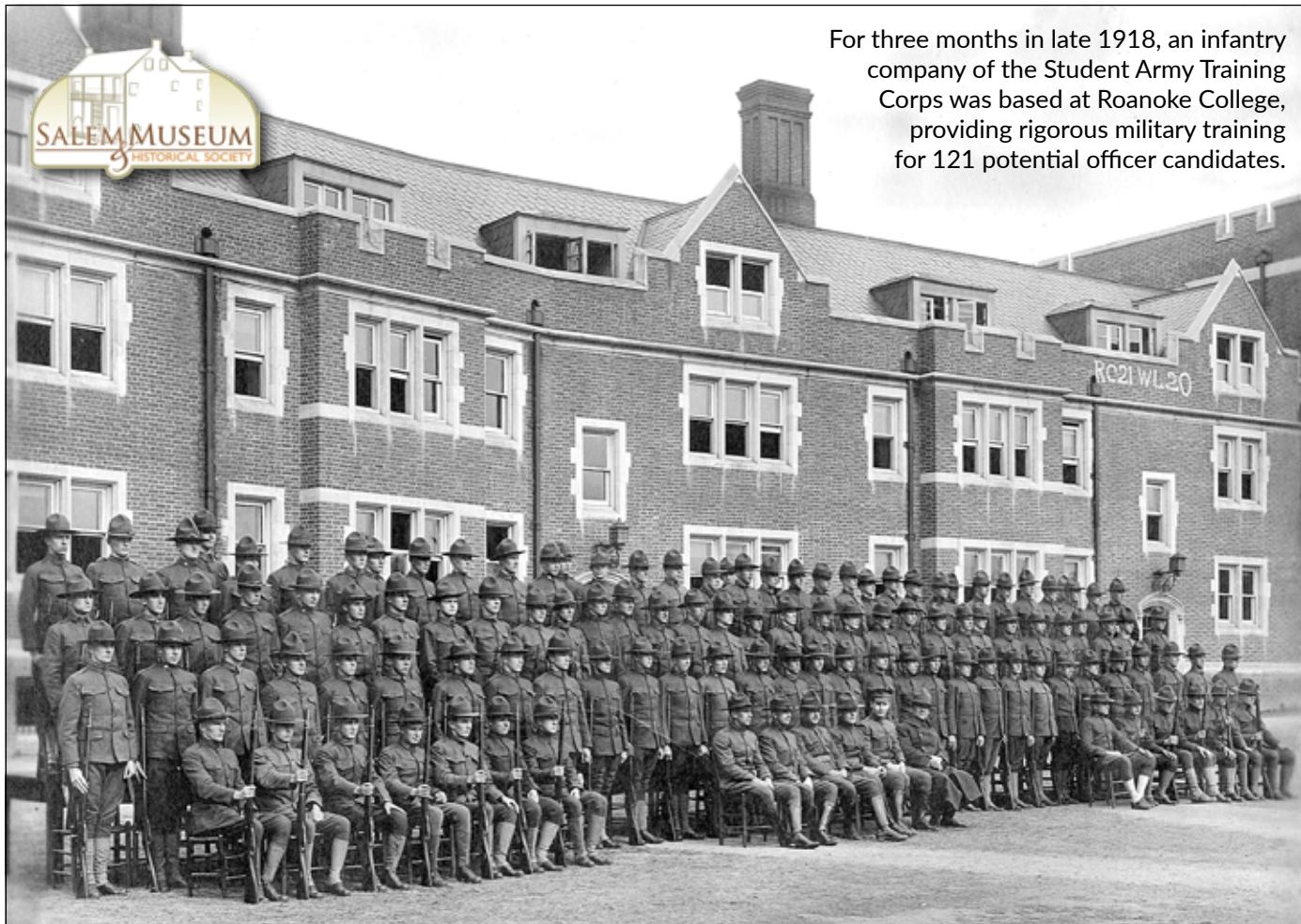
See web for more info: Boys & Girls Basketball, Football, Volleyball, Baseball, Softball, Lacrosse, Co-ed Soccer, and Cheerleading. Visit web for location, dates & time.

## Ways to Register

- **Online** – [parksandrec.salemva.gov](http://parksandrec.salemva.gov)
- **In Person** – Sports Office at 925 Union St. 8 a.m. - 5 p.m., M-F
- **By Phone** – (540) 375-4094

\$35 Salem Residents, \$85 Tuition  
Paying Students enrolled in a Salem School. Uniforms are included.

# 100 YEARS AGO



For three months in late 1918, an infantry company of the Student Army Training Corps was based at Roanoke College, providing rigorous military training for 121 potential officer candidates.

**Grim-Visaged War Stalks Thru Europe** screamed the full-page Salem Times Register & Sentinel headline in August, 1914. For the next three years, **President Woodrow Wilson** kept US troops out of the Great War, but when German submarines began to sink American ships in 1917—sending American sailors to their deaths—America entered what we now call World War I.

A patriotic rally sent Salem's first soldiers off to active duty in July, 2017. Salem's "doughboys" were soon to join the brutal combat on the battlefields of France.

On the home front, Salem residents knitted socks and sweaters, prepared surgical supplies, and collected walnut shells and peach pits for use as filters in the gas masks that were a soldier's only defense against the poison gas utilized by the Germans.

Fund drives to support the war effort received extraordinary support. Salem was recognized as one of the few towns in America where every child had purchased at least one War Savings Stamp.

Before the war ended on November 11, 1918, fifteen sons of Salem had paid the ultimate sacrifice. News of the armistice set off a noisy, jubilant parade throughout Salem.

This year marks the 100th anniversary of the end of this War to End All Wars. To commemorate the sacrifices made by those who call Salem home, the Salem Museum will host a Great War living history day on June 16 to open its new WWI exhibit "The Price We Paid: Salem and the Great War". The interactive exhibit will run through February, 2019. 



# The Heart of Innovation.

TAVR is an innovative cardiac procedure that uses a minimally invasive approach, benefiting patients with severe aortic stenosis by offering faster recovery times.

We congratulate and thank the physicians and clinical staff whose teamwork and dedication made this milestone in surgical heart valve replacement possible, and who continue to position Carilion as the region's leader in heart care. Most importantly, we thank our patients for entrusting us with their care.

[CarilionClinic.org](http://CarilionClinic.org)



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